

SARDAR PATEL UNIVERSITY
Programme: M.Sc (Home Science)
Subject: Human Development
Semester: III
Syllabus with Effect from: June - 2013

Paper Code: PH03EHUD02	Total Credit: 4
Title Of Paper: Care of The Elderly	

Unit	Description in detail	Weightage (%)
I	Introduction Emergence and scope of gerontology and elderly care Historical perspective, demographic trends in India Concept of ageing and problems: Social, medical, psychological problems, occupational etc.	
II	Theoretical perspectives Theories: Disengagement theory, Activity theory, Human development theory, Continuity theory, Age stratification theory, Labeling theory	
III	Ageing Process Biological and physiological aspects; Psychological aspects; Social aspects: Social status, retired status, single status, economic status, security, guide and teacher, social adjustment and recognition Spiritual aspects: karma theory and religion Economic aspects	
IV	Adjustment Patterns and Changing Lifestyles in Old Age Family patterns in later life : Changing roles and the aging family; Conjugal: Husband-Wife relations in old age; Sexual adjustment Retirement years and marital adjustment Intergenerational family relations; Grand parenthood; Widowhood / singlehood; Alternative lifestyle; Second marriage in the later life	
V	Work, Leisure and Retirement patterns Work – Meaning of work, individual motivation; Leisure; Retirement – benefits, freedom of retirees, fear change in personal and social life, problems like – Sense of loss, women retirees, awareness, use of authority, social worth Attitude towards retirement: Poverty, poor health, retirement and suicide, abandonment, liberation and diachronic solidarity	
VI	Death Dying and Bereavement Impact of death on society; Attitude towards death; Denial and thoughts of death; bereavement, grief and social setting	
VII	Services and programs for the Aged Categories of services: Housing, health, leisure time activities; institution for the aged; day care centers; economic programmes; re-engagement (after retirement); Retirement pension, death cum retirement gratuity, provident fund, health measures. Insurance scheme, investment & taxation, tax planning schemes, death rights etc.	



Basic Text & Reference Books:-

- Aiken, L.R. (1978). The psychology of late life, Philadelphia : WB Saunders Company
- Bergmann, Klaus (1972). Aged: Their understanding and care, London : Wolfe Pub.
- Binstock, R.H. and E. Shanes (eds) (1986). Handbook of aging and social sciences. New York: V.N. Reinhold Co.
- Blau, Zana Smith (1983). Old age in a changing society, New York : New View Prints
- Bose, A.B. and K.D. Gangrade (1983). Old age in a changing society, New York : New View Prints
- Chowdhry Paul D. (1992). Ageing and the aged. New Delhi : Inter India Pub.
- Cook Alicia Skinner (1983). Contemporary Perspectives on Adult Development & Ageing. New York : Macmillan.
- Cox Harold (1984). Later life : The reality of aging. New Jersey : Prentice Hall Inc.
- Desai, K.G. (1985). Problems of the retired people in greater Bombay, Bombay : TISS, Series No. 27
- Ghosh, B. (1988). Contemporary Social Problem in India, Bombay : Himalaya Pub.
- Homban, D. (1978). Social Challenges of Ageing. London : Groom Helm
- Johnson Elizabeth (1982). Growing old : Social problems of Ageing. New York : Holt Rinehart and Winston
- Kennedy Carroll (1988). Human Development. New York : Macmillan
- Kimmel Douglas (1974). Adulthood and Ageing. New York : wiley
- Mishra Saraswati (1987). Social Adjustment of Old age. Delhi : B.R. Pub. Corp.
- Pinkston, P.H. and N.K. Linsk (1984). Care of the Elderly : A family approach, New York : Pergamon Press
- Schiamberg Lawrence, B. (1985). Human Development, New York : Macmillan
- Sharma, M.L. & T.M. Dak (1987). Ageing in India : Challenge for the Society. Delhi : Janta Pub.

