

**SARDAR PATEL UNIVERSITY  
VALLABH VIDYANAGAR**



**SYLLABUS EFFECTIVE FROM: 2018-19  
MASTER OF ARTS (Psychology)  
Semester –IV  
CORE COURSES & ELECTIVE COURSES**

**PA04CPSY-21 Practical in Psychology (Experimental Psychology)**

**OBJECTIVES OF THE PAPER:**

- To make student understand of practical knowledge expanding of Experimental Psychology
- Required for students for developed new concepts and developmental practical skills
- The scientific approaches develop through laboratory work useful to the daily life in behavior.

Course Code	Name of the course	Theory/ Practica l	Credit	Contact HRS Per Week	Exam Duration in hrs	Component of Marks		
						Internal	Externa l	Total
						Total/ Passing	Total/ Passing	Total/ Passing
<b>PA04 CPSY-21</b>	Practical in Psychology	Practical	4 + 1	Per practical & per batch -5	3 hrs.	30/11	70/28	100/40
<b>Internal</b>	10-Marks Performance,		10-Marks Report Writing ,05-Marks Journal, and 05-Marks Viva					
<b>External</b>	20-Marks Performance,		20-Marks Report Writing, 20-Marks Journal and 10 marks Viva					

Sir No	Detail Description of Practical's <b>Note: <u>Any six experiments are to be performed and reported (written) in Journal</u></b>
1	Retention as a function of meaning fullness
2	Alexander's Pass-Along Test
3/4	A. Problems solving as a function of set anagrams/ Problems....function of water jar problems
5	Effect of reward and punishment on learning
6	Bilateral transfer-mirror Tracing
7	Habit Interference
8	Discriminations: Comparison of the method of average error and constant stimuli
9	Koh's block design
10	Retention for interrupted completed and uncompleted task(Zeigarnik effects)
11.	Retroactive inhibition.

12.	Efficiency of Distributed and Massed practice in learning./ Massed V/s. Distributed practice in learning.
13.	Problem solving through pyramid Puzzle
14.	To measure strength of motives by using association technique

**Reference Book**

- 14) Anastasi Anne (1966): Psychological testing 6<sup>th</sup> edition collier McMillan London.
- 15) Andreas Burton G: (1968) Experimental Psychology , Wiley Eastern Private limited new Delhi
- 16) C.T.Bhopatkar (972): Experimental Psychology: University Granthniman board Ahmadabad
- 17) D' Amato, .(1970):Experimental Psychology, McGraw Hill, Kogakusha P.560
- 18) Freeman F.S.(1965) : Theory and practice of psychological testing 3<sup>rd</sup> edition oxford & IBH Pub...Co.Bombay
- 19) M.R.Kuppuswamy B.: (1954): Elementary experiments in psychology, Madras oxford university press exp.9 p.50
- 20) Munn N.L: (1948): A Laboratory Manual in General experimental Psychology, Houghton Mifflin Company
- 21) Postman Leo & Egan James P , (1966): "Experimental Psychology: An introduction" New York Harper & Row
- 22) S.C.Kanawala:(2000): Experimental Psychology: Exper-Testing University Granthniman board Ahmadabad
- 23) Underwood B.J(1966): Experimental Psychology , N.Y.Appleton-Century Crofts Indian edition
- 24) Williams Ray: (1960): An Introduction to Exp. & Design McMillan, N.Y.
- 25) Woodworth R.S. & Schlosberg, H.(1971):Experimental Psychology Calcutta. Oxford & IBH Pub..Co.,
- 26) Yogesh A.Jogsan: (2016): Ad. Experimental Psychology JKPshop Rajkot

## PA04CPSY22 Theories of Social Psychology

### OBJECTIVES OF THE PAPER:

1. To impart knowledge for human behavior context of the sociological and psychological theories.
2. To explain and understanding the different characteristic of theories and systems of human behavior.
3. To introduce new concept of known theory of social behavior in psychology

