#### SARDAR PATEL UNIVERSITY, VALLABH VIDYANAGAR **B.Sc. Home Science** (Under Choice Based Credit Scheme) **Semester - SIXTH** (Family Resource Management) Marks Exam Theory (T) Contact Course Credit S.No. Duration Name of Course Course Code Internal External Total Practical (P) hrs/ week **Type** in hrs Foundation UH06FINT21 70 Interpersonal Communication in Workplace T 3 3 3 30 100 Courses UH06FSEM22 Seminar P 2 Internal 50 50 UH06CFRM23 Kitchen Modular Design T 3 3 30 70 3 100 UH06CFRM24 Kitchen Modular Design 3 4 P 2 15 35 50 UH06CFRM25 Entrepreneurship (FRM & GEN.) T 3 6 3 3 30 70 100 UH06CFRM26 Entrepreneurship (FRM & GEN.) P 3 35 15 50 Core UH06CFRM27 Computer Application in F.R.M.(AutoCAD-II) 5 P 30 70 100 2 4 3 Courses UH06CFRM28 Anthropometry and Work Space Design 8 T 2 15 35 50 9 UH06CFRM29 Anthropometry and Work Space Design P 3 2 15 35 50 UH06CFRM30 10 Application of managerial skills. P 2 4 3 30 70 100 UH06CFRM31 Travel and tourism 3 3 70 11 30 100 Elective Course (Any One12,13,14,15) UH06EHSC01 12 Marketing T 2 2 35 2 15 50 Elective UH06EHSC02 Life Skills T 2 2 2 15 35 50 Courses UH06EHSC03 Garments - Export & Import Т 2 2 2 15 35 50 (Any One UH06EHSC04 Hygiene & Sanitation 15 T 2 2 2 15 35 50 32 900 24 305 595 Total

### THIRD YEAR BSC (HOME) VI SEMESTER INTERPERSONAL COMMUNICATION IN WORKPLACE COURSE CODE: UHO6FINT21

#### Theory

Credit:03 Pd/Wk: 03 **Marks: 100 Objectives:** a. To prepare the students for work place **b.** To include in them important aspects of life career growth leadership **c.** To help them understand the intricacies of team work in work place. **THEORY CONTENT** WEIGHTAGE Ι 20% Need for interpersonal skill development Understanding the universal need for developing interpersonal skills How to develop interpersonal skills in a workplace Informal learning II Understanding the difference between individuals 25% What is personality The main personality traits and factors Effect of personality traits o job performance How to deal with different personality types Value differences and how to deal with them Different kinds of intelligences Work ethics III 25% Interpersonal communication How does communication happen Relationship building Non- verbal communication Overcoming communication barriers Steps to effective communication IV Team work skills 20% Why team work is important Types of teams

The advantage and disadvantage of teamwork

Role distribution

- Guidelines for team level communication
- Trust, recognition, sharing
- V Diversity in Understanding Cultural differences

10%

#### **Outcome:**

Students will be able to understand workplace strategies, importance of interpersonal skills and perform better in their workplace.

- 1. Cole M & Cole. S (1993): The development of children. New York: Scientific American Books.
- 2. Arun Kumar (2000) Child Psychology, Anmol Pub. Pvt Ltd New Delhi.
- 3. Kumar K (1993) Study of childhood and Family. In T.S.Saraswati & B. kaur (ed) Human Development & Family Studies in India: An agends for research and policy (PP67-76) new Delhi : Sage.
- 4. Lerner R.M & Hostech, D.F (1983) Human Development : A Life Span perspective New York: Ms GrawHill.
- 5. Mussen, P. N Conger, J.J. Kagar, J & Huston, A C(1990) Child Development & Personality(7ed) N. Y Harper Collins.

### THIRD YEAR B.SC. (HOME) VI SEMESTER SEMINAR

COURSE CODE: UH06FSEM22

**Practical** 

Credit:01 Pd/Wk: 02 Marks: 50 (Internal)

#### **Objectives:**

- 1. To provide an opportunity to develop insight into various recent researches/ issues related to their fields.
- 2. To help students develop an ability to review contemporary articles in their own fields of specialization.
- 3. To help the students to develop confidence in preparing and presenting reports.

