

Sri Aurobindo Chair of Integral Studies

Sardar Patel University

Report of Activities: November 2011 to November 2014

Vision: Integral Development and Growth of an individual through an in depth study and understanding of life, as a result of true synthesis of an all-encompassing information, native purpose of learning and the wisdom, enabling one to attain perfection and transformation into an enlightened being.

Mission: To bring to the students and the staff an opportunity to arrive at the understanding of the fundamental principles of Integral Education in the Light of Sri Aurobindo, the prophet of modern philosophy and the founder of the National Education Concept.

1. Contribution in establishing or providing intellectual inputs in several Innovative educational activities in Higher Education
 - 1.1 Life Enrichment Course
 - 1.2 Bridge Course for Students of Gujarat Technological University
 - 1.3 Contribution to the Activities of The Children's University, Government of Gujarat
 - 1.4 Contributed as a subject expert and convener in development of Curriculum on "Health and Physical Education" in IITE
 - 1.5 Holistic Dimensions in Undergraduate Medical Education in the National Consultation on Medical Education (NATCON)
 - 1.6 Contributed in establishment of Ishavasyam Centre for Integral Action and its e journal "New Horizons"
2. Publications
3. A.B. Patel Endowment Lecture Series
4. Invited Lectures
5. Integral Education Workshop
6. Study Tours to Sri Aurobindo Ashram, Pondicherry
7. Programs through University Radio Station

The following activities were carried out during the period of December 2011 to November 2014:

1. Contribution in establishing or providing intellectual inputs in several Innovative educational activities in Higher Education

1.1 Life Enrichment Course : Innovations in Higher Education :

- **Life Enrichment Course** introduced from the academic year 2010-2011 (Second Semester) as a Soft Skills Course under Choice Based Credit System for the Post graduate students of Post graduate Departments of Humanities and Social Sciences, i.e. Gujarati, English, Hindi, Sanskrit, Economics, Sociology, Psychology, History, Political Sciences, Library Science was extended for Post graduate Studies in Master of Social Work, Master of Human Resource Development. Dr Param Pathak, professor, P.G.Department of Gujarati is offering his services as Coordinator.
- **As a part of training of resource persons, the following activities were carried out.**
 - ❖ **Meeting with the faculty members of Life Enrichment course: 24th December,2012** for the faculty members of Life Enrichment Course
 - ❖ **Meeting of faculty members teaching Life Enrichment Course: Saturday, 11.1.29014**
 - ❖ **Life Enrichment Course: Refresher Workshop: Saturday ,September 29, 2012**

Keynote Speaker and Resource persons:

Swami Varisthanandji : Keynote address: Life Enrichment: Why and How? ,

Dr. Bhalendu Vaishnav: The Human Mind

Dr. Param Pathak: Four Austerities and Four Liberations

Dr. Vibha Vaishnav: Education for New Consciousness

Dr. Mahendra Chotaliya : Akhil Brahmandman

Dr. Mahendra Chotaliya:Teaching with the help of Question Bank

Other Speakers/Participating Faculty : Dr. Nikhil Kharod, Dr Smruti Vaishnav,

Dr. Dinesh Bhandari, Dr. Manisha Gohel, Sonal Majmudar, Anadiben

- All three volumes of Life Enrichment Text books have been published in English. In Gujarati, volumes I and III have been published. The books are also available on the website of Sardar Patel University
http://www.spuvvn.edu/academics/academic_chairs/aurobindo/
- In 2013, the University Granthnirman board, Department of Education, Government of Gujarat has published Life Enrichment text books in English and Gujarati which

contains volume I and III of the original volumes. (Books no 1450 and 1451 by Granthnirman board)

- **Dr. Bhalendu Vaishnav worked as Coordinator for 'Life Enrichment Skills: in Sandhan –All Gujarat Integrated Classroom during the academic years 2011-12 and 2012-13.**

- **Video Recording of Life Enrichment Course: Video Recordings on Life Enrichment Lectures:** A Lecture series centered on this course content and yet exceeding the same in some ways was telecast by SANDHAN, the Knowledge Consortium of Gujarat, under All Gujarat Integrated Classroom Program.

