

**SARDAR PATEL UNIVERSITY, VALLABH VIDYANAGAR**

**B.Sc. Home Science**

**(Under Choice Based Credit Scheme)**

**Semester - FOURTH (Family Resource Management)**

IN EFFECT FROM : 2019-2020

Sr. No.	Course Type	Course Code	Name of Course	Theory (T) Practical (P)	Credit	Contact hrs/ week	Exam Duration in hrs	Marks		
								Internal	External	Total
1	Foundation Courses	UH04FCOM21	Communication Process In Development	T	3	3	3	30	70	100
2		UH04FCOM22	Communication Process In Development	P	1	2	3	15	35	50
3	Core Courses	UH04CFRM23	Fundamentals of Interiors & Furnishing (FRM & GEN.)	T	2	2	2	15	35	50
4		UH04CFRM24	Fundamentals of Interiors & Furnishing (FRM & GEN.)	P	1	2	3	15	35	50
5		UH04CFRM25	Residential Space Design	T	3	3	3	30	70	100
6		UH04CFRM26	Residential Space Design	P	2	4	3	30	70	100
7		UH04CFRM27	Household Equipment	T	3	3	3	30	70	100
8		UH04CFRM28	Household Equipment	P	1	2	3	15	35	50
9		UH04CFRM29	Front Office Management	T	2	2	2	15	35	50
10		UH04CFRM30	Front Office Management	P	1	2	3	15	35	50
11		UH04CFRM31	Internship	P	3	6	3	150	-	150
<b>Elective Courses (Any One 12,13,14,15)</b>										
12	Elective Courses	UH04EHSC01	Counselling Technique	T	2	2	2	15	35	50
13		UH04EHSC02	Basics of Fashion	T	2	2	2	15	35	50
14		UH04EHSC03	First Aid and Home Nursing	T	2	2	2	15	35	50
15		UH04EHSC04	Event Management	T	2	2	2	15	35	50
16		UH04EHSC05	Therapeutic Diets	T	2	2	2	15	35	50
<b>Total</b>					<b>24</b>	<b>33</b>		<b>375</b>	<b>525</b>	<b>900</b>

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**FOUNDATION COURSE**  
**UHO4FCOM21 COMMUNICATION PROCESS IN DEVELOPMENT**

**Theory**  
**Credit: 3 Pd/Wk: 3 Marks: 100**

**OBJECTIVE:**

1. To make the students understand the importance of communication in their day to day life
2. To acquaint the students with the types of communication and process of communication.
3. To shape the students future as a better citizen in the social networking.

<b>UNIT</b>	<b>CONTENT</b>	<b>WEIGHTAGE</b>
I.	Concepts of development communication Meaning and importance need of communication in development, Purpose and characteristics of communication, Existing patterns and types of communication, Role of communication in development and social change, Effective communication in Home Science.	30%
II	Communication Process One-way and two-way or interactive communication, Gaps in communication or distortions in transmission of message and their causes, Importance of two-way communication, Basis for effective, interactive, communication critical reflection of one-self in communication, Attitude of respect for others, Distinctions between information dissemination, Education and propaganda, Communication on educational process.	30%
III	Methods of Communication in Development methods to reach Individuals: (A) Personal conference, Interview, House visits, Exhibits, Clinics to solve individual problems of consultations, Methods to reach small groups, Illustrated lecture ,Group discussion a. Fish bowl b. Small group (B) Stimulation Exercises , Trust – building in groups, Co-operation, Affirmative environment creation , Role plays, Demonstrations, Workshops, Camps , Methods to reach masses, Radio announcements / programmes, Newspaper stories, Posters, exhibits in strategic plans, Video, films, Television programmes , Letters, folders and pamphlets, Public meetings, Selection and effective use of methods.	20%

#### IV Media for developments communication:

20%

- (A) Folk media, Songs, Stories, Street – theatre, Games, Arts, Riddles – proverbs, Puppet, Print media, Posters, Pamphlets, leaflets, Newspapers – articles, stories, Periodicals – articles, stories, songs, Books, Cartoons, Audio/visual, audio-video media, Audio – tapes, radio broadcasts, Slides, pictures, drawings, photographs etc., Video, telecasts, Films – documentary features
- (B) Selection preparation and effective use of media in development, education and evaluation of the effectiveness of the media

#### OUTCOMES:

1. Improved personal relations with immediate and extended communication.
2. Students will function more effectively & assertively in public and work environment..
3. Students will be able to identify their strengths & weaknesses and improve on weakness.
4. Students will be better equipped to use media in their professional endeavors.