#### **Outcome:**

After the completion of the course the students will be able to get a brief idea about:

- 1. Making a research proposal, framing objectives, collecting review, preparing tool for data collection and implementing it.
- 2. They will be able to analyze and interpret the data.

#### THIRD YEAR B.SC. (HOME) VI SEMESTER KITCHEN MODULAR DESIGN **COURSE CODE: UH06CFRM23**

#### **Theory**

Credit	: 03 Pd/Wk: 03 M	arks: 100
Objecti	ives:	
1. '	To understand the importance of kitchen as an important unit.	
2.	To acquaint them with kitchen planning aspects.	
3. 7	To familiarize students about the kitchen geometry of various counters	S.
4. ′	To enhance their awareness about (latest/Trends) materials & finishes	for kitchen.
Unit	Content	Weightage
Unit I	Kitchen as an important unit of a house	5%
	1. About modular kitchens	
	2. Benefits	
	3. Essential zones	
Unit II	Kitchen Planning	35%
	1. Orientation.	
	2. Important work centers.	
	3. Layout of kitchen design.	
	4. Work triangle	
	5. Vertical Space needs: counter heights, storage & toe spa-	ce.
	6. Ventilation: Natural & artificial.	
	7. Lighting needs: Natural & artificial	
Unit III	Kitchen Storage needs	20%
	1. Principles of storage.	
	2. Kitchen cabinets-wall, base and corners	
<b>Unit IV</b>	Finishes in kitchen	25%
	1. Ceiling, floor, wall, counter tops.	
	2. Furniture & cabinets.	
	3. Sink and its accessories	
Unit V	Commonly Used Appliances and Services	15%

1. Refrigerator, microwave oven, hobs Range

2. Domestic services

Outcome: After the completion of the course the students will be able to

- 1. Work efficiently in modular kitchen.
- 2. They will also understand the significance of arranging space, equipment and storage properly.

- 1. Dauglab Peter. "Kitchen planning & Design".
- 2. Vargheese.M.A. and others "Ergonomics in kitchen Design".
- 3. Kasu A.A "Interior Design Iquara Pub, Mumbai.
- 4. Gilly Love(1997) Making the most of kitchens", Conran Octopus ltd, London.
- 5. Sherwood R.F.(1972) "Homes Today and Tomorrow" Chas A. Bennett Co.Inc. Illinois.
- 6. Parikh Anoop(1996) "Making the most of small spaces", Conran Octopus ltd, London.
- 7. Ardley Suzanne (1999) "The kitchen planner chronicle books", San Francisco.
- 8. Your kitchen(1983) "Better Homes & Gardens", Meridith Corporation,

# THIRD YEAR B.SC. (HOME) VSEMESTER KITCHEN MODULAR DESIGN COURSE CODE: UH06CFRM024 Practical

Credit:01 Pd/Wk:02 Marks: 50

- 1. Kitchen zones and its functions.
- 2. Work sequence in modular kitchen
- 3. Planning of different kitchen layouts.
- 4. Drawing elevation plans of various kitchen layouts.
- 5. Making 3-D models of modular kitchen.
- 6. Evaluating existing kitchen designs.
- 7. Making them aware about types of kitchen equipment's & accessories for various work centers.
- 8. Survey of latest trends in modular kitchen.

