

**SARDAR PATEL UNIVERSITY****Master of Social Works (MSW), Semester - 2 (Under CBCS)****MHRM, Semester - 2 (Under CBCS)****April 2016****PA02SMSW01, PA02SHRM01 : Soft Skill (Life Enrichment)**Saturday, 23<sup>rd</sup> April, 2016

Time: 10.30 am to 12.30 pm

Total Marks: 35

**Q. 1 Select the appropriate answer:****3x1=[3]**

1. Following are the qualities of Psychic Being:
 

(a) Organization, Ideas, Synthesis	(c) stamina, strength, suppleness
(b) Pure Love and Light	(d) Emotions, Feelings and enthusiasm
2. "Because you are infinite spirit, it does not befit you to be a slave. Arise! Awake! Stand up and fight!" were the words of:
 

(a) Swami Vivekananda	(c) Newton
(b) Swami Dayanand Saraswati	(d) none of these
3. "It is the young who must be the builders of the new world,—not those who accept the competitive individualism, the capitalism or the materialistic communism of the West as India's future ideal, nor those who are enslaved to old religious formulas and cannot believe in the acceptance and transformation of life by the spirit, but all who are free in mind and heart to accept a complete truth and labour for a greater ideal." was told by:
 

(a) Mahatma Gandhi	(c) Nelson Mandela
(b) Swami Vivekananda	(d) Sri Aurobindo

**Q. 2 Give short answers to the following: (any three )****3x2=[6]**

1. Enlist different parts of the Being. Describe the qualities of Mental being.
2. Prayer links one to the transcendent force. Explain.
3. Mention importance of discipline and control over emotions for a better living.
4. Differentiate between *Swasthya* and *Aarogya*.
5. Differentiate between Religion and Spirituality.

**Q.3 (a) Describing the importance of Life Enriching Education, explain why only career oriented education does not help for the true progress.****[7]****(b) Whatever be the Aim of Life, it is attained fully only if one has attained Perfection in oneself. Explain.****[7]****OR****(b) "ghaat ghadiya pachhi, naam roop joojava, ante to hem nu hem hoye". Describe this from the poem "akhil brahmandma".****[7]****Q.4 Write a short note: (Any Two)****[12]**

1. Physical Education is a basis for successful life.
2. India – the future leader of the World.
3. True and Integral Development of Personality
4. Man Making Education

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 (1)