



(Master of Science –Home Science) (General Home Science)
(M.Sc.- H.Sc.) (General Home Science) Semester (II)

Course Code	PH02CGEN55	Title of the Course	Family Studies
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none">1. To develop awareness regarding importance of family life2. To understand theoretical concerns related to family lives3. To create awareness related to Family welfare programmes
--------------------	---

Course Content		
Unit	Description	Weightage* (%)
1.	Family lives: (a) Family: Introduction, meaning, importance and evolution, Power of family, General features, Phases of family (Premarital role, familial role, extra familial role), Structural function of family, Changing family patterns and contemporary trends in families, Demand of family (b) Theorising Family lives: Modernist theorizing, Post Modernist theorizing	20
2.	Types of families: (a) Nuclear, joint, extended families with grandparents, co-existence families, single parent, single child families, dual career families, adoptive families, voluntary childless (b) Family disorganization	20
3.	Marital and Family relationships: (a) Patterns of interaction throughout the family life cycle (b) Position of women in Indian family (unpaid work of home makers, wages)	10
4.	Families in Society: (a) Environments beyond families (b) Practices that construct family, competences to face millennium challenges	10
5.	Psycho Social Problems through life span: Family Bonding, Effects of	25





	technology, media and choice of profession on family life, Interpersonal relations, Living with self, Emotional stability, Adapting to change, Family violence and dysfunctional families (Issues, definitions and abuse), Marital disharmony, conflict, resolution of conflict, Types and extent of maltreatment (Child maltreatment, adult maltreatment), Prevention and intervention of family violence.	
6.	Family welfare: Approaches, Family lives and health, Programmes and challenges, Role in national building	15

Teaching-Learning Methodology	Classroom lectures (Blackboard/Power Point Presentations), Discussion on recent updates with examples	
-------------------------------	---	--

Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understand importance of family and its development
2.	Understand about causes of family conflicts and ways by which it can be prevented
3.	Have enhanced knowledge about family welfare programmes

Suggested References:	
Sr. No.	References
1.	Chaudhary, A. <i>Family life education in India- Perspectives, challenges and application</i> . Jaipur: Rawat Publication.





2.	Bernardes, J. (1997). <i>Family studies- An introduction</i> , London: Routledge.
3.	Khasgiwals , A. (1993). <i>Family dynamics: Social work perspectives</i> . New Delhi: Anmol.
4.	Malley, M. K. and Hines, A. D. (2004). <i>Family violence in a cultural perspective, defining, understanding and combating abuse</i> . Sage Publication.
5.	Enhancing the role of family as an agent for social and economic development, TISS Bombay.
6.	Asian Journal of Home science, Hind Institute of Science and Technology

On-line resources to be used if available as reference material

On-line Resources

Indian Journal of Human Development, Sage Publishing

