

SARDAR PATEL UNIVERSITY, VALLABH VIDYANAGAR

B.Sc. Home Science

(Under Choice Based Credit Scheme)

Semester - FOURTH (Textile & Clothing)

IN EFFECT FROM : 2019-20

Sr. No.	Course Type	Course Code (10 Digit)	Name of Course	Theory (T) Practical (P)	Credit	Contact hrs/ week	Exam Durati on in hrs.	Marks		
								Internal	External	Total
								Total	Total	Total
1	Foundation Courses	UH04FCOM21	Communication Process In Development	T	3	3	3	30	70	100
2		UH04FCOM22	Communication Process In Development	P	1	2	3	15	35	50
3	Core Courses	UH04CTCL23	Indian Embroidery	T	3	3	3	30	70	100
4		UH04CTCL24	Indian Embroidery	P	1	2	3	15	35	50
5		UH04CTCL25	Family Clothing	T	2	2	2	15	35	50
6		UH04CTCL26	Family Clothing	P	2	4	3	30	70	100
7		UH04CTCL27	Marketing-Textiles & Apparel	T	3	3	3	30	70	100
8		UH04CTCL28	Textile Science	T	2	2	2	15	35	50
9		UH04CTCL29	Textile Dyes	T	2	2	2	15	35	50
10		UH04CTCL30	Flat Pattern Methods	P	1	2	3	15	35	50
11		UH04CTCL31	Fashion Illustration	P	2	4	3	30	70	100
Elective Course (Any One 12,13,14,15)										
12	Elective Courses	UH04EHSC01	Counselling Technique	T	2	2	2	15	35	50
13		UH04EHSC02	Basics of Fashion	T	2	2	2	15	35	50
14		UH04EHSC03	First aid and Home Nursing	T	2	2	2	15	35	50
15		UH04EHSC04	Event Management	T	2	2	2	15	35	50
16		UH04EHSC05	Therapeutic Diets	T	2	2	2	15	35	50
Total					24	30		255	595	850

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
FOUNDATION COURSE
UHO4FCOM21 COMMUNICATION PROCESS IN DEVELOPMENT

Theory
Credit: 3 Pd/Wk: 3 Marks: 100

OBJECTIVE:

1. To make the students understand the importance of communication in their day to day life
2. To acquaint the students with the types of communication and process of communication.
3. To shape the students future as a better citizen in the social networking.

UNIT	CONTENT	WEIGHTAGE
I.	Concepts of development communication Meaning and importance need of communication in development, Purpose and characteristics of communication, Existing patterns and types of communication, Role of communication in development and social change, Effective communication in Home Science.	30%
II	Communication Process One-way and two-way or interactive communication, Gaps in communication or distortions in transmission of message and their causes, Importance of two-way communication, Basis for effective, interactive, communication critical reflection of one-self in communication, Attitude of respect for others, Distinctions between information dissemination, Education and propaganda, Communication on educational process.	30%
III	Methods of Communication in Development methods to reach Individuals: (A) Personal conference, Interview, House visits, Exhibits, Clinics to solve individual problems of consultations, Methods to reach small groups, Illustrated lecture ,Group discussion a. Fish bowl b. Small group (B) Stimulation Exercises , Trust – building in groups, Co-operation, Affirmative environment creation , Role plays, Demonstrations, Workshops, Camps , Methods to reach masses, Radio announcements / programmes, Newspaper stories, Posters, exhibits in strategic plans, Video, films, Television programmes , Letters, folders and pamphlets, Public meetings, Selection and effective use of methods.	20%
IV	Media for developments communication: (A) Folk media, Songs, Stories, Street – theatre, Games, Arts , Riddles – proverbs, Puppet ,Print media, Posters, Pamphlets, leaflets, Newspapers – articles, stories, Periodicals – articles, stories, songs, Books, Cartoons, Audio/visual, audio-video media, Audio – tapes, radio broadcasts, Slides, pictures, drawings, photographs etc., Video, telecasts, Films – documentary features (B) Selection preparation and effective use of media in development, education and evaluation of the effectiveness of the media	20%

OUTCOMES:

1. Improved personal relations with immediate and extended communication.
2. Students will function more effectively & assertively in public and work environment..
3. Students will be able to identify their strengths & weaknesses and improve on weakness.
4. Students will be better equipped to use media in their professional endeavors.