#### REFERENCES:

1. Media and Methods of Education by Dr. Sita Ram Sharma
2. Mass Communication in India by Keval J. Kumar
3. Media and Communication Management by C.S.Rayudu
4. Designing Messages for Development Communication: An Audience Participation Based Approach by Bella Mody
5. Mass Media and Communication by Narendra Ojha  
Education and Communication for Development 2<sup>nd</sup> edition: by O.P. Dharma and O.P Bhatnagar.

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**FOUNDATION COURSE**  
**UHO4FCOM22 COMMUNICATION PROCESS IN DEVELOPMENT**

**Credits:1**    **Practical**  
**Pd/Wk:2**    **Marks:50**

**OBJECTIVES:**

1. To Develop skill for mass communication
2. To prepare effective communication aids
3. To develop an ability to communicate in various situations.
  
1. Communication methods for rural and urban communities.
  - a. Making charts / posters / cartoons
  - b. Preparing leaflets / folders
  - c. Preparing slides for power point Presentation
  
2. Demonstration methods / techniques or any innovative method for
  - a. Communication.
  - b. Preparing scripts for role play/ street play/ puppet shows /Radio and T.V talk show
  - c. Preparing puppets for puppet show
  
3. Organizing an exhibition of various products related to their respective fields.
  
4. To sensitize the students about the power of various media.
  - a. Print media
  - b. Electronic media



- 3. Ceiling :**
- a. Importance
  - b. Materials and finishes used on ceiling
- IV. Importance of lighting in Interiors** 15%
- 1. Importance
  - 2. Types
    - a. Natural
    - b. Artificial—fluorescent, incandescent, coloured
  - 3. Lighting fixtures
  - 4. Lights used for different rooms
- V. Accessories:** 20%
- a. Importance & selection of different types of accessories
  - b. Placement of accessories
  - c. Types of accessories
  - d. Japanese Flower Arrangements

**OUTCOME:**

1. The students will learn to become an entrepreneur.
2. They would also acquire the knowledge of various furnishings and furniture material and arrangement.
3. The course will help the students to understand the concepts and use of fundamentals of art & design.
4. Students will develop skills of flower arrangement.

**REFERENCES:**

1. Anna. Hong Rutt (1948) "Home Furnishing", John Willey and Sons. New York.
2. Bhatt Pranav, Goenker Shentika (1990) "Foundation of Art And Design", The Lakhani Book Depot, Bombay
3. Crag Hazel and Rush Day (1952) "Homes with Character", Boston D.C. Heath and Company.
4. Ogle N., Srinivasan K., Vargheese M.A. (1996), "Home Management", New Age International Ltd, New Delhi.
5. The Educational Planning Group Delhi (1993), "Home management" Arya Publishing House, New Delhi.
6. Gandotra V., Shukul M., Jaiswal N., (2011), "Introduction to Interior Design and Decoration", Dominant Publishers and Distributors New Delhi-110002

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER (FRM+GEN)**

**UH04CFRM24 FUNDAMENTALS OF INTERIORS AND FURNISHINGS**

<b>Credit:01</b>	<b>Practical</b> <b>Pd/Wk: 02</b>	<b>Marks: 50</b>
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1. Draw furniture with standard dimensions
2. Furniture layout of living, dining, kitchen, and bedroom
3. Drawings of joints
4. Flower arrangements (Japanese)
5. Market Survey for availability of different furnishing materials
6. Preparing any one accessory

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04CFRM25 RESIDENTIAL SPACE DESIGN**

**Theory**  
**Credit:03 Pd/Wk: 03 Marks: 100**

**OBJECTIVES:**

1. To gain knowledge of planning principles for designing residential spaces
2. To acquaint them with factors affecting choice of housing
3. To develop ability of understanding various interior and exterior plans.
4. To inculcate the skill in the students to plan beautiful and harmonious exteriors.

