

SARDAR PATEL UNIVERSITY
Programme: M.Sc (Home Science)
Subject: Human Development
Semester: III
Syllabus with Effect from: June - 2013

Paper Code: PH03CHUD02	Total Credit: 4
Title Of Paper: Advanced Study in Human Development - II	

Unit	Description in detail	Weightage (%)
I	Youth / Young Adulthood (20-35 years) Introduction : Biological, cultural and developmental perspectives on youth and adulthoods Developmental needs. Importance of social organization Culmination of identity formation Life cycle approach – sexuality, marriage, marital adjustment, parenthood Census data on adult population in India	
II	Middle adulthood (35-50 years) Physical continuity and changes. Adult intelligence. Personality development – role in family Development of the self. Inter – generation relationships. Maintaining family relationships Friendships Parenting adult offsprings and their marriage Menopause in women. Health and disease. Adult sexuality. Work and career development – gender differences	
III	Late adulthood (50-56 years) Continuity and change in personality – the family life – cycle Social relationships Grand parenthood – Intergenerational relations Occupational continuity and change – effect on identity Retirement from formal work Health and disease	
IV	Old age (65+ years) Physical aspects of ageing Change in cognitive abilities and creativity Psychosocial development Changes in family life cycle Death, dying and bereavement	

Basic Text & Reference Books:-

- Rice, F.P. (1992). Human development : A life-span approach. New Jersey : Prentice Hall
- Schiamberg, L.B. & Smith, K.U. (1982). Human Development. New York : Macmillan
- Santrock, J.W. (1997). Life span development. Brown and Benchmark
- Lefrancois, G.R. (1996). The life span. New York : Wadsworth publishing
- Deats, S.M. & Lenker, L.T. (Eds.) (1999). Ageing and identity. London : Praeger