No	TOPIC	Speaker
1.	LIFE ENRICHMENT (પ્રબુધ્ધ જીવન): AN INNOVATION IN HIGHER EDUCATION Inaugural Address : ડો.શ્રીમતી જયંતિ રવિ, Commissioner, Higher Education, Govt. of Gujarat	સુશ્રી જ્યોતિ થાનકી, ડો. પ્રોફે.શરદ જોષી ડો. પ્રોફે.સૂર્યકાન્ત વૈષ્ણવ ડો.ભાલેન્દુ વૈષ્ણવ ડો.મહેન્દ્ર ચોટલીયા
2.	સાચું શિક્ષણ અને વ્યક્તિત્વ વિકાસ – ભાગ 1	સુશ્રી જ્યોતિ થાનકી
3.	સાચું શિક્ષણ અને વ્યક્તિત્વ વિકાસ – ભાગ 2	સુશ્રી જ્યોતિ થાનકી
4.	યુવાનોનાં પ્રેરણાસ્ત્રોત: સ્વામી વિવેકાનંદ	સુશ્રી જ્યોતિ થાનકી
5.	ભારતીય સંસ્કૃતિના પાયા	ડો. પ્રોફે.શરદ જોષી
6.	ભારતના યુવાનોને સાદ	ડો. પ્રોફે.શરદ જોષી
7.	નવા વર્ષના સંકલ્પો અને સંદેશ	સુશ્રી જ્યોતિ થાનકી
8.	સર્વાંગી શિક્ષણ: શરીરની કેળવણી	ડો. પ્રોફે.પરમ પાઠક ડો.ભાલેન્દુ વૈષ્ણવ
9.	સર્વાંગી આરોગ્ય	ડો. પ્રોફે.પરમ પાઠક

		ડો.ભાલેન્દ્ર વૈષ્ણવ ડો.સ્મૃતિ વૈષ્ણવ
10	સ્વામી વિવેકાનંદઃ જીવન અને કાર્ય ભાગ-1	સુશ્રી જ્યોતિ થાનકી
11	સ્વામી વિવેકાનંદઃ જીવન અને કાર્ય ભાગ-2	સુશ્રી જ્યોતિ થાનકી
12	સ્વામી વિવેકાનંદઃ જીવન અને કાર્ય ભાગ-3	સુશ્રી જ્યોતિ થાનકી

1.2 Innovation in Higher Education: Bridge Course for Students of Gujarat Technological University: Contributed in development of Bridge Course for Students of GTU : Gujarat Technological University (course code) BRIDGE COURSE – Life Skills

1.3 Contribution to the Activities of The Children’s University, Government of Gujarat: Contribution in development of the concept, design and faculty training for the ‘TAPOVAN’ project – A project of Integral Antenatal and Prenatal Care- of Children’s University, Gandhinagar. Attended several meetings and workshops arranged for preparing details of TAPOVAN program at Gandhinagar and at Tribhuvandas Foundation, Anand on 20,21,22 July, 2012. Contributed as subject expert.

1.4 Contributed as a subject expert and convener in development of Curriculum on “Health and Physical Education” in IITE, Gandhinagar.

1.5 Participated in National Consultation on Medical Education (NATCON) held at Pramukhswami Medical College, Karamsad

1.6 Contributed in establishment of Ishavasyam Centre for Integral Action and its e journal “**New Horizons**” on 24th November, 2012 .Working as a member of the Editorial Board of the e-journal. The Centre has also initiated study programme on Kena Upanishad.

2. Publications:

1. **The Sunlit Path: The e magazine** is being published with a view to offer to its readers a compilation of inspiring writings on various themes such as 'Integral Life', 'Integral Education', 'Integral Health' so as to awaken in them newer dimensions of Higher Education and Life. The first issue was published on **15 August, 2009** and 34

issues were published during the period November 2011-2014 along with its *print version, which is being circulated to all PG Heads and Principals of the University their units and library. The magazine (electronic/print version) is being circulated to about 1000 individuals. All the issues are also uploaded on the University webpage.*

2. **Publication of Booklets authored by Prof. Kireetbhai Joshi:** *The following booklets authored by Prof. Kireet Joshi, Sri Aurobindo Ashram, Pondicherry were published by Sri Aurobindo Chair of Integral Studies, Sardar Patel University.*

1. **Importance of Sanskrit**
2. **Philosophy of Ibn Rushd**
3. **Contemporary Crisis Of Humanity And Search For Its Solutions**
4. **Beyond Religion: Towards Synthesis, Harmony And Integral Spirituality**

3. Publication of Shri A.B.Patel Oration delivered by Neeltje Huppel **entitled: 'Integral Education: Challenges and Perspectives'**

4. Contributed a chapter on Integral Prenatal care in Trainers' training manual for Tapovan published by the Children's University

5. Published a paper entitled "Spirituality: The Missing Dimension of Quality in Higher Education" in the book Quality Footprints for Sustainable Development of Higher Education Institutions

6. Contributed a chapter on "Integral Health in Clinical practice" in the yearbook of association of physicians of India APICON 2012.