#### THIRD YEAR B.SC. (HOME) VI SEMESTER (FRM & GEN) **ENTREPRENEURSHIP**

**COURSE CODE: UH06CFRM25** 

30%

Theory

Credit: 03 **Pd/Wk: 03 Marks: 100 Objectives:** To enable students to-1. Develop entrepreneurship skills. 2. Analyze the environment related to small-scale industry and business. 3. Understand the process and procedures of setting up small enterprises. 4. Develop management skills for entrepreneurship development. Unit **Content** Weightage Unit I **Entrepreneurship** 30% 1. Definitions and concepts. 2. Characteristics of entrepreneurship. 3. Qualities of a successful entrepreneur. 4. Types of entrepreneur. 5. Barriers in entrepreneurship. Unit II **Entrepreneurship and Innovation** 15% 1. Definitions. 2. Types of Innovation. 3. Elements in the innovation process. 4. Innovation- Socio economic developments. Unit III **Finance for small scale industries** 15% 1. Accounting for enterprise. a. Meaning and objectives of accounting. b. Accounting process. 2. Sources of Finance a. Fixed capital & working capital. b. Financial Institutions. Problems of small sector 10% Unit IV 1. Management problems, marketing problems, sick units. 2. Causes & remedies.

1. Small scale enterprise- Definitions, types, characteristics.

Unit V

Setting of a small scale unit

- 2. Decision to become an entrepreneur.
- 3. Steps to be taken to start up unit.
- 4. Guidelines for preparing a project report
- 5. Procedures and formalities.

**Outcomes:** After the completion of the course the students will be able to learn:

- 1. The procedure to start a Small Scale Industry.
- 2. The type of risk factors of Small Scale Industry.
- 3. To develop business skills.

- 1. Khanna S.S (2003) 'Entrepreneurship Development' S Chand and Co Ltd, Ram Nagar New Delhi.
- 2. Dr.Gupta C.B 'Entrepreneurship Development in India' Sultan Chand & sons, New Delhi.
- 3. Desai Vasant 'Dynamics of Entrepreneurial development.
- 4. All about Entrepreneurship Unit I The Open Learning Programme in Entrepreneurship.
- 5. Business Opportunity Identification Unit 3 The Open Learning Programme in Entrepreneurship.
- 6. Entrepreneurial Motivation Unit 5 The Open Learning Programme in Entrepreneurship.
- 7. Small Business Management III Unit 9 The Open Learning Programme in Entrepreneurship.

#### THIRD YEAR B.SC. (HOME) VI SEMESTER (FRM& GEN) ENTREPRENEURSHIP

**COURSE CODE: UH06CFRM26** 

#### **Practical**

Credit:01 Pd/Wk:02 Marks:50

- 1) To conduct a market survey for
  - Problems of small sector.
  - Sources of funds.
  - Types of accounts maintained.
  - Contribution towards national economy.
- 2) Entrepreneurial motivation training through games, role play, discussions and exercises.
- 3) Exercise on estimation of working capital and fixed capital.
- 4) Developing a proposal for setting up a small-scale unit.

### THIRD YEAR B.SC. (HOME) VI SEMESTER COMPUTER APPLICATION IN FRM (AUTO CAD-II) COURSE CODE: UH06CFRM27

#### **PRACTICAL**

CREDIT: 02 PD/WK: 04 MARKS: 100

- 1. BASIC 2 D DRAWING
- 2. ELEVATION PLAN
- 3. BASIC WALL CONSTRUCTION
- 5. VERTICAL CIRCULATION
- 6. FLOOR SLABS
- 7. 2D ISOMETRIC DRAWING
- 8. FURNITURE DRAWING AND ARRANGEMENT
- 9. ADDING BLOCKS TO THE TOOL PALETTES
- 10. ANNOTATIONS
  - A. ADDING TEXT AND LEADERS
  - B. DIMENSIONING IN AUTOCAD
- 11. INTRODUCTION TO 3 D
  - A. NAVIGATING AND DISPLAYING 3D MODELS
  - **B. ORBITING 3D MODELS**
  - C. CHANGING THE MODEL DISPLAY
- 12. WORKING IN 3D
  - A. OVERVIEW
  - **B. DRAWING VIEWS**
- 13. SOLID MODEL CREATION FROM 2D