REFERENCES:

1. Media and Methods of Education by Dr. Sita Ram Sharma
2. Mass Communication in India by Keval J. Kumar
3. Media and Communication Management by C.S.Rayudu
4. Designing Messages for Development Communication: An Audience Participation Based Approach by Bella Mody
5. Mass Media and Communication by Narendra Ojha
Education and Communication for Development 2nd edition:
by O.P. Dharma and O.P Bhatnagar.

**SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
FOUNDATION COURSE
UHO4FCOM22 COMMUNICATION PROCESS IN DEVELOPMENT**

Practical

Credits:1**Pd/Wk:2****Marks:50****OBJECTIVES:**

1. To Develop skill for mass communication
 2. To prepare effective communication aids
 3. To develop an ability to communicate in various situations.
-
1. Communication methods for rural and urban communities.
 - a. Making charts / posters / cartoons
 - b. Preparing leaflets / folders
 - c. Preparing slides for power point Presentation
 2. Demonstration methods / techniques or any innovative method for
 - a. Communication.
 - b. Preparing scripts for role play/ street play/ puppet shows /Radio and T.V talk show
 - c. Preparing puppets for puppet show
 3. Organizing an exhibition of various products related to their respective fields.
 4. To sensitize the students about the power of various media.
 - a. Print media
 - b. Electronic media

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL23 INDIAN EMBROIDERY

Theory:

Credit:3

PD/WK: 3

Marks: 100

OBJECTIVES:

1. To impart knowledge and develop skills in Indian traditional embroidery.
2. To manipulate traditional motifs as embellishment on textiles and apparel.

UNIT	CONTENT	WEIGHTAGE
I	Importance and application of Indian Embroidery. -Textiles -Apparel A brief study of various traditional embroideries.	10%
II	1. Kashmir Embroidery 2. Kasuti of Karnataka 3. Kantha of Bengal	30%
III	1. Chikenkari of Uttar Pradesh 2. Chamba Embroidery 3. Manipur Embroidery	20%
IV	1. Phulkari of Punjab 2. Gujarat Embroideries – Kutch and Kathiawar	20%
V	Other Embroideries 1. Applique Work – Gujarat, Bihar, Orisa, Utter Pradesh 2. Gold & Silver Embroidery – Utter Pradesh & Gujarat 3. Bead Work- Gujarat & Telangana	20%

OUTCOME:

Student will be able to identify heritage of Indian embroidery and can use it in textiles and garments.

REFERENCE:

1. Donger Kery, S.(1951): The Romance of Indian Embroidery, Bombay, Thacker Company Ltd.
2. Pandit Savitri (1975) : Indian Embroidery Its Variginating Charm, Baroda, Faculty of Home Science.
3. Chattopadhyay Kamaladevi (1977): Indian Embroidery
4. Chattopadhyay Kamaladevi (1963): Indian Handicrafts
5. Chattopadhyay Kamaladevi (1975): Handicrafts of India, New Delhi, Indian Council of Cultural Relations.
6. Gostelow Mary (1978) : Embroidery
7. Thomas Mary : Embroidery
8. Jones Nora : Embroidery
9. Shrikant Usha (1998): Ethnic Embroidery of India, Honesty Publishers & Distributors, Mumbai
10. Naik Shailaja D. (1996) : Traditional Embroideries of India A.P.H. Publishing Corporation, New Delhi.

**SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL24 INDIAN EMBROIDERY**

Practical

Credit: 1

PD/WK: 02

Marks: 50

PRACTICAL:

1. Study of motifs of Traditional Indian Embroideries.
2. Preparing samples of Following Indian embroideries using traditional motifs, stitches, colors & yarns.
 - a. Kashmir
 - b. Kasuti
 - c. Kantha
 - d. Kutch
 - e. Kathiawar
 - f. Chikankari
 - g. Chamba
 - h. Phulkari
 - i. Manipur
 - j. Gold & Silver
3. Prepare a port folio of traditional motifs of different state embroideries and the above embroidered samples.

**SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL25 FAMILY CLOTHING**

Theory

Credits: 2

PD/WK: 2

Marks: 50

OBJECTIVES:

1. To acquire knowledge of family clothing
2. To develop consumer awareness in clothing
3. To familiarize students with home textiles
4. To develop skills in selection and construction of garments and home textiles for family.

UNIT	CONTENT	WEIGHTAGE
I	Clothing for the family 1. Clothes as per age - infants, children, adolescent, teenage, young adults, adult, elderly.	30%
II	1. Clothes for people with special needs Physically handicapped, blind, lactating mother, pregnant lady. 2. Clothing for a. Sports b. Industry	25%

III	Home textiles	30%
	1. Classification of home textiles	
	2. Selection, sizes and care of	
	a. Kitchen linens	
	b. Table linens	
	c. Bath linens	
	d. Bed linens	
IV	Draperies and curtains	15%

OUTCOME:

1. Students can select material, color and style suitable to the family members of all age groups and specially challenged too.
2. Students will be able to develop consumer skills for various types of home textiles, its characteristics and care properties.

REFERENCES:

1. Family Clothing, (1961) ; Tate and Glisson
2. Dress Pattern Designing (1970); Bray Natlie ; Cross lockwood & Son Ltd., London
3. Basic Processes and Clothing Construction(1970); Doongaji & Deshpande;New Raj Book Depot, Delhi
4. Textile Fabrics and Their Selection (1976) ; Wingate I.B; Prentice Hall Inc, New Jersey
5. Textile Products, Selection, Use & Care(1977) ; Alexander; R.R Houghton Mifflin Co. Boston
6. Grooming Selection & Care(1972) ; Pandit Savitri & Tarpley Elizabeth; Unity Printers Baroda
7. Dictionary of Textiles (1988);Wingate I.B.; Universal Pub. Corporation Bombay.
8. More Dress Pattern Designing(1997); Bray Natlie; Blackwell Science
9. The Art of Sewing (1998) ; Anna Jacob; B.S. Publishers Ltd, New Delhi
10. How You Look and Dress (1969); Carson Bytra; Webster Division, McGraw Hill Co.
11. Textiles Fibers And Their Use ;Hess Katharine ; Oxford of IBH; Bombay
12. Zarakar System Of Cutting; Zarakar K.R.; Bombay
13. Matric Pattern For Women's wear; F. Aldrich
14. Magazines related to Textiles and Clothing – Apparel, Cloths line, Cloth Market, The Indian Textile Journal

**SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL26 FAMILY CLOTHING**

Practical

Credits: 2

PD/WK: 4

Marks: 100

PRACTICAL:

1. Study and analysis of fabrics for home textile (05 samples each for kitchen linen, table linen, bath linen, bed linen, draperies and curtains)
 - a. Analyze the fabric, its name, type of yarn, feel and texture, characteristics.
2. Basic block making.
 - a. Study of anthropometric measurements.
 - b. Drafting and construction of basic bodice block for self
 - c. Trying out and altering the basic block.
3. Drafting and construction of A- Line frock for child
4. Drafting and construction of shirt (men/women) with collar (Chinese/Flat/Peterpan/Shirt)
5. Drafting and construction of kurta for young girl.

Note: Make a portfolio of the drafts using scale.

**SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL27 MARKETING-TEXTILES AND APPAREL**

Theory

Credits: 3

PD/WK: 3

Marks: 100

OBJECTIVES:

1. To develop an understanding of concept of marketing
2. To orient with marketing strategies.
3. To create awareness regarding rights of consumers

UNIT	CONTENT	WEIGHTAGE
I	Importance of marketing and meaning and importance of marketing <ol style="list-style-type: none">1. Concepts of marketing2. Functions of marketing3. 4 P's of marketing4. Market research process	20%
II	Distribution system <ol style="list-style-type: none">1. Channels of distribution – types and function2. Choice of distribution system with reference to clothing	20%
III	Promotional Devices <ol style="list-style-type: none">1. Mass Selling- Importance, types and medias of advertising, publicity,2. Personal Selling3. Sales Promotion4. Branding in textile industry	40%

- IV Product Plan
 - 1. Product meaning
 - 2. Product planning and process
 - 3. Product life cycle

- V Standards and standardization of textile production 20%
 - 1. National and international standard Organization
 - 2. Certification Marks – Importance, type, registration and institutes (ANSI, AATT, ASTM, AATCC, BIS, CICO, TWC, ISO)

OUTCOME:

Learners will understand marketing strategies ,thus, can make clothing purchases smartly.

