

SARDAR PATEL UNIVERSITY
Programme: Master of Education
Semester: I
Syllabus with effect from: June 2013

Paper Code: PE01EMED03	Total Credits: 4
Title Of Paper: Educational Guidance and Counseling	

Unit	Description in detail	Weightage (%)
1	Concept & Types of Guidance & Counselling: Concept, Need, Nature & Scope of Guidance & Counselling Basic principles of Guidance & Counselling Basic Types of counselling - Directive, Non-directive & need for eclectic approach Competencies of a professional counsellor	25 %
2	Guidance & Counselling for Adolescents: Characteristics & Problems of emerging adolescents Understanding adolescents Role & Responsibilities of Guidance & Counselling personnel, Teacher & Parents Knowing, guiding and counselling to the adolescents through case study & self reports	25 %
3	Stages & Skills in Guidance & Counselling: Rapport & relationship Assigning client problem & setting goals Implementing Interventions - affective, cognitive & behavioral Termination & follow up	25%
4	Career Guidance & Development: Vocational guidance & career development understanding through Super & Holland's Theory Need of Psychological Testing in Guidance and basic understanding on psychological testing Vocational Choice, Motivation, success, satisfaction & maturity through guidance & counselling Availability of courses for vocational choices after X & XII	25 %

Basic Text & Reference Books:

- Hackney H.L.Cormier L.S. (1996) The professional counselor. A Process Guide to Helping. Boston, Allyn and Bacon.
- Dave Indu., (1989) The basic Essentials of Counselling, Sterling Publishers Private Limited. Udaipur
- Backer Stanely B.(1992), School Counseling for the Twenty First Century, New Jersey, Merrill Englewood Cliffs.
- પટેલ સોમાભાઈ ટી.,(૨૦૦૧), સલાહ મનોવિજ્ઞાન, ગુજરાત ગ્રંથનિર્માણ બોર્ડ. અમદાવાદ.
- Bond, T. (2000) Standards and Ethics for Counselling in Action, 2nd ed. London: Sage.
- Clarkson, P. (2004) Gestalt Counselling in Action, 3rd ed. London: Sage.
- Brown D. Brooks L., (1990). Career Choice and Development. Oxford Jossey-Bass Publishers.
- Myers G.E., (1941). Principles and Techniques of Vocational Guidance, McGraw Hill Book Company, Inc. New York



- Vashist S.R. (Ed.) (1993) Perspectives in Educational and Vocational Guidance Vol. 1 to V., Anmol Publications Pvt. Ltd. New Delhi
- Super D.E. (1957). The Psychology of Careers. Harper and Row, Publishers. New York
- Perrone P.A. et al., 1970 Guidance and the Emerging Adolescent, Scranton, International Text book Company.
- દેસાઈ કે.ત્ર.શૈક્ષણિક વ્યાવસાયિક માર્ગદર્શન પ્રવિધિઓ યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય, અમદાવાદ.
- ઉચાટ ડી.એ. : 'સલાહ દર્શન' સૌરાષ્ટ્ર યુનિવર્સિટી રાજકોટ
- વર્મા રામગોપાલસિંહત્ર : શૈક્ષણિક વ્યાવસાયિક નિર્દેશન (હિંદી) વિનોદ પુસ્તક મંદિર, આગ્રા.