Unit	Description Detail	Wehightage
1	<p><b><u>Meaning and some primary theories:</u></b>                      Definition of theories, Factors of theory construction, Characteristics and nature of theories, Nature and level of social behaviour, Utility or important of theories of social perspectives                      Primary Perspectives Behavioural theories of advanced social psychology                      1: Experimental theory; 2: Observational theory;3: Survey method; 4: Field study method; 5: Sociometric method</p>	25%
2	<p><b><u>Crowd and Group theories:</u></b>                      1.Some important theories of crowd behavior; .A: Theory of group mind; .B: Theory of McDougall’s mental Homogeneity; C: Theory of Emergent norms; .D: Smelser’s Value-added theory; 2.Theories of crowding behavior; A: Overloading crowding theory, B: Controlled crowding theory; C: Attribution crowding theory ; 3: Theories of Improving group morale behavior ;A: Expert method; .B: Spy method;.C: Counsellor Method;.D: Member of Problems method</p>	25%
3	<p><b><u>Socialization and Leadership theories</u></b>                      Theories of Socializations;1: Psychoanalytic theory ;.2: Social learning theory ;.3: Theory of Mead; 2: Some important theory of leaderships;.1: Trait theory; 2: Situational theory;.3: Path-goal theory;.4: Vroom and Yetton’s theory;.5: Fielder’s contingences theory</p>	25%
4	<p><b><u>Social tension, Role &amp; Group conflict, Aggression theories:</u></b>                      1.Measures or methods of reducing social tension, 2.Theories of role conflict resolution A. Gross et al, theory, B.Goode’s theory of Role bargaining, 3: Method of group conflict resolution, 4.Theories of Aggression, A: Instincts theory, B: Frustration-Aggression theory, C: Modified frustration-aggression theory</p>	25%

### Reference Book

15. Arunkumar & Aashishkumar Sinh (1995) The History and System of Psychology,, (2.) Atkison et al (1983): Introduction to Psychology, N.Y,:Wiley,( 3). Bergen, D (2007) Human development: Traditional and contemporary theories, (4). Brennan James: Readings in the history and systems of Psychology (5) Chaplin J.P and Krawiec (1979) system and theories of psychology, (6) Darwin, c (1859) On the Origin of species New York (7) Dennis Coon: Introduction to psychology-Exploration and Application-8<sup>th</sup> edition (8) Dr.B.A.Parikh (1974 & '88) System and theories of psychology (9) ICSSR-A Survey of Research in Psychology 1971 to 2010 (10) Marx M.H and Hilix W. (1973) system and theories in psychology (11) Pandey, Janak: Psychology in India-the state of the art.Sage.Delhi (12) Particia. Miller: Theories of Developmental Psychology (13) William E.Glassman & Marilyn Hadad (2010) Approaches to Psychology (14) Wolman B.B (1960) Contemporary theories and system in psychology

**PA04CPSY23 Guidance and Counseling in Education Psychology**

<b>Unit</b>	<b>Description Detail</b>	<b>Waightage</b>
1	<b>Introduction</b>	25%
	Definition of counselling, Indian Problem and need of counselling, counselling and related fields, Goals of counselling, Objective of counselling, formulations of counselling Goals and difficulties in it, Functions of counselling, expectations from counselling, Distinction between effective and ineffective counselor, professional and ethical standards of counselors.	
2	<b>Professional Practice and Counselling Process</b>	25%
	Personal qualities, experience and professional training of counselors, Skill of counselor, Counselling profession, Professional issues in counselling, Ethical issues in counselling, Ethical and legal dilemmas, other professional issues, Opportunities in the area of counselling. Counselling relationship and counselling climate, Characteristics of the counselling climate, Creation of counselling climate, Structuring the counselling process, Phases of Counselling, Intervention strategies in the counselling process.	
3	<b>Career Counselling and Clients Presenting Problems</b>	25%
	Vocational guidance, Vocational choice, Vocational Development, Determinants of vocational choice and development, Vocational selection and personal selection, Sources of information in job analysis. Role of psychologists in vocational guidance. Problem related to hunger, Psychosomatic problems, Marital and sexual problems, Anger control, Sexual abuse, HIV, Drug abuse, Stress management.	
4	<b>Context and Trends</b>	25%
	-Nature of the counselling needs and available service in India, Modern counselling approaches in Indian context, Indian techniques of counselling and Psychotherapy, Yoga system of health and psychotherapy, Mental problems and Yoga, Transcendental meditation programme, Buddhist approach, Expansion in training and recruitment in counselling, Professionalization, Proliferation of approaches, Integration of approaches, Independent Practice, Demand of research evidence for counselling approaches, Importance of social Context, Litigation and Insurance, Employee assistance programme-EPA, Development of a techno-face of counselling psychology.	
<b>Reference</b>		