REFERENCE:

1. Evaluating Apparel Quality (1986); Stampler A, Sharp S., Donnell Linda; Fairchild Publications, New York
2. Essentials of Marketing; Mccarthy E. Jerome, Perreault William D. (1991):, IRWIN series in marketing, Home wood I.,Boston
3. How to Export Garments Successfully (1995); Shukla R.S.
4. Effective Export Marketing of Apparel (1995); Koshy Darli O; Global Business press.
5. Fundamentals of Marketing; Stanten William J; McGraw Hill Book Co. V Edition, New York
6. Consumer Economics; Color Jesale
7. Export Marketing; Rather B.SC
8. Advertising Theory and Practice; Sethi K.C.; Himalaya Publishing House
9. Opportunities in Clothing; Dermott Irene, Norrosis, Bannett ;Chess A co. Inc. Illinois
10. Textile Performance Standards and Textile Associated Organizations
11. Marketing Management; Kotler P
12. Performance of Textiles (1977);Lily Dorothy; John. Wiley & Sons
13. Teach Yourself Marketing; Stapleton , Hodder & Stoughton
14. Textile Industry Problems & Prospects in the 21st Century (2002) Rai Inderpal; Books Treasure, Jodhpur.
15. Research Methodology Methods & Techniques; Kothari C.R(1999); Wishwa Prakashan, Mumbai
16. The Indian Textile Journal ; Business Press Pvt. Ltd. Bombay.
Textiles & Apparel in the International Economy ;Dickerson Kitty G.
17. ISO 9000 Quality Management Systems ;Trade Market Series, International Trade Center & International Organization for Standardization
18. Textile Products- Slection, Use and Care(1977); Alexander; Houghton Mifflin Co.
19. Introduction to Textiles; Stout Evelyn E
20. Elements of Textiles; Labarth Jules
21. Magazines related to Textiles and Apparel

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL28 TEXTILE SCIENCE

Theory

Credits: 2

PD/WK: 2

Marks: 50

OBJECTIVES:

To acquire knowledge about type, structures and properties of textile fibers

UNIT	CONTENT	WEIGHTAGE
I	Introduction to textile fibers 1. Classification of textile fibers 2. Introduction to fiber polymers – micro structure and macro structure 3. General properties of fiber	10%
II	Structure, microscopic appearance and properties of natural fibers 1. Cotton 2. Jute 3. Linen 4. Mineral 5. Rubber	30%
III	Structure, microscopic appearance and properties of natural animal fibers 1. Wool 2. Silk	20%
IV	Structure, microscopic appearance and properties of regenerated fibers 1. Rayon 2. Acetate	20%
V	Structure, microscopic appearance and properties of synthetic fibers. 1. Nylon 2. Polyester 3. Acrylic 4. Elastane	20%

OUTCOME:

1. Students will develop knowledge on textile fibres, its structure and properties.
2. Student can identify the natural, regenerated and synthetic fibers and fabrics through appearance and properties.

REFERENCES:

1. Textile Science, An Explanation of Fiber Properties (1983); Gohl, E.P.G., & Vilensky, L.D. Longman Chesire, Melbourne, 48.
2. Introduction to Textiles (1969);Cowan, Jungerman; Appleton Century Crafts, Meredith Corporation, New York.
3. Textiles (1979); Norma Hollen, Jone Saddler, Anna Longford ; Macmillan Company.
4. Textile fibers to fabric (1985); Corbman B.P.; MacGraw- Hill Book Co.
5. Essentials of Textiles(1980); Joseph, Marjoy L ;Rinehart and Winston, New York.
6. Textile, Fibers and Nonwoven Fabrics (1984); Edi Grayson Martin; John Wiley and Sons, New York.
7. Textiles – The Motivate Series(1997); Wynne Andrea; Macmillan Education Ltd.
8. Textile Fiber Vol. 1(2000);Shenai V.A; Sevak Publication, Mumbai.
9. A Text Book of fiber Science and Technology(2000); Mishra S.P; New Age International Publishers, New Delhi.
10. Technology of Textile Processing (2000); Shenai V.A; Vol. IX Sevak Publication, Mumbai.
11. Elements of fiber science (2002); Murphy W.S; Abhishek Publication; Chandigarh.
12. Fiber Science And Technology (2000); Nakamura A; Oxford & IBH Publishing Co. Pvt. Ltd. New Delhi.
13. Manmade Fibers; Moncrieff; Newness Buffer Worths
14. Textile fibers and their use; Hess (1996);, Oxford & IBH Publishing Co. Pvt. Ltd., Bombay.
15. Introduction to textiles(1980); Cowan Mary ,L. Jungerman; D.B. Taraporwala
16. Introduction to textiles (1970); Stout.; John Wiley and Sons, Inc, New York.
17. Modern Textiles (1997); Dorothy Lyle; John Wiley and Sons, Inc, New York.