# THIRD YEAR B.SC. (HOME) VI SEMESTER ANTHROPOMETRY AND WORK SPACE DESIGN COURSE CODE: UH06CFRM28

#### Theory

Pd/Wk:02

Marks: 50

Credit: 02

Objectives	:	
	• To understand structural and functional anthropometric dimensions	
	<ul> <li>To make the students analyze the work space needed for various act</li> </ul>	tivities
	• To calculate space requirements for different body types as per the	task
Unit	Content	Weightage
UNIT I	<b>Body Dimensions</b>	15%
	1. Definition of Anthropometry	
	2. Structural (Static) and functional (dynamic) dimensions.	
	3. Techniques of measuring: direct and indirect	
UNIT II	Applications of anthropometry in design:	25%
	1. Work heights (standing, sitting).	
	2. Work spaces	
	✓ Elbow room	
	✓ Knee room	
	✓ Clearances	
	✓ Circulation space in rooms and corridors	
	✓ Room to grasp and move things	
	3. Ergonomic principles for good work space design	
UNIT III	Designing Work spaces	25%
	1. Percentiles	
	2. Design for extreme individuals	
	3. Design for adjustable range and	
	4. Design for average	
UNIT IV	Manual material handling	15%
	1. Pushing	
	2. Pulling	
	3. Repeatitive task	
	4. Muscular skeletal disorder.	
UNIT V	Work Station design	20%
	1. Design for standing worker.	
	2. Design for seated worker.	

#### **Outcome:**

They will be able to comprehend the human factors that affect design of homes and work places for good work space design with application of ergonomic principles.

- 1. Grandien (1973) 'Ergonomics of the Home' Taylor & Francis ,Great Britian.
- 2. Barnes.R.N 'Motion and time study, design and measurement of work, john willy.
- 3. HudsoW.R(1962).Work place dimensions and physiological cost to the worker. The journal of industrial engineering.
- 4. Grandien (1988) 'Fitting The Task to The Man' Taylor & Francis London, Great Britian.
- 5. Bridger R.S.;3<sup>rd</sup> Edition (2008) 'Introduction to Ergonomics'CRC press Taylor & Francis London, Great Britian

## THIRD YEAR B.SC. (HOME) VI SEMESTER ANTHROPOMETRY AND WORK SPACE DESIGN COURSE CODE: UH06CFRM29

#### **Practical**

Credit: 01 Pd/Wk:02 Marks: 50

- 1. Measurement of human body dimensions
  - ✓ Sitting (Static and dynamic)
  - ✓ Standing (static and dynamic)
  - ✓ Calculating percentiles
- 2. Designing work station for self
  - ✓ Table, chair
  - ✓ Kitchen
  - ✓ Storage (wardrobe)
- 3. Designing for group
  - ✓ Table, chair
  - ✓ Kitchen
  - ✓ Storage (wardrobe)

### THIRD YEAR B.SC. (HOME) VI SEMESTER APPLICATION OF MANAGERIAL SKILLS COURSE CODE: UH06CFRM30

#### **Practical**

Credit:02 Pd/Wk: 04 Marks: 100

#### **Objectives:**

- 1. To develop the understandings of managerial skills.
- 2. To make them aware about concepts of management.
- 3. To raise the competency of recognizing the obstacles of good management.
- 4. To cultivate the ability of solving conflicts.
- 5. To nurture the aptitude of organizing events / functions by application of various managerial skills.

#### **Practical:**

- 1. Significance of managerial skills in group activity
- 2. Learning hostess training:
  - a. Manners & Etiquettes
  - b. Style of Food Service
  - c. Types of Napkin Fold
  - d. Types of table settings
  - e. Flower Arrangements & Decorations
- 3. Application of managerial skills in organizing various events.
- 4. Identifying and solving different managerial problems in organizing various events.
- 5. Prepare a report of the event organized.

#### **Outcome:**

- 1. The students will excel in organizing various social events.
- 2. The design of the course is such that it will prepare the students to become a good manager.
- 3. The course will open the door of opportunity to become an event manager in various organizations.