- Allen E. L., Michael, J. D. and Mary, B. L. (1993), Theories of Counselling and Psychotherapy, Sage Publication, New Delhi.
- Allen L., Mary, L, Jane, M. and Thomas, S. (2004), Development Counselling and therapy: Promoting Wellness over the lifespan, Lahaska press.
- Belkin, G. S., (1988) Introduction to Counseling, Brown (William C.) Co, U. S.
- Bhatt K., (2007) Counselling Psychology, University granthnirman, Bord, Gujarat State, Ahmedabad.
- Capuzzi, D. and Gross D. (2017), Introduction to the Counseling Profession, Routledge publisher. .
- Gibson, R. L and Mitchell M. H. (2015), Introduction to Counselling and Guidance, Pearson India Education Services Pvt.Ltd.
- Gladding, S. T. (2017) Counseling : A Comprehensive Profession, Pearson education.
- Golvalkar, S. Sharma, M. Vyas, D. and Sharma G, (2017), Nirdeshan and Paramarsha, Radha Prakashan Mandir, Agra.
- Narayan Rao, (2005), Counselling and Guidance, Tata McGraw hill publishing Company limited, New Delhi.
- Patel S., (2001) Counselling Psychology, University granthnirman, Bord, Gujarat State, Ahmedabad.
- Ray, A. and Ashthana, M. (2012), Modern Counselling Psychology, Motilal banarasidas, New Delhi.
- Samuel T. Gladding, () Counselling: A Comprehensive profession.
- Sinh, D. (2013), Techniques and Theories of Guidance and Counselling, Novelty and Company, Patana.
- Sinh, D. (2013), Techniques and Theories of Guidance and Counselling, Novelty and Company, Patana.

## PA04EPSY21 Environment Psychology

Unit	Description Detail	Waitage
1	<b>Introduction</b>	25%
	Introduction, Historical background of environmental psychology, Definitions of environmental psychology, Human life and environmental problem, Scope of environmental psychology, Nature and Characteristics of environmental psychology, Goals of environmental psychology, Specific methods of environmental psychology.	
2	<b>Effect of environment and Noise on Behaviour</b>	25%
	Reaction to environmental stimulation, Stimulation level and human reaction Meaning of environmental pollution, Causes of increase in pollution, Pollution Control, Unusual environmental stimulation, The structure of auditory system and sound, Characteristics of sound, Volume of the noise, the effect of the noise. -Sustainable Development, -	
3	<b>Environmental Perception, Attitude and Stress</b>	25%
	Environmental perception, Social & Cultural influences on environmental perception, Environmental cognition, Theories of environmental cognition, Substantive area of environmental cognition, Environmental Attitude, Environmental stress, Characteristics of stressors, Appraisal, Characteristics of the stress response, Natural disaster, Aggression, Heat, Air pollution,	
4	<b>Territorial Behaviour, Population Density and Problem of Overcrowding</b>	25%
	Characteristics of Territory, Meaning of Territorial behavior, Types of territorial, Dominance on the territory, Consequence of Territorial Disputes, Density and Crowding, Nature of crowding, effects of high density on human, Theories of crowding, Eliminating the causes and effects of crowding, Effects of long-term high Density, Avoiding the effects of crowding and Negative Reactions.	
<b>Reference</b>		
<ul style="list-style-type: none"> <li>• Dave, C. B., Patel, N. S. and Panchal D. J (2003), Environmental Psychology, Suchita Prakashan. Ahmednagar.</li> <li>• Parmar, N. R. and Prajapati M., (2008), Paryavaran Manovignan, Divain Publication.</li> <li>• Sharma D. and Kumar, M., (2012), Paryavaran Niyojan, Arjun publishing Housh, New Delhi.</li> <li>• Sharma D. and Kumar, M., (2012), Manav avam paryavaran, Arjun publishing Housh, New Delhi.</li> <li>• Tivari P. N, (2015), Paryavaraniya Manovignan, . Motilal Banarasidas, Delhi.</li> <li>• Tripathi, D. Y. (2007), Environmental Studies, Motilal Banarasidas, Delhi.</li> </ul>		

