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## SARDAR PATEL UNIVERSITY

T.Y.B.A. (FIFTH SEMESTER)(Advanced) (CBCS) EXAMINATION-2020

Saturday, 26<sup>th</sup> December 2020

Time: 10.00 to 12.00 a.m.

UA05CEPS21: Psychopathology-I

Total Marks: 60

(20)

**Q.1 Multiple Choice Questions. (each carry one mark)**

1. The child of a depressed parent is likely to
  - A. develop enhanced coping skills in order to manage stress
  - B. find interests outside the home to avoid dealing with their parent
  - C. be at high risk for developing depression and other problems
  - D. avoid seeking committed relationships in adulthood
2. Which of these publishes the Diagnostic and Statistical Manual of Mental Disorders (DSM) ?
  - A. American Psychiatric Association
  - B. American Psychological Association
  - C. Department of Mental Health and Human Services, India
  - D. World Health Organization of the United Nations
3. Cognitive-behavioral therapy is considered to be an effective therapeutic treatment for
  - A. pervasive developmental disorders
  - B. gender identity disorders
  - C. panic disorder and generalized anxiety
  - D. communication disorders and tic disorders
4. Which of these psychological disorders is more common among women than among men?
  - A. Anxiety
  - B. Schizophrenia
  - C. Bipolar disorder
  - D. Antisocial personality disorder
5. GAD stands for:
  - A. Generalized anxiety disorder
  - B. Genetic anxiety disease
  - C. Global anxiety disorder
  - D. none
6. Which of the following was an important part of the foundation of abnormal psychology?
  - A. Mapping the human genome
  - B. Drug therapy outcome studies
  - C. In-depth studies of deviant people
  - D. Physiological research on brain dysfunction
7. A person who suffers from psychotic depression that includes mood- incongruent or mood-congruent thinking
  - A. has a more negative prognosis than someone with major depressive disorder
  - B. frequently does not display the classic symptoms of melancholia
  - C. usually responds rapidly to anti-depressant medications
  - D. will receive a diagnosis of compound depression that requires ECT treatment
8. What degree does a psychiatrist hold?
  - A. M.D.
  - B. Ph.D.
  - C. Psy.D
  - D. Ed.D
9. What term is used to describe the factors that play a role in causing a disease?
  - A. Prevalence
  - B. Resiliency
  - C. Etiology
  - D. Classification
10. Viraj described some symptoms of depression she has been experiencing during the past six months. Her therapist prescribed a medication to treat the symptoms. Who must be the therapist among the following mental health professionals?
  - A. Pediatrician
  - B. Psychiatrist
  - C. Social Worker
  - D. clinical Psychologist
11. What is the root meaning of the term diagnostic?
  - A. Causes and symptoms
  - B. Brain disorder
  - C. To cure disorders and reduce the severity
  - D. Complete knowledge
12. Most of the behaviours studied by those with an interest in abnormal psychology are related to failures in
  - A. Adaptation
  - B. Vulnerability
  - C. Stigmatization
  - D. Balancing hormone levels
13. What term is used to describe a fear of heights?
  - A. Agoraphobia
  - B. Acrophobia
  - C. Claustrophobia
  - D. Elevator Phobia
14. What is one of the most common compulsions in OCD?
  - A. Checking
  - B. Scratching
  - C. Thumbing
  - D. Clapping

15. Which of the following statements is false?
- A. By definition, people with OCD have both obsessions and compulsions
  - B. Compulsions are not functional
  - C. People with OCD do not carry out their impulses
  - D. Compulsions tend to reduce obsessive thoughts briefly
16. Why generalized anxiety disorder is sometimes viewed as a trait rather than as a disorder?
- A. The symptoms are generally mild
  - B. The symptoms have a short-lived duration
  - C. The disorder tends to run in families
  - D. The disorder has high rates of co morbidity
17. Which statement regarding post-traumatic stress disorder is FALSE?
- A. It is associated with a re experiencing of the traumatic event
  - B. It can appear years after the traumatic event
  - C. It has a good prognosis for recovery
  - D. It is caused by an extraordinarily traumatic event
18. Which of the following is most likely to be a greatest source of anxiety for someone suffering from a social phobia?
- A. Talking to strangers
  - B. Asking someone for help
  - C. Speaking in public
  - D. All of the above
19. Which of the following statements is TRUE of panic disorder?
- A. People with this disorder are highly anxious all the time
  - B. Panic disorder affects more men than women
  - C. Intense anxiety usually has a sudden onset
  - D. There is usually some type of warning to indicate the onset of an attack
20. In Freud's theory of psychosexual development, at which stage does the oedipal complex occur.
- A. Oral Stage
  - B. Anal stage
  - C. Phallic stage
  - D. Genital stage

Q.2 Explain any three subtypes of somatoform disorder with the treatment.

OR

15 Marks

Q.2 Illustrate any three types of anxiety disorders with the treatment.

Q.3. Write Short notes (any five)

25 Marks

- A. The 'theory of self'
- B. Defense mechanisms (any four)
- C. Classification in psychopathology.
- D. Dissociative identity disorder.
- E. Differential diagnosis of dissociative amnesia.
- F. Any three substances and their effects.
- G. Biological and cognitive treatments of substance use
- H. Behaviorist approach of psychopathology
- I. The 4 'D's of abnormality.
- J. History of Psychopathology

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