



**Master of Arts**  
**M.A. in Sociology Semester II**

<b>Course Code</b>	PA02CSOC53	<b>Title of the Course</b>	Sociology Of Family And Counselling
<b>Total Credits of the Course</b>	05	<b>Hours per Week</b>	05

<b>Course Objectives:</b>	<ol style="list-style-type: none"><li>1. To introduce the student to the important role of family and marriage institution in social system.</li><li>2. To orient the student to the family counselling and its process.</li><li>3. To aware the student to the various problems of marriage and family.</li></ol>
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<b>Course Content</b>		
<b>Unit</b>	<b>Description</b>	<b>Weightage* (%)</b>
1.	<b>Family – nature of family</b> - Elementary and extended family - Developmental cycle of family	20
2.	<b>Marriage, Nature and types of marriage</b> - Factors of change in marriage and family system	20
3.	<b>Problems of Family and marriage institution.</b> - Problems of Single Parents - Problems of Broken Family - Problems of Divorce - Issues of Adjustment - Problems of Widowers - Problems of Unmarried youth - Problems of violence on women	20
4.	<b>Family Counselling</b> - Meaning of Counselling - Nature of Counselling - Objectives of Counselling - Approaches of Counselling	20





5	<b>Counselling Process</b> - Steps of Counselling Process - Types of Counselling Process	20
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<b>Teaching-Learning Methodology</b>	<ul style="list-style-type: none"><li>- To deliver lecture on the topic</li><li>- Discussion on the topic</li><li>- Indicate the present and future importance of the topic</li><li>- To give synopsis of the topic</li><li>- To give list of the reference book</li><li>- To assign research project related to the subject</li><li>- To assign assignment and tutorial to the student</li><li>- Special discussion and additional classes are requested topic by student and additional lecture will be taken if needed.</li><li>- Remedial class will be taken</li><li>- Audio / Video lectures will be used.</li></ul>
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<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

<b>Course Outcomes: Having completed this course, the learner will be able to</b>	
1.	Student will be able to understand the family and the marriage system
2.	Student will be able to aware to the various problem of family and marriage institution
3.	Student will be aware of the counselling system
4.	Students will be able to understand the counselling process and its approaches





**Suggested References:**

<b>Sr. No.</b>	<b>References</b>
1.	Pamela Benjamin – Family Counselling (2011-2013)
2.	Charles J. O. Leary – Counselling Couples and Family lies (1999)
3.	Christiane Sanderson – Counselling Survivors of Domestic Abuse (2008)
4.	Gerald Juhnke and W. Bryce Hagedorn – Family : An Integrated Assessment And Treatment Model (2006)
5.	Mark Worden – Family Therapy Basics (material, Couple & Family Counselling) 2013
6.	John Iees – Clinical Counselling in Context : An Introduction (1998)
7.	Dr. Tim Pelinton and Jone Trent – The Quick – Reference Guide to Marriage & Family Counselling (2009)
8.	Herbert Goldenberg – Counselling Today’s Families (Marital, Couple & Families Counselling) 2001
9.	Uberoi Patricia : Family, Kinship and marriage in India. Oxford University Press. New Delhi 1993

**On-line resources to be used if available as reference material**

1. [Sociology.iresearchnet.com](http://Sociology.iresearchnet.com)
2. [www.researchgate.net/publication](http://www.researchgate.net/publication)
3. [www.jstor.org.stable](http://www.jstor.org.stable)
4. [www.nipccd.nic.in>rcl\\_foc](http://www.nipccd.nic.in>rcl_foc)

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