**PA04-EPsy-24 Human Resource Management**

<b>Unit</b>	<b>Description Detail</b>	<b>Weightage</b>
1	<b>Introduction to Human Resource Management</b> 1.1: Nature and Scope of Human Resource Management 1.2: Functions of Human Resource Management 1.3: HR Philosophy and HR Policy 1.4: Structure of HR Management 1.5: Qualities of HR Management	25%
2	<b>Recruitment and Selection</b> 1.1: Introduction 1.2: Sources of Recruitment 1.3: Methods of Recruitment 1.4: Interview and Types of Interview 1.5: Placement	25%
3	<b>Health, Safety and Social Well-being</b> 1.1: Industrial Health 1.2: Occupational Hazards and Risk 1.3: Statutory Provisions for Health 1.4: Causes of industrial accident 1.5: Measures to ensure industrial accident	25%
4	<b>Compensation Management</b> 1.1: Introduction 1.2: Wage and Salary administration 1.3: Methods of wage payment 1.4: Wage Boards, Pay Commission 1.5: Incentive payment and plans	25%
<b>Reference Book</b> 1) VSP Rao, Human Resource Management, New Delhi 2) K Ashwathappa Human Resource Management, New Delh 3) P Subba Rao Human Resource Management ,Mumbai 4) P Jyothi, DN Venkatesh Human Resource Management, New Delhi		

## PA04EPSY-22-Cognitive Psychology

### OBJECTIVES OF THE PAPER:

1. To objective as understanding for cognitive behavior reference to cognitive Psychology.
2. To give explanation of basic different concept and characteristic of level of cognitive behaviour.

Unit	Description Detail	Weightage
1	<p><b><u>Meaning, Nature and some related concept of scopes:</u></b>                      1.1:what are meant (Definition) by cognition, 1.2: Definition of cognitive behavior, 1.3: Nature of cognitive Psychology, 1.4: Properties of cognitive process, 1.5:A brief history of cognitive Psychology, 1.6:Antecedent factors of cognitive Psychology, 1.7:Major contribution of cognitive Psychology, 1.8:Contribution of Noam Chomsky, 1.9:Criticisms of cognitive Psychology,</p>	25%
2	<p><b><u>Approaches, Method and attention cognitive Psychology:</u></b>                      2.1:Scope or domain of cognitive Psychology 2.2:Approaches of cognitive psychology, 2.3:method of cognitive Psychology, 2.4:Meaning and Characteristics of Attention, 2.5:Arousal and information process, 2.6:Distractation of attention, 2.7:Type of attention, 2.8:Determinints of attention, 2.9:Nature of selective attention, 2.10:Bottleneck theories, 2.11:Norman and Bobrow’s model, 2.12: Neisser Model.</p>	25%
3	<p><b><u>Sensation and perception of cognitive Psychology:</u></b>                      3.1:Meaning an d nature of sensation(46) 3.2:Attributes of sensation(47) 3.3:Nature of perception(54) 3.4:Major approaches of perception(56) 3.5:Extrasensory perception(ESP-76) 3.6:Subliminal perception(78) 3.7:Perceptual constancy(80) 3.8:Role of social factors in perception(117) 3.9:Perceptual defense(119)3.10:Principle of colour vision(124) 3.11:Types of illusion(142)</p>	25%
4	<p><b><u>Thinking and creativity of cognitive Psychology:</u></b> (YAJ-333 to 385)                      4.1:Definition and nature of thinking(333) 4.2:Types of thinking(334) 4.3:Role of set in thinking(339) 4.4:Role of trial and error in thinking(343) 4.5;Role of images in thinking(345) 4.6:Theories of thinking(346), 4.7:Theories of cognitive development(349)4.8:Definnition and nature of creativity(378) 4.9;Stages of creative thinking(379) 4.10:Characteristics of creative thinker(381) 4.11Measurement of exreativity(382) 4.12:Aspect of creativity(385)</p>	25%