<b>UNIT</b>	<b>CONTENT</b>	<b>WEIGHTAGE</b>
I	Importance of space in residential buildings <ol style="list-style-type: none"><li>1. Functions of house</li><li>2. Classification of residential buildings</li><li>3. Factors influencing selection of housing<ol style="list-style-type: none"><li>a. Family needs</li><li>b. Income</li><li>c. Space requirement for various activities</li><li>d. Housing values</li><li>e. Availability of housing</li></ol></li></ol>	20%
II	Housing Decisions <ol style="list-style-type: none"><li>1. Renting and owning a house</li><li>2. Buying a new house</li><li>3. Buying existing house</li><li>4. Building a house<ol style="list-style-type: none"><li>a. House Planning</li><li>b. Selection of site</li><li>c. Building byelaws</li><li>d. Types of plans</li></ol></li></ol>	20%
III	<ol style="list-style-type: none"><li>1. Basic principles of interior space planning: Aspect. Prospect. Privacy, Grouping, Roominess, Furniture requirements, Sanitation, Flexibility, Circulation</li><li>2. Basic principles in exterior space planning: Line, Form, Texture, Colour, Variety, Repetition, Balance, Emphasis, Fragrance, Character, Harmony.</li></ol>	35%



- |    |  |     |
|----|--|-----|
| IV | Exterior space design elements:<br>Water, Rocks, Roads and Pathways, Arches and Bridges,<br>Lawns, Plant containers and stands, Outdoor Garden Rooms,<br>Outdoor Furniture, Light and Sound Effects, Children's<br>playground, Greenhouse and Glasshouse | 15% |
| V  | Housing finance schemes :<br>1. Government<br>2. Semi government<br>3. Private   | 10% |

**OUTCOME :**

1. After the completion of this course the student should be able to clearly classify types of building and confidently take various decisions related to housing.
2. They can apply the principles of interior and exterior space design while making or evaluating the house plans.

**REFERENCES:**

1. Deshpande R.S.(1997) "Build your own Homes" United Book Corp, Poona.
2. Deshpande R.S.(1978) "Modern ideal homes for Indians", United Book Corp.
3. Bindra S P & Arora S P(2003) "Building Construction", Ganpatrai Pub, New Delhi.
4. Ressie Agan M.S.1970 "The house its plan and use", Oxford & IBH pub.co, New Delhi.
5. "Budget wise House Plans" pub, House plan Headquarters Inc. 48 Street New York. 10036.
6. "Money saving House Plans" 85 & 87 Houseplan Head Quarters, Inc 48 West Street New York.
7. Deshpande R. S.(2000) "House of Middle Class Family", Rangwala S.C. "Town planning" Charotar Pub House, Anand.
8. Ruth F Sherwood (1972) "Homes today and tomorrow" ChesAbenettCo.Inc, Peoria.
9. Michael Wright, "The Complete Book of Gardening", Published by Ebury Press.
10. S. Percy. Lancaster (1977), "Gardening in India", Published by Oxford and IBH Publishing Co. Pvt. Ltd.
11. Peter Mchay (1987) "Anatomy of Garden", Published by Wendward.
12. Trivedi P.P (1983) "Home Gardening" Published by ICAR, New Delhi.

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04CFRM26 RESIDENTIAL SPACE DESIGN**

**Practical**

**Credit:02**

**Pd/Wk:04**

**Marks: 100**

1. Collection of various pictures of space design and their evaluation according to the principles.
2. Draw architectural blue print symbols used in house plans for exterior and interior space design.
3. Drawing floor plans of houses for different income groups.
4. Visits to some beautiful gardens and draw the drawings of the same.
5. Visit to nursery to get the knowledge about various plants, flowers, shrubs and hedges to be used for exterior space.
6. Drawing plans of exterior space for various places. Collecting information on different elements of exterior space design.

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04CFRM27 HOUSEHOLD EQUIPMENT**  
**Theory**

**Credit: 03**

**Pd/Wk: 03**

**Marks: 100**

**OBJECTIVES:**

1. To gain an insight of selecting factors for purchasing the household equipment.
2. Learn to identify various materials, finishes, construction and finishes used in manufacturing household equipments.
3. To make the students understand basic terms and concepts about electricity.
4. To make them understand the principles, use, care and maintenance of electrical and non electricalequipments used in home.
5. To familiarize them with the importance and process of standardization.

