

**SARDAR PATEL UNIVERSITY**  
**Programme: Master of Education (2 Years)**  
**Semester: I**  
**Syllabus with effect from: June 2015**

<b>Paper Code:</b> PE01FMD206	<b>Total Credits: 2</b>
<b>Title Of Paper:</b> Self Development And Activities	

Unit	Description in detail	Weightage (%)
	<b>OBJECTIVES:</b> To provide practical experience for better life To acquaint students with required soft skills in teaching profession To make students aware of their own behaviour To enhance fruitfully the interactions of the students in their day to day life.	
	<b>SELF DEVELOPMENT:</b> Development of study habits Development of good interpersonal relationships for better adaptive life skills. Development of soft skills useful in professional life: particularly in teaching profession Selected yoga practices for holistic health purposes. Development of qualities, like to work in a team, cooperation, sense of responsibility, team work process etc.	

**Practicum:**

- Work suggested by the concerned faculty including performance related work