### Reference Book

1. Arunkumar & Aashishkumar Sinh (1995) The History and System of Psychology,,
2. Bergen, D (2007) Human development: Traditional and contemporary theories,
3. E.Br.Goldstein (2004) Cognitive Psychology: <http://en.wikipedia.org>.
4. Dr.B.A.Parikh (1974 & '88) System and theories of psychology
5. M.W.Eysnck, M.T.Keme(2000) cognitive psychology
6. Roshan Lal Zinta et all(2017) cognitive psychologyISBN:978-93-86754-00-4 Indu book service New-delhi
7. Yogesh A.Jogsan, et all (2017) :Modern cognitive psychology:ISBN:978-81-932822-5-0:JKPrint shop Rjkot



## PA04-EPSY-25 Psychology and Social Problems

### OBJECTIVES OF THE PAPER:

1. To impart knowledge about the fundamental of Social problems
2. To define social problems concept, methods, , in context of Psychological aspect

Unit	Description Detail	Wehightage
1	<b>Social problem: Concepts and Approaches</b> 1.1: The concept of social problem 1.2: Characteristics of social problem 1.3: Causes of social problems 1.4: Types of social problems 1.5: Methods of studying social problems, Role of psychologist	25%
2	<b>Crimes against Women</b> 1.1: Women Harassment, Nature, Extent and Characteristics 1.2: Rape, Kidnapping, Dowry deaths, Acid attacks, Honor Killing 1.3: Violence against widow 1.4: Types of violence 1.5: Motivation in violence, self image. Self-esteem and Adjustment	25%
3	<b>Juvenile Delinquency</b> 1.1: Classification of Juvenile Delinquency 1.2: Characteristics of Juvenile Delinquency 1.3: Types of Juvenile Delinquency 1.4: Factors affecting Juvenile Delinquency 1.5: Preventive measures, Role of Government, police and psychologist	25%
4	<b>Chile Abuse and Child Labor</b> 1.1: Child Abuse: concept and Nature 1.2: Causes of Child Abuse 1.3: Effects of Abuse on children 1.4: Child labor 1.5: Causes and measures of child labor	25%
<b>Reference Book</b> Ram Ahuja, Social problems in India		

**PA04-EPSY-25 Psychology of Personality**

<b>Unit</b>	<b>Description Detail</b>	<b>Waitage</b>
1	<b>Introduction and Determinants of Personality</b>	25%
	-Meaning of personality, Theoretical approach of personality, Methodological view-point: Idiographic and nomothetic approach, Data of personality psychology, Type Approach : A General interpretation, Trait Approach General Interpretation, Biological and physical determinants, Psychological determinants, Environmental determinants, Social determinants, Educational determinants, Family determinants.	
2	<b>Dimensions and Development of Personality</b>	25%
	-Meaning of dimension of personality, Motivational dimensions, Trait dimension, Meaning of personality development, Methods of studying development of personality, Process of personality development, Theoretical explanation of personality development, Meaning and Nature of self, Determinants of development of self, theories of development of self.	
3	<b>Theories of Personality-1</b>	25%
	Sigmund Freud : Psychoanalytic theory of personality, Jung's Analytical theory, Adler's Theory of personality, Personality theory of Karen Horney, Personality theory of Erich Fromm, Sullivan's theory of personality.	
4	<b>Theories of Personality-2</b>	25%
	Erik Erikson : Psychosocial theory of personality, Personality theory of Sheldon, Henry Murray: Need theory of personality, Gordon Allport: Trait theory of personality, R. B. Cattell : Factor analytic theory of personality, Kurt Lewin : Field theory of personality, Carl Rogers : Phenomenological theory of personality.	
<b>Reference</b>		
<ul style="list-style-type: none"> <li>• Guthri, E. R. (1952), The Psychology of learning, .</li> <li>• Holland J. G. and Skinner B. F. (1961), The analysis of Behaviour, Magraw Hill book company.</li> <li>• Friedman H. S. and Schustach, M. W. (2004), Handbook of personality, Theory of research, Guilford press, New York.</li> <li>• Kathiyara, M. A. (2007), Psychology of Personality, Akshar publication, Ahmedabad.</li> <li>• Murphy, G. (), An historical introduction to modern psychology,</li> <li>• Shah, G. B. (), Learning in Educational Psychology,</li> <li>• Singh A. And Singh A. (2012), The Psychology of Personality, Motilal Banarasidas, Delhi.</li> <li>• Wolman, B. B. (1960), Contemporary theories and systems of psychology,</li> <li>• Woodworth R. S. and Contemporary R. S. (), School of Psychology,</li> </ul>		

