



BACHELOR OF SOCIAL WORK

B.S.W. – I SEMESTER

Course Code	UA01CBSW53	Title of the Course	PSYCHOLOGY FOR SOCIAL WORKERS – I
Total Credits of the Course	3	Hours per Week	3

Course Objectives:	1. To understand basic psychological concepts applied in social work profession.
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Course Content		
Unit	Description	Weightage (%)
1.	Introduction to Psychology 1.1. Psychology : Definition and Concept, Goals of psychology, Relationship of psychology with social work 1.2. Relationship of psychology with sociology, economics & political science 1.3. Branches of psychology (brief concept) : Abnormal Psychology, Behavioural Psychology, Clinical Psychology, Child Psychology and Industrial Psychology	25%
2.	Human Behaviour & Perception 2.1 Human behaviour : Concept and determinants of human behaviour 2.2 Heredity & Environment : Meaning and concept, Effect of heredity and environment on human behaviour 2.3 Perception : Definition, Concept, Gestalt's Principles of perception	25%
3.	Learning & Motivation 3.1 Learning : Meaning and concept, Principles of learning 3.2 Pavlov's Learning theory (Classical & Operant conditioning) 3.3 Needs, Drives, Motives : Meaning and Concept	25%





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	3.4 Motivation : Definition & Concept, Maslow's Hierarchy of Needs	
4.	<p>Personality</p> <p>4.1 Personality : Definition & Concept</p> <p>4.2 Freud's Approach : Structure of personality (Id, Ego, Super Ego) and Levels of Consciousness (Conscious, Pre-Conscious & Unconscious)</p> <p>4.3 Psycho-sexual stages of development : Oral, Anal, Phallic, Latency & Genital stage</p> <p>4.4 Allport's Approach : Trait theory of personality (Cardinal Traits, Central Traits and Secondary Traits)</p>	25%

Teaching-Learning Methodology	Expert lectures/guest lectures, Self-study assignments, Individual presentations, Group presentations, Question answer, Guided group discussions, Field work, Agency/Community Orientation visits, Rural learning visits, Urban learning visits, Debate, Peer assisted learning, Field work conference, Interactive lectures, Collateral readings, Assignments, Media usage
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	<p>Internal Written examination</p> <p>Q.1 Answer in detail (Any 2 out of 4) (10 marks each, total 20 marks)</p> <p>Q.2 Write Short Notes (Any 2 out of 3) (5 marks each, total 10 marks)</p>	20%
2.	<p>Internal Continuous Comprehensive Evaluation (Quizzes / Presentations / Seminars / Workshops / Webinars / Class Assignments / Attendance / Class participation / Online tests / Home Assignment / Timeliness of submissions / Etc.)</p>	10%
3.	<p>University External Examination</p> <p>Q.1 Answer in detail (Any 6 out of 9) (10 marks each, total 60 marks)</p> <p>Q.2 Write Short Notes (Any 2 out of 4) (5 marks each, total 10 marks)</p>	70%





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Course Outcomes: Having completed this course, the learner will be able to

1. The learner will be able to understand the basic psychological concepts and notions of human behaviour.
2. The learner will be able to explore the knowledge about general psychology related to social work.

Suggested References:

Sr. No.	References
1.	Velusamy M. (2014), <i>Social Work Psychology</i> , New Delhi, Dominant Publishers
2.	Morgan C. T., King R. A., et al., (2016), New Delhi, McGraw Hill Education
3.	Baron, R. A. (2010) <i>Psychology</i> . New Delhi, India: Pearson India Education Services Pvt Ltd.
4.	Francis, G. and Neath, I. (2015). <i>Introduction to Psychology</i> , Cengage Learning
5.	Jhala N. (2020), <i>Social Work – A Textbook for Beginners</i> , Guru Design, Vallabh Vidyanagar
6.	Butcher, J.N., Hooley, J. M., Mineka, S., Dwivedi, C.B. (2017). <i>Abnormal psychology</i> . New Delhi, India: Pearson India Education Services Private Limited.
7.	Rao, K., Paranjpe, A. C., & Dalal, A. K. (2008). <i>Handbook of Indian psychology</i> . Chennai, India: Cambridge University Press India/Foundation Books.

On-line resources to be used if available as reference material

On-line Resources

1. NPTEL - Introduction to Psychology - <https://nptel.ac.in/courses/109104105/>
2. NPTEL - Psychology of Everyday - <https://nptel.ac.in/courses/109/104/109104151/>
3. <https://www.udemy.com/courses/search/?q=psychology&src=sac&kw=psychology>
4. <https://www.saylor.org/?s=psychology&submit=Search>
5. <https://www.coursera.org/learn/introduction-psychology>
6. <https://www.udemy.com/courses/search/?q=psychology&src=sac&kw=psychology>
7. <https://www.saylor.org/?s=psychology&submit=Search>
8. <https://www.coursera.org/learn/introduction-psychology>





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