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL29 TEXTILE DYES

Theory

Credits: 2

PD/WK: 2

Marks: 50

OBJECTIVES:

1. To gain knowledge about dyes used in ancient era.
2. To acquaint students with contemporary industrial textile dyes.

UNIT	CONTENT	WEIGHTAGE
I	Evolution and classification 1. Natural dyes 2. Synthetic dyes 3. Difference between dye and pigment 4. Chromophores, auxochromes & true dyes	20%
II	Dyes, Characteristics & its application on fibers 1. Direct dye 2. Azoic dye 3. Reactive dye 4. Vat dye 5. Sulphur dye 6. Acid dye 7. Metal complex dyes 8. Chrome dyes 9. Disperse dye 10. Basic dyes	40%
III	Auxiliaries used for dyeing 1. Leveling agents 2. Swelling agents 3. Dispersing agents 4. Wetting agents 5. Dye fixing agents	20%
IV	Methods used for dyeing 1. Stock dyeing 2. Top dyeing 3. Yarn dyeing 4. Piece dyeing 5. Dope dyeing 6. Garment dyeing	20%

OUTCOME:

1. Students completing this course will be able to understand the chemistry of dyes in relation to textile fibers and fabrics.
2. Students will also be able to know about dyeing methods, its application and importance & role of auxiliaries used in textile dyeing.

REFERENCES:

1. Textile Science, An Explanation of Fiber Properties(1983); Gohl, E. P. G., & Vilensky L. D; Longman Chesire, Melbourne, 48.
2. Handbook on natural dyes for industrial applications (2007); Vankar, P. S. national institute of industrial research.
3. Industrial dyes: chemistry, properties, applications (2007); Hunger, K. (Ed.) ;John Wiley & Sons.
4. The chemistry and application of dyes (2013); Waring, D. R., & Hallas, G. (Eds.);Springer Science & Business Media.
5. Synthetic dyes (2009); Chatwal, G. R ;Himalaya Publishing House.
6. The Complete Technology Book on Dyes & Dye Intermediates (2003); Board; National institute of industrial research.
7. Color chemistry: syntheses, properties, and applications of organic dyes and pigments (2003); Zollinger, H ; John Wiley & Sons.

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL30 FLAT PATTERN METHODS FOR APPARELS

Practical

Credit: 1

PD/WK: 2

Marks50

OBJECTIVES:

1. To gain knowledge and develop skills in flat pattern methods
2. To develop ability in manipulating the dress design according to trends.

PRACTICAL:

1. Prepare a standard block for teenager (viz., size 30,32,34)
2. Dart Manipulation
 - a. Slash- spread technique –single dart series, two dart series
 - b. Pivotal – transfer technique - single dart series, two dart series
3. Fullness through
 - a. Tuck
 - b. Gathers
 - c. Pleats
4. Contouring
 - a. The Classic Empire –Princess line
5. Types of
 - a. Yoke- V, Round
 - b. Collars – Flat, Chinese
 - c. Sleeves – set –in, Cap, Puff
 - d. Pockets- Patch
6. Prepare any 2 ready –to-use paper patterns according to trends for teenager/ college going girl/ young woman.

OUTCOME:

Learner will develop skill in garment design for people with various figure types.
Students can prepare ready-to-use paper patterns.