#### T.Y.B.SC. (HOME) V SEMESTER TRAVEL AND TOURISM COURSE CODE: UH06CFRM31) Theory

Credit: 3 **Marks: 100 Pd/Wk: 3 Objectives:** 1. To make the students recognize the role of Travel and Tourism. 2. To comprehend the types and working of Travel and Tourism organizations. 3. To teach the know-how of planning tours. **Unit I: Introduction to Travel and Tourism** 25% 1. Meaning, Significance and History of travel & Tourism 2. The Tourism industry its systems 3. Types of Tourism (Ecotourism, Heritage tourism, Medical tourism, Educational tourism etc.) 10% **Unit II: Tourism Organization** a. Needs for Tourism Organization b. International Organization c. Government Organizations in India d. Private Sector Organization in India **Unit III: Tourism legislation** 15% a. Laws pertaining to trans-board movements such as visa regulation, customers, foreign exchange, immigration & emigration b. Laws related food and beverages c. Laws related to transport d. Laws related to accommodation **Unit IV: Travel Agent and the Tour Operator** 20% a. Travel Agent: Types of travel agencies, Functions of travel agency b. The tour operator: Types of tour operators, packages tour, guides and escorts. **Unit V: Itinerary Planning & Tourism Marketing:** 30% 1. Customer service skills: Telephone Skills/etiquettes, City codes, Airport names and codes of India and Overseas, country codes and currency codes, Handling Customers Complaints 2. Itinerary planning: Basic Information of planning the itinerary, Calculation of Tour Cost

3. Tourism marketing: Tourism Market segmentation, Designing a Tour

Brochure, E- marketing, Guidelines for tourist, Places of Tourist Interest: International and National level

#### **Outcomes:**

- ✓ The course would prepare the students to get job placement in Travel and Tourism establishments.
- ✓ The design of the course would enlighten them about the various rules of Travel and Tourism.
- ✓ The course will also prepare them to become Travel guides and Tour operators.

- Dharmarajan.S. And R. Seth, Tourism in India-Trends and Issues, HarAnand Publications Pvt. Ltd. New Delhi, First edition.
- Gupta. S., World Tourism in New Millennium, ABD Publishers, Jaipur, First edition.
- Kamra, K.K and M.Chand, Basics of Tourism-Theory, Operation and Practice, Kanishka Publishers, New Delhi. First Edition. 2006.
- Maken. D. Strategies and Planning in Tourism and Industry, Adhyayan Publishers and Distributors, Delhi, First edition.
- Puri M. and G.Chand, Tourism Management, Pragun Publications, New Delhi. First Edition 2006.
- Sharma. R.B., World Tourism in 21st Century, Alfa Publications, New Delhi, First edition.
- Roday .S, Biwal .A. and Joshi. V., TOURISM Operations and Management, Oxford University press publication, New Delhi, First addition 2009

#### THIRD YEAR B.SC. (HOME) VI SEMESTER

#### MARKETING COURSE CODE: UH06EHSC01 Theory

Credit:02

**Pd/Wk: 02** 

Marks:50

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<ol> <li>To</li> <li>To</li> </ol>	get acquainted with the basic concepts of market and marketing. familiarize the students about product development. make the students aware about different business organization. acquainted students with pricing policies and strategies.	
Unit	Content	Weightage
Unit I	<ol> <li>Concept of Marketing</li> <li>Definition of marketing and marketing management.</li> <li>Concepts of market-place, area and demand.</li> <li>Types of market.</li> <li>Market Segmentation: Definition and basis.</li> </ol> Organization and function of organization <ol> <li>Sole Proprietorship and Partnership.</li> <li>Characteristics of ideal form of organization.</li> <li>Sole Proprietorship merits &amp; limitations.</li> <li>Features of partnership merits &amp; demerits.</li> <li>Ideal partnership.</li> <li>Partnership Deed, Registration of firm, rights of partner.</li> </ol>	25%
Unit II	<ol> <li>The Product</li> <li>Classification of consumer products.</li> <li>The product life cycle.</li> <li>The adoption &amp; diffusion process.</li> <li>New product development.</li> </ol>	15%
Unit III	<ol> <li>Pricing</li> <li>Definition and importance of pricing.</li> <li>Pricing objectives.</li> <li>Price determining process.</li> <li>Factors influencing price decisions.</li> <li>Pricing policies and strategies.</li> </ol>	25%

Unit IV Distribution 20%

- 1. Marketing channels.
- 2. Direct and Indirect.
- 3. Choice of distribution channel.
- 4. Types of distribution systems.
- 5. Physical distribution, warehousing and transportation.

