SARDAR PATEL UNIVERSITY

Programme: B.Sc (Home Science)

Semester: VI

(Foods Science & Quality Control - Vocational) Syllabus with effect from: November/December-2013

Objectives:

This course will enable students to:

- > Develop correct habits of personal and environmental hygiene.
- Learn safe handling of food and ensure complete safety of raw and processed foods.

Paper Code:UH06EFDN04	T-4-1 C 1:4- 2
Title Of Paper: Hygiene & Sanitation	Total Credit: 2

Unit	Description in detail	Weighting (%)
I	Definition of hygiene its application to every day life.	
	Personal hygiene care of skin,hair, hands feet ,teeth, use of cosmetics and	10%
	jewellery.	
II	Safe handling of food – Personal hygiene including uniform, medical check	
	up, good food handling habits and training, control and eradication of flies,	15%
	Cockroaches, rodents and other pests.	
III	Disinfections – Definition of disinfectant, sanitation, antiseptic and	
	germicides, common disinfectants, use in case of working surfaces. Plant	20%
	equipments.Dish washing, hand washing etc, and sterilization of plant	
***	equipments.	
IV	Care of premises and equipments – impervious washable floors and walls,	
	table tops, floors etc. Good ventilation and lighting care of dark corners,	20%
	crevices and cracks. Garbage disposal – collection storage and proper	
	disposal from the premises including effluents.	
V	Storage of food – Technique of correct storage temperature of different	
	commodities to prevent bacterial contamination of milk, butter, cream,	20%
	cheese, fruit juices. LTHT,HTST method, sterilization of milk, water etc.	
VI	Legal administration and quality control – Laws relating to Food Hygiene.	15%

Basic Text & Reference Books

- ➤ Hobbs B.C. and Gilbert (1970): Food Poisoning and Food Hygiene, Edward Arnoid, London.
- Rack B. G. Hygiene in Food Manufacturing and Handling Food trade Press London.
- Longree K. Blaker G. G. (1971): Sanitary Techniques in Food Services, John Wiley, New York.
- Longree K. (1967): Quality food sanitation 2nd Edition Inter Science Pub, Johan Wiley & Sons., New York.

