

SARDAR PATEL UNIVERSITY
Programme: B.Sc (Home Science)
Semester: VI
(Foods & Nutrition)
Syllabus with effect from: November/December-2013

Practical

Paper Code:UH06CFDN05	Total Credit: 1
Title Of Paper: Nutritional Assessment & Surveillance	

	Description in detail	
	<p>To assess the nutritional status by use of anthropometric measurements: Measurement of child's height, weight, circumference measurements-head, chest, mid upper arm, waist-hip ratio. Assessment of BMI of adolescents. Interpretation of data in weight for age, height for age, weight for height. Measurements of fat using skin fold thickness. Clinical assessment of PEM, Vitamin A, Anemia, B complex vitamins</p>	
	<p>Formulating tool, collection of Data, estimation of Intake by different dietary methods.</p> <p>A. Nutrition Health Education activities-preparation of charts, posters, street plays, skits, puppets, lecture demonstration (any one activity by one group).</p> <p>B. I. Field visits for surveillance system used in nutrition and health programmes.</p> <p>II. Assessment of BMI for Adolescents</p>	