Unit V Promotion 15%

- 1. Sales Promotion: Definition and techniques.
- 2. Personal Selling: Definition, Kinds of salesman, qualities of successive salesman, types of training.

#### **Outcome:**

After the completion of the course the students will be able to get a brief idea about:

- 1. The role of marketing in the economy.
- 2. Marketing skills needed for sales promotion and personal selling.
- 3. Procedure for new product development, pricing decisions and distribution.

- 1. Kotler Philip(2003) "Marketing management Pearson Education" Pvt. Ltd, Delhi.
- 2. SharlekarS. (1995) Marketing Management Himalaya Pub. House, Bombay.
- 3. SchoellF. (1985) Marketing Allyn and Bacon Inc, London.
- 4. Sarkar M. (2000) Marketing Management Crest Pub House, New Delhi.
- 5. Rajgopal (2000) Marketing Concepts and Cases, New AgeInternational (P) Ltd pub, New Delhi.
- 6. Fundamentals of business organization & management (Y.K.Bhushan).

#### THIRD YEAR B.SC (HOME) VI SEMESTER LIFE SKILLS COURSE CODE: UH06EHSC02

Credits: 02 Pd/Wk: 02 Marks: 50

#### **OBJECTIVES**

- 1) To cater the need of modern corporate economy and urban living.
- 2) To update students about globalization and multicultural work set up by providing valuable trained on life skills.
- 3) To motivate students for personal and professional growth.
- 4) To provide tools for success and character building.

THEOR Y	CONTENT	WEIGHTAGE
UNIT-I	Introduction	25%
	<ol> <li>Understanding what are life skills meaning and usefulness</li> <li>Need for life skills in today's world</li> <li>Preparing and dealing with changes.</li> </ol>	25
UNIT-II	Driving our own growth.	25%
	1) Motivation: meaning need and sources	
	2) Development of positive thinking	
	3) Benefits of positive thinking	
	4) Mind power: Meaning, benefits of meditation	
UNIT-III	Stress management	25%
	1) Understanding stress symptoms and consequences	
	2) Techniques to manage stress	
	3) Understanding relation between life goals, motivation, productivity and stress.	
<b>UNIT-IV</b>	Leadership skills	25%
	Key characteristics' of leader, self-confidence, assertiveness,	
	trustworthiness, morality, emotional, stability, self-awareness,	
	objectivity, developing of teamwork	
	Skills, decision making, emotional stability.	

#### **OUTCOMES:**

- 1) It will develop personal and professional growth.
- 2) The knowledge will help in improvement of personality.
- 3) It will enhance employability.

#### **REFERENCES:**

- 1) Nishitesh, Dr.BhaskaraReddi (2012), "SOFT SKILLS & LIFE SKILLS, B Sc publishers. Hyderabad.
- 2) Rao M.S. (2010) Soft Skills, Enhancing Employability.
- 3) Mane M.S (2015) Personality development and Soft skills.

### THIRD YEAR B.SC. (HOME), VI SEMESTER GARMENTS – EXPORT & IMPORT COURSE CODE: UH06EHSC03

Credit: T 2 PD/wk: 2 Marks: 50

#### **Objectives:**

- 1. To make students aware of garment import & export marketing techniques.
- 2. To acquire knowledge of textile policies in India.
- 3. To develop insight in quality assurance of apparel & textile products.

