

SEAT No. _____
[899]

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**Sardar Patel University
Vallabh Vidyanagar**

External Examination (December/January, 2020) MSW- III Sem

Subject Code : PA03EMSW26

Subject Title : Counselling – Theory and Practice

Date : 05/01/2021

Time : 02:00 P.M. to 04:00 P. M.

Marks : 70

Q-1 Multiple Choice Questions :

08 Marks

- 1 From the following, which one refers to the raw, unorganised, and inherited part of the personality?
 - a Super ego
 - b Ego
 - c Id
 - d Conscious mind
- 2 The act of withdrawal of an unwanted idea, affect, or desire from consciousness by pushing it down into the unconscious part of the mind is known as -----.
 - a Defence mechanism
 - b Repression
 - c Reaction formation
 - d Denial
- 3 ----- involves taking out our frustrations, feelings and impulses on people or objects that are less threatening.
 - a Motivation
 - b Displacement
 - c Projection
 - d Ego
- 4 Adler measured ----- by the degree to which human beings successfully share with others and are concerned with their welfare.
 - a Mental health
 - b Physical health
 - c Individual health
 - d Community health
- 5 The primary goal of reality technique is -----.
 - a To make their clients psychologically strong and rational.
 - b To help clients in knowing what they want in life.
 - c To help clients to get connected or reconnected with people
 - d To teach clients choice theory and to teach client to behave in more effective ways.
- 6 Which among the following is not a counselling approach?
 - a Psychoanalytic
 - b Defence Mechanism
 - c Cognitive
 - d Behavioural
- 7 Who has given concept of Reality Therapy?
 - a Eric Ericson
 - b Jerome Bruner
 - c William Glasser
 - d Sigmund Freud

[1]

[P.T.O.]

8 Which among the following is an example of ethical behaviour in counselling?

- a Negligent practice
- b Plagiarism
- c Confidentiality
- d Non Confidentiality

Q-2 Long Questions (Any Two)

40 Marks

1. Write in detail the stages and skills of counselling with examples.
2. What are the legal and ethical issues of counselling?
3. Explain the term Guidance, Counselling and Psychotherapy with examples
4. Explain in detail about Psychoanalytical Approach and Adlerian Psychotherapy with example.

Q-3 Write Short note (Any Two)

22 Marks

1. Need of counselling
2. Client Centered therapy and Gestalt Therapy
3. Counsellor and Counselee
4. Case study on Suicidal behaviour and HIV-AIDS counselling

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