

SEAT No. _____

No. of Printed Pages : 2

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SARDAR PATEL UNIVERSITY

UNIVERSITY EXAMINATION

JANUARY - 2021

BACHELOR OF SOCIAL WORK (SE) (SEM. – III)

UA03CBSE22: HUMAN GROWTH & DEVELOPMENT - I

DATE : 07/01/2021

TIME : 10:00 AM to 12:00 PM

DAY: THURSDAY

MARKS: 60

Q = 1. MULTIPLE CHOICE QUESTIONS. (ATTEMPT ALL)

(20)

1. Puberty is the time when a person changes from a child into _____.
a) a person b) an adult c) a woman d) a man
2. Puberty usually begins at around ages _____.
a) 4 to 6 b) 7 to 8 c) 8 to 12 d) 13 to 16
4. During puberty, _____ begins to grow under a person's arms and in the pubic area.
a) hair b) pimples c) perspiration d) layers of fat
- 5) When people reach puberty, they need to take showers and wash their hair more often than when they were young children because _____.
a) they get dirtier than young children b) they perspire more than young children
c) they need to use up extra energy d) showers help you grow faster
- 6) People start growing quite quickly during puberty because of increased _____ in their blood.
a) hormones b) sugar c) protein d) glands
- 7) The _____ gland in the brain causes the body to produce growth hormones.
a) sweat b) pituitary c) salivary d) puberty
- 8) During puberty, both boys' and girls' voices change because the _____ grows bigger. This is also known as the Adam's apple.
a) lungs b) mouth c) abdomen d) larynx
- 9) Girls usually reach puberty a little _____ than boys.
a) earlier b) later c) None of these d) all of these
- 10) During puberty, a girl's body produces hormones called _____.
a) pituitaries b) excedrins c) estrogens d) menstruations
- 11) Late Childhood is the reproductive age
a) True b) False
- 12) _____ is/are internal changes during adolescence
a) digestive b) circulatory c) Endocrine d) All of these
- 13) Middle age is evaluated by double standard
a) True b) False
- 14) People who marry during their thirties or in middle age frequently require a long time for adjustment.
a) True b) False
- 15) Most of the old age people are expected to do _____ adjustment,

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a) Psychological b) social c) Economic d) All of these

16) Middle Adulthood / Middle Age - which extends from approximately _ to _ years

a. 30-40 b. 40-60 c. 25-35 d. 45-55

17) The major problems in vocational adjustment as selection of a vocation is in _ stage of development

a. Early adulthood b. Middle Adulthood c. Late Adulthood d. Old age

18) Most common & most serious vocational hazards of early adulthood are ----

a. Job dissatisfaction & Unemployment. b. Job Stress c. Increasing job demands d. Performance evaluation

19) Which of the following statements is NOT true of adolescent reasoning?

a) Recent alternative accounts of adolescent reasoning draw upon information-processing theories.

b) It has been argued that changes in processing capacity or efficiency underpin development in adolescence.

c) Adolescent development may be characterized by improved memory skills or attention span.

d) The development of memory and attention during adolescence are independent of ongoing neural developments.

20) Which of these is true of peer and parental relations in adolescence?

a) In early adolescence, all patterns of adolescent behaviour show a greater association with peer than with parental practices.

b) Parents are often the first models for their offspring in terms of smoking and drinking.

c) By late adolescence, individuals have completely outgrown peer influence.

d) An adolescent's choice of peers is not influenced by his or her parents.

Q=2. Write the Essay on Characteristics of Middle Age (15)

OR

Q=2. Write a Note on 'Hazards of Old Age'

Q=3. Short Note: (Any Five) (25)

1. Characteristics of Puberty
2. Body changes at the time of Puberty
3. Physical and Social Changes during Adolescence
4. Approved Sex Roles during Adolescence
5. Characteristics of Early Adulthood
6. Marital Adjustment during Early Adulthood
7. Hazards of Middle Age
8. Adjustment to physical Changes during Old Age
9. Hazards of Adolescence
10. Causes of Puberty

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