Theory: UNIT I	CONTENT  1. Introduction to export & import management 2. Management function	WEIGHTAGE 20%
II	Finance function 1. Nature & Scope 2. Methods of financing 3. Financial planning	20%
III	Policies in apparel & textile export  1. Government  2. Nongovernment	15%
IV	Business System  1. Laundering a proprietorship 2. Joint stock company 3. Cooperatives 4. Partnership	25%
V	Quality Control in apparel & textile units  1. Importance 2. Stage of Quality Control in Industry 3. Role of Information technology	20%

#### **Outcome:**

Learners can work in the field of export and import of textiles.

- 1. How to export garments successfully (1995); Shukla R.S.; Abhinav Publishing Industries Pvt. Ltd. New Delhi, India.
- 2. Textile Industry, Problems & prospects in 21<sup>st</sup> Century (2002); Dr. Rai I; Books Treasure, Jodhpur, India.
- 3. Inside the fashion business (2003); Dickerson K.G.; Pearson Education Pvt Ltd, Delhi, India.
- 4. Indian Textile policy for 21<sup>st</sup> Century(1999); R. Venkatesan & V.Katti; B.R. Publishing Corporation New Delhi, India
- 5. Reorienting fashion "The globalization of Asian dress" (2003)Edited by Sandra Niessen, A Leshkowich & C. Jones Published by BERG, Oxford International Publisher Ltd.
- 6. Fashion merchandise information(1986); D.D. Prisco & H.W. Moore; John Wiley & Sons, Inc;
- 7. Inside the fashion business(1987); J.A. Jarnew, M.Guerreiro, B. Judelle; Macmillan Publishing Company, New York,
- 8. Introduction to clothing manufacture(1991), G. Cooklin, Black well Science Ltd, U.K.
- 9. Inside the fashion design(2004); S.L. Tate; Person Education Inc.
- 10. Introduction to clothing production management(1999) ,A.J. Chuter, Black well Science Ltd, U.K.
- 11. Garment technology for fashion designer(1997); G. Cooklin, Black well Science Ltd, U.K.

#### THIRD YEAR BSC (HOME) VI SEMESTER HYGIENE AND SANITATION COURSE CODE: UH06EHSC04

Theory

	Credits-	02	PD/Wk- 02	Marks-50
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#### **Objectives:**

This course will enable students to:

- 1. Develop correct habits of personal and environmental hygiene.
- 2. Learn safe handling of food and ensure complete safety of raw and processed foods.

THEORY	CONTENT	WEIGHTAGE
I	Definition of hygiene its application to everyday life. Personal hygiene care of skin, hair, hands feet, teeth, use of cosmetics and jewellery.	10%
II	Safe handling of food – Personal hygiene including uniform, medical checkup, good food handling habits and training, control and eradication of flies, cockroaches, rodents and other pests.	20%
III	Disinfections – Definition of disinfectant, sanitation, antiseptic and germicides, common disinfectants, use in case of working surfaces. Plant equipment's. Dish washing, hand washing etc., and sterilization of plant equipment's.	20%
IV	Care of premises and equipment's—impervious washable floors and walls, table tops, floors etc. Good ventilation and lighting, care of dark corners, crevices and cracks. Garbage disposal — collection storage and proper disposal from the premises including effluents.	25%
V	1. Storage of food – Technique of correct storage temperature of different commodities to prevent bacterial contamination of milk, butter, cream, cheese, fruit juices. LTHT, HTST method, sterilization of milk, water etc.	25%
	<ol> <li>Legal administration and quality control – Laws relating to Food Hygiene.</li> </ol>	

#### **Outcomes:**

- 1. Students can get the knowledge of personal and industrial hygiene and sanitation.
- 2. They can get the information regarding storage and care of food and equipment.
- 3. They will aware about legal standards related with food hygiene.

#### References -

- 1. Hobbs B.C. and Gilbert (1970): Food Poisoning and Food Hygiene, Edward Arnoid, London.
- 2. Rack B. G. Hygiene in Food Manufacturing and Handling Food trade Press London .
- 3. Longree K. Blaker G. G. (1971): Sanitary Techniques in Food Services, John Wiley, New York.
- 4. Longree K. (1967): Quality food sanitation 2<sup>nd</sup> Edition Inter Science Pub, Johan Wiley & Sons., New York.