REFERENCE:

1. Practical Dress Design (1969); Ervin M.D. ; The Macmillan Company
2. Clothing for Moderns (1970); Ervin, Kinchen ; The Macmillan Company
3. Dress Pattern Designing (1970); Natlie Bray; Crosby Lockwood and Son Ltd., London
4. Clothing Construction (1974); Mansfield Evelyn A., Lucas Ethel L; Houghton Mifflin Company Boston
5. More Dress Pattern Designing (1978); Natlie Bray; Garnate Publishing, London.
6. Encyclopedia of Fashion Details (1987); Ireland Patrick John
7. Flat Pattern Cutting And Modeling For Fashion (1995); Helen Stanley; Thorns (Publishers) Ltd.
8. Pattern Grading For Women’s Clothes (The Technology of Sizing) (1996); Gerry Cooklin; Blackwell Science
9. Fabric for Flat Pattern Cutting (1996); Winefred Aldrich; Blackwell Science
10. Elements of Fashion Design and Apparel Design (2002); Sumathi G.J.; New Age International Publishers, New Delhi
11. Pattern Making For Fashion Design; Armstrong H.J.
12. Flat Pattern Method- Dress Designing; Hill Howl
13. Introducing Pattern Cutting, Grading And Modeling; Goul Bourn ; B.T. Bradford Ltd., London

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04CTCL31 FASHION ILLUSTRATION

Practical

Credits: 2

PD/WK: 4

Marks: 100

OBJECTIVES:

1. To understand fashion illustration
2. To develop skill in fashion drawing

PRACTICAL:

1. Introduction to fashion drawing:
 - a. Fashion glossary
 - b. Scrap book, its importance and maintenance
 - c. Tools and equipment required
2. Sketching the human figure
 - a. Basic figure drawing (Male, female & children)
 - b. Flash figure drawing (Male, female & children)
 - c. Fashion figures in different poses (Male, female & children)
3. Creating different textures and exploring color medias:
Knits, denims, silk, fur, satin, net, brocade, stripes, checks, prints etc.
4. Developing different types of Boards
 - a. Mood Board
 - b. Color Board
 - c. Theme Board
5. Drawing different silhouettes on fashion figure
 - a. Body Fit
 - b. Medium Fit
 - c. Loose Silhouette
 - d. With flare
6. Sketching any two dresses as per trend for
 - a. Casual wear
 - b. Office wear
 - c. Sports wear
 - d. Occasional wear

Application of different mediums of colour to the above dresses

OUTCOME:

1. students will be able to design garments as per design and fashion trend.
2. course will enable skills in fashion drawing & designing.

REFERENCE:

1. Basic Fashion Design (1975); Ireland John Patrick; B.T .Bradford Ltd., London
2. Drawing and Designing Men's wear (1976); Ireland John Patrick, B.T. Bradford Ltd., London
3. The Complete Book of Fashion Illustration (1987); Tate, Edwards; Harper & Row Publications, New York
4. Fashion Drawing- Basic Principles (1993); Allen, Anne & Seaman, Julian; B.T Bradford Ltd., London
5. Encyclopedia of Fashion Details; Ireland John Patrick; B.T .Bradford Ltd., London
6. Handbook of Fashion Designing: Best drafting techniques (1998); Jindal Ritu; Mittal Publication, New Delhi.
7. Fashion Design Illustration; Patrick John Ireland; B.T .Bradford , London
8. Introduction to Fashion Design; Patrick John Ireland; B.T. Bradford , London
9. The Fashion Design Manual (1996); Stecker, Pamela; The Macmillan Company, South Yarra.

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UHO4EHSC01 COUNSELING TECHNIQUES
Theory

Credits: 2

Pd/wk:2

Marks: 50

OBJECTIVES:-

1. To sensitize the students towards the need and value of counselling.
2. To understand the counselling process and its needs.

UNIT	CONTENT	WEIGHTAGE
I	Concept of counselling 1. Meaning 2. Definition 3. Characteristic of Counselor 4. Elements of counselling 5. Principles of counseling 6. Need of counselling	30%
II	1. Goals of counselling 2. Characteristics of an effective counsellor 3. Values in counseling	25%
III	1. The counselling process 2. Techniques of counselling 3. Personal problems & Counselling 4. Counselling for school children	25%
IV	Approaches to counseling 1. Development counseling 2. Reality therapy 3. Rational emotive counseling	20%

OUTCOMES :

1. The student will learn about the importance of counseling in reducing the problems of an individual.
2. They will come to know about counseling techniques.