## PA04EPSY26 Essential Psychology

Unit	Description Detail	Waitage
1	<b>Perception</b>	25%
	-Meaning of perception, figure ground perception, Grouping and perceptual constancies, -Shape constancy, -Size constancy, Brightness constancy, Depth perception, Monocular cues. Perception of movement, Role of personal factors in perception, Role of social factors in perception, Role of cultural factors in perception, Gestalt approach	
2	<b>Motivation</b>	25%
	-Meaning and nature of motivation, Basic motivational concepts, Inborn motives, Acquired motives, Highly important human motive, level of aspiration, Intrinsic motivation and extrinsic motivation, Criteria of motivated behavior, Measurement of animal drive, Measurement of human motive, Need –hierarchy model, Frustration and conflict of motives, Resolution of conflict of motives.	
3	<b>Human Learning</b>	25%
	Meaning and nature of learning, Role of motivation in learning, Thorndike theory of connectionism, factors influencing operant conditioning, Insight theory of learning, Classical conditioning : theory of Pavlov, factors influencing classical conditioning, Nature and types of Instrumental conditioning, difference between Pavlovian conditioning and Instrumental conditioning, factors affecting stimulus generalization, Verbal learning.	
4	<b>Memory and Intelligence</b>	25%
	Meaning of memory and its components or stages, Types of memory, sensory memory, types of sensory memory, A comparative study of Iconic memory and Echoic memory, Short-term memory, Long-term memory, Motivation and long-term memory, A comparative study of LTM and STM: Differences, Methods of measuring memory, Experimental studies of memory Definition and Nature of Intelligence, Types of Intelligence, Mental age, Intelligence quotient, Measurement of Intelligence, Types of intelligence tests, Individual difference in intelligence: Heredity-Environment controversy, Artificial intelligence.	
<b>Reference</b>		
<ul style="list-style-type: none"> <li>• Morgan, C. T., King, R. A. and Robinson, N. M. (1979), Introduction to Psychology, McGraw Hill, Kogakusha LTD, Tokyo.</li> <li>• Underwood B. J. and Shaughnessy, J. (1975), Experimental method in Psychology, .</li> <li>• Atkinson and Hilgard, (2007), Introduction to Psychology, Thomson Wadsworth.</li> <li>• Coon D. and Mitterer J. O. (2007) Introduction to Psychology, Thomson Indian edition..</li> <li>• Baron R. A. and Misra G. (2000), Psychology, Indian subcontinent Edition, Pearson Education India..</li> <li>• Singh, A. and Singh, A. (2011), Modern General Psychology, Motilal Banarasidas, Delhi.</li> <li>• Sulaiman, M. (2011), General Psychology: Fundamental Processes and Cognitive Processes, Motilal Banarasidas, Delhi.</li> <li>• Alam, K. G., Sharma, G. and at. Al. (2002), Advanced General Psychology, Motilal Banarasidas, Delhi.</li> </ul>		