

SARDAR PATEL UNIVERSITY
Programme: M.Sc (Home Science)
Subject: Human Development
Semester: I
Syllabus with Effect from: June - 2013

Paper Code: PH01EHUD02	Total Credit: 4
Title Of Paper: Parenting Skills	

Unit	Description in detail	Weightage (%)
I	Introduction The task of parenting and the concept of parenting skills. Changing concept of parenthood and childhood. Being a competent parent.	
II	Individual Parenting Role Determinants of parenting behavior. Characteristics of the parenting roles. The mothering role. The fathering role. Concept of family, the family life cycle stages.	
III	Development Interaction in Childhood Years Parenting role in developing self awareness in children. Family relation and communication Helping the child to learn to express and control emotions throughout childhood years. Helping children discover personal capabilities. Establishing routines and showing responsible behavior. Learning social role and interaction with others and peers. Meeting the family needs during the stages. Meeting the children's needs.	
IV	Techniques of Parent Education in Preschool, Primary Secondary and High Secondary setting. Informal Meetings: Occasion/accidental meeting, written/printed - newsletter, circular, notices etc. Parent library, toy library. Workshop/demonstration, seminars, Panel discussions. Parents corner. Open house, exhibition. Large/small group meetings. Individual meetings: Home visits, individual sessions. Working with vulnerable families.	
V	Parents Education and Support Role of professionals Parents as family workers. Flexibility to different needs and needs of differently abled children Personal development for parents.	