REFERENCES:

1. R.A.Sharma, Fundamentals of Guidance and Counseling, R. Lall Book Depot, Near Govt, Inter College, Meerut (U.E) 2010
2. Kavita Singh Counseling Skills for Managers, PHI Learning Pvt. Ltd, New Delhi 2010
3. Dr. Ramesh Chararvedi Guidance and Counseling Skills, Crescent, Publishing Corporation New Delhi 2007.
4. Sister Mary Vishala SND Guidance & Counseling. S. Chand & Company Ltd. Ram Nagar, New Delhi 110055, 2008.
5. Dr. B.G. Barki, Dr. B. Mukhopadhyay, Sterling Publishers Pvt Ltd-1989.

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04EHSC02 BASICS OF FASHION
Theory

Credit: 2

PD/WK: 2

Marks: 50

OBJECTIVES:

1. To enable students with concepts of fashion and fashion world.
2. To develop an understanding of the factors affecting fashion and fashion cycle.

UNIT	CONTENT	WEIGHTAGE
I	Introduction to fashion 1. Meaning 2. Terminologies 3. Areas of fashion design	20%
II	1. History of fashion design 2. Fashion life cycle	20%
III	Factors affecting fashion 1. Accelerating fashion 2. Receding fashion 3. Fashion tourism	30%
IV	Theories of fashion change 1. Trickle down theories 2. Trickle up theories 3. Trickle across theories	30%

OUTCOME:

1. The course will enable learner to understand the fashion world.
2. The learner can select her personal clothing as per the fashion

REFERENCE:

1. Introduction to Fashion Design; Patrick John Ireland; B.T. Bradford , London
2. Basic Fashion Design (1975); Ireland John Patrick; B.T .Bradford Ltd., London.
3. Elements of Fashion Design and Apparel Design (2002); Sumathi G.J.; New Age International Publishers, New Delhi
4. Textile Products, Selection, Use & Care(1977) ; Alexander; R.R Houghton Mifflin Co. Boston
5. Grooming Selection & Care(1972) ; Pandit Savitri & Tarpley Elizabeth; Unity Printers, Baroda

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04EHSC03 FIRST AID AND HOME NURSING

Theory

Credits:2

Pd/Wk:2

Marks-50

OBJECTIVES:

To enable the students to understand about first aid and its tricks.
 To create awareness about home nursing.

UNIT	CONTENT	WEIGHTAGE
I	1. Definition of first aid. Qualities of first aider. An ideal First aid kit. 2. Introduction to home nursing. Qualities of a nurse.	10%
II	1. Recent rules and awareness of road accidents. 2. First aid during road accident and our role during road accidents.	15%
III	1. First aid of individual fractures, dislocations, sprains, strains, wound and hemorrhages. 2. First aid of burns, scalds, snakebites, scorpion and rabid dog bites. 3. Foreign bodies in eye, ear, nose and their removal.	15% 15% 15%
IV	1. Respiration - types and methods.	15%
V	1. The sick room: care, preparation, cleaning, ventilation and lighting. 2. Feeding the sick at home.	10% 05%

OUTCOMES:

1. The students will learn to first aid process

REFERENCES:

- G. Shahjadi Begum , S. Anuradha(2014) Textbook of Fundamental of Nursing for GNM First Year ((First Aid & Personal Hygiene) As per Indian Nursing Council (INC) Syllabus) 1st/2014, 1st Edition, Vijayam Publications
- Swapna N. Williamson & Mala Goswami (2014) First Aid and Emergency Care, 3rd Edition, K P H Nursing Books Student Edition.
- Clement I (2012) Textbook on First Aid and Emergency Nursing, 1/e, Jaypee Digital

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04EHSC04 EVENT MANAGEMENT
Theory

Credit: 2

Pd/Wk: 2

Marks: 50

OBJECTIVES:

1. To make them understand the event planning process.
2. To inculcate the management skills required for managing an event effectively.
3. To find out the resources required in the staging of events.

