

**SARDAR PATEL UNIVERSITY**

Programme: B.Sc (Home Science)

Semester: II

Syllabus with effect from: November/December-2011

**Objectives:**

- To acquaint the students with the dynamics of contemporary marriage and its alternatives.
- To sensitize the students to the dynamics of family systems in India.
- To make the students aware of some pertinent contemporary issues that affect the quality of life of individual families and community.

<b>Paper Code: UH02CHUD05</b>	<b>Total Credit: 2</b>
<b>Title Of Paper: Family Dynamics</b>	

<b>Unit</b>	<b>Description in detail</b>	<b>Weighting (%)</b>
I	Definition of family Functions of family Types of family with reference to India	10%
II	Family life cycle – stages and substages Changing trends in India regarding family pattern – structural, functional Alternate family life styles <ul style="list-style-type: none"><li>➤ Female headed households</li><li>➤ Single parent families</li><li>➤ Working families</li><li>➤ Families with adopted children</li><li>➤ Voluntary childlessness</li></ul>	15%
III	<b>Marriage as an institution</b> Definition of marriage Need of marriage Types of marriage Changes and challenges in marriage	10%
	<b>Selection of a life partner</b> Factors influencing Changing trends [sources] Arranged and personal choices	10%
	<b>Preparation for marriage</b> Social and emotional issues Financial concerns	10%
	<b>Marital adjustments</b> Individual roles, rights and responsibilities within the family Areas of adjustment within the family at different stages of life cycle Ways of dealing with adjustment Planned parenthood	10%
IV	Significant contemporary issues and concerns: Families with marital disharmony and crisis, causal factor responsible for stress in family. Violence in the family, children, women and elderly. Interventions for families in trouble scope, needs and assessment Counseling – premarital and marital Help lines and welfare programs.	35%



## Basic Text & Reference Books

- Mussen, P. N Conger, J.J. Kagar, J & Huston, A C(1990) Child Development & Personality(7ed) N. Y Harper Collins.
- Cole M & Cole. S (1993) : The development of children. New York: Scientific American Books.
- Hurlock “ development and psychology”
- Pappalia “ human development”
- Berk L.E. “child development” new delhi
- Craig G. “human development” N.J. Prentice Hall
- Cole M. and Cole S. “The development of Children ”

