

**SARDAR PATEL UNIVERSITY**  
**Programme: Master of Education**  
**Semester: IV**  
**Syllabus with effect from: December 2016**

<b>Paper Code: PE04EMD2B3</b>	<b>Total Credits: 4</b>
<b>Title Of Paper: (P-3) Career Development and Guidance</b>	

Unit	Description in detail
	<p><b>Objectives :</b>            On completion of this course the students will be able to</p> <ul style="list-style-type: none"> <li>○ understand the concept and theories of career development and their utility in understanding Career Behavior of students,</li> <li>○ acquire knowledge and skills of collecting, compiling and disseminating career information,</li> <li>○ understand the concept of career pattern in relation to life stages,</li> <li>○ insights into the complexities involved in the choice of career in view of clients' personal characteristics and available outside opportunities,</li> <li>○ level of the ability to analyze development in the process of career •development to identify a typical development pattern in a particular socio-cultural context,</li> <li>○ develop the ability to use or adopt career theories in understanding career behavior of students in career counseling situations,</li> <li>○ knowledge the sources of career information and variety of forms of in which the career information is available from different sources with its merits and limitations and ability to examine and appraise the information for intelligent use.</li> </ul>
<b>1</b>	<p><b>Understanding Career Development</b></p> <ul style="list-style-type: none"> <li>• Concept of Work: physical, psychological and sociological; work as a way of life;</li> <li>• Work and human motives</li> <li>• Career development needs of students (at different stages of education)</li> <li>• Career development process; factors affecting career development</li> </ul>
<b>2</b>	<p><b>Perspectives on Career Development</b></p> <ul style="list-style-type: none"> <li>• Theories of career development (some basic concepts, applicability and limitations of each theory)</li> <li>• Trait Factor Theory</li> <li>• Roe's theory of personality development and career choice</li> <li>• Holland's career theory of personality types and work environment</li> <li>• Super's life span/life space approach to career development</li> </ul>
<b>3</b>	<p><b>Understanding Career Information</b></p> <ul style="list-style-type: none"> <li>• Importance of career information;</li> <li>• Dimensions of career information: nature of work, working conditions, entry requirements, earning, growth opportunities etc.</li> <li>• Primary and secondary sources of information; Filing of career information</li> <li>• Dissemination of career information: Group techniques-objectives, advantages and limitations.</li> <li>• Group activities: career talks, career conference/exhibition, displays field trips, film shows etc.</li> <li>• Integration of career information into teaching of subject matter.</li> </ul>
<b>4</b>	<p><b>Career Patterns</b></p>



	<ul style="list-style-type: none"> <li>• Concept of career pattern, career awareness, career exploration and career preparation.</li> <li>• Career pattern of men and women and implications for counseling.</li> </ul>
5	<p><b>Career Adjustment and Maturity</b></p> <ul style="list-style-type: none"> <li>• Economic development and career opportunities.</li> <li>• Concept of career adjustment and career maturity</li> <li>• Factors affecting career maturity</li> <li>• Assessment of career maturity</li> </ul> <p><b>Transactional Mode</b> Group discussion, Lecture-cum –discussion, Panel discussion, Symposium, Reports, Research Journals, School visits and sharing of experiences</p> <p><b>Sessional Work:</b> The students may undertake any one of the following activities:</p> <ul style="list-style-type: none"> <li>• Case study highlighting the different life stages and the factors affecting the career patterns.</li> <li>• Plan career information activities for primary, upper primary, secondary and higher secondary school stages.</li> <li>• Design a questionnaire for conducting follow up study of school dropouts or community educational survey or community occupational survey and collect information from about five to ten students/agencies.</li> <li>• Develop a scheme of career information suitable for class XIIth students.</li> </ul>

### Basic Text & Reference Books:

- Gupta, N. (1991). Career maturity of Indian school students. New Delhi: Anupam Publications.
- Isaacson, L. E. & Broen, D: Career information, career counseling and career development (5<sup>th</sup> ed.). Boston: Allyn & Bacon.
- Joneja, G. K. (1997). Occupational Information in Guidance. New Delhi: NCERT.
- Mohan, Swadesh (Ed.) (1998). Building personal and career consciousness in girls. New Delhi: Vikas publishing house.
- Mohan, S. (1998). Career development in India: Theory, research and development, New Delhi: Vikas Publishing House.
- Osipow, S. H. & Fitzgerald, L. F. (1996). Theories of Career Development. (4<sup>th</sup> ed.). Boston: Allyn and Bacon.
- Saraswat, R. K. & Gaur, J. S. (1994). Manual for Guidance Counsellors. New Delhi: NCERT.
- Schmitt-Rodermund, E. & Silbereisen, R. K. (1998). Career maturity determinants: individual development, social context perspective. The Career Development Quarterly, 47, 16 – 31.
- Sharf, R. S. (2005). Applying career development theory to counseling. Wadsworth publishing co.
- Swanson, J.L. & Fouad, N. A. (1999). Career theory and practice; Learning through case studies. Sage Publications.