UNIT	CONTENT	WEIGHTAGE
I	1. Introduction to Event Planning a) Basics of Event Planning b) Benefits of Successful and Safe Events 2. Role of an Event Planner a) Tasks Involved in Event Planning b) Skills Required for Event Planner	20%
II	Types of Events 1. Corporate Events : Conferences, Seminars, Meetings, Conventions, Educational or Training Events 2. Leisure Events : Sport Events, Festivals, Concerts, Fashion Shows 3. Private Events : Weddings, Special Party Celebrations,	15%
III	Event Planning Process 1. Establishing a theme 2. Setting objectives 3. Determining the Event Feasibility 4. Preparing an Event Management Plan 5. Key Steps in Event Marketing	35%
IV	Event Budgeting 1. Preparing Budget 2. Monitoring the Budget 3. Budget Review	30%

OUTCOMES:

1. The students can execute a successful event in-line with the needs and requirements of the client.
2. After the completion of the course the students will become a successful event planner.

REFERENCES:

1. Logan Gaspar “A Textbook of Event Management”
2. D.G. Conway “The Event Manager’s Bible: The Complete Guide to Planning and Organising a Voluntary or Public Event”, Viva Books
3. Shannon Kilkenny, “ The Complete Guide to Successful Event”
4. Laura Capell, “Event Management for Dummies”, Willey Publication
5. Alex Genadinik 2015, “Event Planning: Management and Marketing for Successful Events”, Create space Independent Publication

SARDAR PATEL UNIVERSITY
B.SC. (HOME) IV SEMESTER
UH04EHSC05 THERAPEUTIC DIETS

Theory
Credits: 2 Pd/Wk:2 Marks:50

OBJECTIVE:

To aware students with role of nutrition in management of different diseases.

UNIT	CONTENT	WEIGHTAGE
I	Introduction and objectives of therapeutic Nutrition 1. What id Therapeutic Nutrition 2. Where is it Applied 3. Nutritional Supplement 4. Artificial Nutrition 5. Types of Hospital diets- Clear/full liquid diets, soft and blend diets 6. Enteral Nutrition 7. Parenteral Nutrition	20%
II	Allergies and Intolerances 1. Food Allergy 2. Food Intoleranse 3. Dietary Management of Food Allergy and Intolerance 4. Peanut Allergy 5. Milk Allergy (Gluten Enteropathy)	20%
III	Therapeutic Nutrition & Diabetes-Meaning, low carbohydrate diets and Glycaemia Index/load in brief	15%
IV	Therapeutic Nutrition & Heart Disease, Hyperlipidemia and Arteriosclerosis- Dietary Fat & Cholesteroland other dietary Factors	15%
V	Renal/Kidney Conditions- Eating the right amount of Energy 1. Fluid Restrictions 2. Sodium Restrictions 3. Diet & Kidney Stones	15%
VI	Restricted and high residue diet- in prescribed conditions	15%

OUTCOME:

1. The course will help to understand the importance of dietary modification for different types of patients.
2. Students will get familiar with the basic definitions of common therapeutic diets.

REFERENCE:

1. Joshi S.A.(1992)Nutrition and Dietitics Tata Mc Graw Hill Publications New Delhi
2. Anderson, L,Dibble, M.U. Turkki,P.R.Mitchell, H.S. and Rynbergin, H.J.(1982) Nutrition In Health and Disease 17th ed,J.B.Lippincott & Co. Philadelphia.
3. Antia, F.P.(1973) Clinical Dietitics and nutrition 2nd ed,Oxford University press New Delhi.
4. Mahan, L.K.Arli, M.T.(1992) Krause Food nutrition and Diet Therapy 8th ed. W.B. Saunders Co. London.
5. Robinson,C.H.Lawer, M.R.,Chenoweth,W.L.and Garwlic, A.E.(1986)normal and therapeutic nutrition 17th ed. Mac.Millsn Publishing Co.
6. Williams S.R.(1989)Nutrition and Diet therapy 6th ed. Tumes mirror/Mobsy College publishing St.Louis.
7. Raheena Begum (1989) A Text book of Food Nutrition and Dietitics Sterling Publisher New Delhi.