

#### Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2022-2023

### M.Ed. Spl. Ed. (Intellectual Disability) (Master of Education-Special Education) Semester (III)

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Course Code	PE03EMES03	Title of the Course	GUIDANCE AND COUNSELING
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol> <li>State the basic concepts in Guidance &amp; Counselling.</li> <li>Discuss Educational, Vocational and Personal Guidance.</li> <li>Describe testing devices and non-testing techniques of guidance.</li> <li>Analyze the problems faced by students in the contemporary world.</li> <li>Discuss the problems faced by children with disabilities.</li> </ol>
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Cours	Course Content		
Unit	Description	Weightage*	
1.	<ul> <li>Education and Career Guidance</li> <li>1.1 Concept, principles, Objectives and need for guidance at various educational levels</li> <li>1.2 Types of Guidance: Individual and group, Personal, Educational and Vocational</li> <li>1.3 Career Development needs of students. Changing scenarios in a global world</li> <li>1.4 Tests and Techniques for Guidance: Testing techniques (Aptitude, Interest, Achievement &amp; Personality) Non-testing techniques (Interview, Case study, observation, Diary, anecdotal and commutative record)</li> <li>1.5 Essential services in a school guidance program</li> </ul>	20	
2.	Vocational Guidance 2.1 Factors influencing choice of career 2.2 Theories: Vocational Choice, Vocational development and Career development theories 2.3 Assessment of Vocational maturity 2.4 Occupational information in Guidance 2.5 Guidance for students with disabilities.	20	
3.	Fundamentals of Counselling 3.1 Concept and nature of counselling 3.2 Scope and objectives of counselling 3.3 Stages of the counselling process 3.4 Counselling techniques 3.5 Ethical principles and issues	20	
4.	Group approaches in Vocational Counselling and Guidance	20	



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	<ul> <li>4.1 Types, areas and approaches of Counselling</li> <li>4.2 Steps and skills in the counselling process</li> <li>4.3 Advantages and Disadvantages of Group Guidance techniques</li> <li>4.4 Essential services in school and community based guidance programs</li> <li>4.5 Placement, research, evaluation services and Job study- i) Job description, ii) Job specification, iii) Job analysis, iv) Job satisfaction</li> </ul>	
5.	Assessment in Educational and Vocational Guidance and Counselling  5.1 Assessment of underachievement and challenges 5.2 Assessment of giftedness and special strengths 5.3 Career test construction, administration, scoring and interpretation 5.4 Crisis Intervention; Grief, relationships, depression, Academic, stress, violence, abuse 5.5 Role of counsellor in the contemporary context	20

Teaching-	Lecture- cum- discussion, group discussion, reflective talk, questioning,		
_	individual and group assignment through self -study in library and		
Methodology	presentation in seminar, practicum, project work etc.		

Sr. No.	Course Work/ Practical/ Field Engagement
1.	Visit different Guidance Centres and write a report
2.	Review a film for counselling
3.	List the resources required and their optimum use in managing a school guidance programme
4.	Develop a career choice assessment tool in view of personal characteristics of any
5.	Child with disabilities and available opportunities
6.	Prepare a brochure on career opportunities for children with different disabilities

Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination	20%
2.	Internal Continuous Assessment in the form of Practical, Assignment submission, Viva-voce, Seminar presentation,	10%





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	Attendance	
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to		
1.	The learners will be able to know about basic concepts in Guidance & Counselling.	
2.	The learners will able to discuss Educational, Vocational and Personal Guidance and its testing devices and non-testing techniques.	
3.	The learners will be able to analyze the problems faced by students in the contemporary world.	
4.	The learners will be able to understand the problems faced by children with disabilities.	

Essential & Suggested References:		
S. No.	References	
1.	Naik, P.S. (2013). Counselling Skills for Educationists. Soujanya Books, New Delhi.	
2.	Nayak, A.K. (1997). Guidance and Counselling. APH Publishing, Delhi.	
3.	Rao, V. K., & Reddy, R.S. (2003). Academic Environment: Advice, Counsel and Activities. Soujanya Books, New Delhi.	
4.	Shah, A. (2008). Basics in Guidance and Counselling. Global Vision Publishing House.	
5.	Sharma, V.K. (2005). Education and Training of Educational and Vocational Guidance. Soujanya Books, New Delhi. Suggested Readings	
6.	Kapunan, R.R. (2004). Fundamentals of Guidance and Counselling. Rex Printing Company, Phillipines.	
7.	Pal, O.B. (2011). Educational and Vocational Guidance and Counselling. Soujanya Books, New Delhi.	
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On-line resources to be used if available as reference material		
On-line Resources		

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