7. Co-authored a paper at SEARAME NCHPE 2012 on Evolve Meeting: Tool for Learning Humanistic Approach in Health Care

3. **A.B. Patel Endowment Lecture Series:**

Year	Date	Resource Person	Topic	Presided by	Venue
2012	23 rd February, 2013	Ms. Neeltje Huppel, Sri Aurobindo Ashram, Pondicherry	Integral Education: Challenges and Perspectives	Honourable Vice Chancellor Dr.Prof. Harish Padh	Senate Hall, S.P.University
2013	3 rd April, 2013	Matthijs Cornelissen,	Integral Psychology as	Honourable Vice	Gnyanodaya

Report of Activities undertaken by Sri Aurobindo Chair of Integral Studies: 2011-2014

		Sri Aurobindo Ashram, Pondicherry	Framework for the Education of Tomorrow	Chancellor Dr. Prof. Harish Padh	Senate Hall, S.P.University
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4. Invited Lectures

Sr No	Date and Day	Speaker	Topic	Venue
1	19 th January, 2012	Ms. Neetlje Hupples, Sri Aurobindo Ashram, Pondicherry , Ms. Vijayabharati , Chandigarh	Faculty Development Program for True Mentorship	Syndicate Hall, S.P. University
2	24 th January, 2012	Ms. Neetlje Hupples, Sri Aurobindo Ashram, Pondicherry ,Ms. Vijayabharati , Chandigarh	Integral Health	Pramukhswami Medical College, Karamsad
3	28 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	The Greatness of the Gita	Sri Aurobindo Sadhana Kendra
4	28 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	What does the Gita teach us	Sri Aurobindo Sadhana Kendra
5	29 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	Srimad Bhagavad Gita – A participatory workshop with multimedia presentation	Sri Aurobindo Sadhana Kendra
6	29 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	Work for the Divine – The Secret of Karmayoga	Sri Aurobindo Sadhana Kendra
7	30 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	Message of the Gita for Health Professionals	P.S.Medical College, Karamsad
8	30 th March, 2013	Dr. Sampadanand Mishra, Sri Aurobindo Society, Pondicherry	Application of Message of the Gita in today's life	Senate hall, Sardar Patel University
9	1 st July, 2014	Dr Bhalendu Vaishnav	Spirituality: The Missing Dimension of Quality in Education	Quality Footprints for Sustainable Development of Higher Education Institutions
10	8 th June, 2014	Dr Bhalendu Vaishnav	Spirituality and Stress Management	P.S.Medical College, Karamsad
11	12 January, 2013	Dr Bhalendu Vaishnav	Integral Health	APICON, Kolkata
12	25 March, 2014	Dr Bhalendu Vaishnav	Empowering Education ... Need, Basis, Ideas, Examples...	Golden Jubilee Celebrations of College of Veterinary and Animal Husbandry Science, AAU, Anand
13	11 th July, 2012	Dr. Bhalendu Vaishnav	Child, an evolutionary Soul”	DD Girnar (as a part of Children's University's Live phone in program)
14	January 2011	Dr.B.S.Vaishnav, Dr. V.S.Vaishnav	Poster presentation: $E=mc^2$: Scientific Basis of Various Health Sciences	APICO,N Ahmadabad

5. Integral Education Workshop:

Sr No	Date	Resource Person	Topic	Participants	Venue
1	23 rd February, 2013	Jyotiben Thanki, Advisor, Children's University	'Preparing to meet the challenges of education for the future'	Teachers of Charotar Education Society, Anand	Sri Aurobindo Sadhana Kendra

6. Study Tours To Sri Aurobindo Ashram, Pondicherry:

This is a regular activity being conducted for last two decades by Dr. Param Pathak, Professor, PG Department of Gujarati.

Faculty Coordinators for 2012, 2014 and 2014 were :

1. Dr. Param Pathak, Professor, P.G Department of Gujarati,
2. Dr. Neepa Bharucha, M.B Patel College of Education

The process: From about 150 student applicants, about 50 students are shortlisted through a process of interview. A day long workshop for orientation and introduction to Integral Life and Integral Education at Sri Aurobindo Sadhana Kendra is arranged for them and at the end of this workshop, about 25 students are finally selected for study tour to Pondicherry every year. During the stay at Pondicherry, students undertake a systematic study of 'Four Austerities and four liberations'. Invited lectures by eminent sadhakas and scholars are arranged. Students undertake a day long visit to Auroville.

7. **University Radio Programs entitled 'Life Enrichment Radio Program'** started from November, 2011, with a view to offer a well-structured participatory, educative and inspiring radio learning sessions to the students of Life Enrichment course in particular and the academia and the society in general. The program was of 20-25 minutes duration and includes the following components:

- Initial introduction/welcome address,
- A prayer, Bande Mataram, music, etc
- **"Gnyandhara"** – a series inspiring discourses on various themes relevant to the true cause of life enriching education.
- **Arogyadhara"**- a series of educative and informative talk/discussion on various aspects of health by 1 or 2 speakers.
- Coordinators: Dr . Param Pathak, Dr Bhalendu Vaishnav
- The details of the topics and speakers is attached herewith.
- All contributors were given certificates of appreciation during Shri A.B.Patel Oration, 2013

9. Others:

1. Dr Bhalendu Vaishnav was awarded SADGURU JESHINGBAPA ROTATING LECTURESHIP for his contribution in Spirituality in Medicine and Society during the APGCON Jamnagar on 22/23 Dec, 2012.
2. Dr. Bhalendu Vaishnav appointed in the Human Research Ethics Committee of Ramanbhai Patel College of Pharmacy, CHARUSAT in the capacity of *philosopher*.