UNIT	CONTENT	WEIGHTAGE
I	Importance and selection of Household Equipment <ol style="list-style-type: none"> <li>1. Definition and importance</li> <li>2. Factors affecting selection of equipments.</li> <li>3. Base materials-aluminum, iron, stainless steel, copper, brass, glass and plastic</li> <li>4. Finishes-mechanical and applied</li> <li>5. Insulating materials- Fiber, glass, mica, mineral wool, rock wool etc.</li> </ol>	20%
II	Basic facts about Electricity <ol style="list-style-type: none"> <li>1. Current, Resistance, Voltage, Power, Energy</li> <li>2. Different types of motors, Thermostatic control</li> <li>3. General precautions while using electrical appliances.</li> </ol>	10%
III	Kitchen Cookware and Essentials (Non-electrical equipment) <ol style="list-style-type: none"> <li>1. Surface cookery</li> <li>2. Oven cookery</li> <li>3. Kitchen essentials</li> </ol>	15%
IV	Electrical Equipment: Scientific Principle , Construction, Cleaning and Care <ol style="list-style-type: none"> <li>1. Cooking equipment: Sandwich maker, toaster, microwave oven, food processor, refrigerator, ice-cream maker, flour mill, rice cooker, coffee maker, Air fryer, induction cooktop etc.</li> <li>2. Cleaning equipment : Vacuum cleaner, Dish washer</li> <li>3. Laundry equipment : Washing machine, Iron</li> </ol>	35%

V Standardization

10%

1. Need and importance.
2. Process of standardization

**OUTCOME:**

After completion of this course the students will be able:

1. To identify the materials and finishes used in the household equipments.
2. To understand the basic concepts of electricity and the scientific principle of the equipments.
3. To operate and take care of the equipments effectively.

**REFERENCES:**

1. Peet and picket, “Young homemaker’s Equipment Guide”, The IOWA State University press.
2. Peet, picket and Arnold “House Hold Equipment Guide”, The IOWA State University press.
3. Jagjit Kaur Dhesi “ Improving the Household Equipment”.
5. આચાર્ય મંજરી, “ ગૃહઉપકરણોની ઓળખાણ” દીપ પ્રકાશન, વિદ્યાનગર

**SARDAR PATEL UNIVERSITY  
B.SC. (HOME) IV SEMESTER  
UH04CFRM28 HOUSEHOLD EQUIPMENT**

**Practical**

**Credit: 01**

**Pd/Wk:02**

**Marks: 50**

1. Classification of equipment.
2. Identify materials, finishes, and joints used in non-electrical equipment.
3. Demonstration and use of various electrical equipment available in the lab.

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UHO4CFRM29 FRONT OFFICE MANAGEMENT**

**Theory**

**Credits: 2**

**Pd/Wk: 2**

**Marks: 50**

**OBJECTIVES:**

To enable the students to

1. Understand the organizational procedure of the front office.
2. Comprehend the functions of front office.
3. Develop effective communication skills and the art of dealing with People.

<b>UNIT</b>	<b>CONTENT</b>	<b>WEIGHTAGE</b>
<b>I</b>	<b>Introduction</b> 1. Importance of the hospitality industry and its relationship to tourism. 2. Classifications of hotels. 3. Major departments and Management of a hotel 4. Types of room and Numbering of rooms 5. Types food plans. 6. Tariff structure and basis of charging tariff. 7. Communication of front office with other departments.	<b>20%</b>
<b>II</b>	<b>Front Office Organization and Operation</b> 1. Basic terminology 2. Organizational structure 3. Layout, equipment and furniture 4. Duties of front office personnel 5. Attributes of front office personnel.	<b>30%</b>
<b>III</b>	<b>Hotel Guests</b> 1. Types of Guests and their needs. 2. The guest cycle. 3. Interaction between guest and front office personnel. 4. Information center	<b>10%</b>
<b>IV</b>	<b>A. Reservation</b> 1. Modes of room reservation. 2. System of room reservation 3. Recording room reservation. 4. Filing system.	<b>15%</b>

**B. Reception**

25%

1. Expected arrival and departure list.
2. VIP procedure.
3. Functions of all room rack and mail rack.
4. Change of guest room.
5. Key handling and control.
6. Preparing various reports
7. Rules regarding foreign currency.

**OUTCOME:**

1. At the end of the course, the students are expected to establish knowledge and skills of the Front Office Management operation.
2. The students would understand the vital role of Front Office Management in the hotel operation, customer service relation, and revenues.

**REFERENCES:**

1. Anutosh Bhakta, Professional Hotel Front Office Management, Publisher: Tata McGraw Hill Education Private Ltd., New Delhi
2. Sudhir Andrews, Hotel Front Office: Training Manual, Publisher: Tata McGraw Hill Education Private Ltd., New Delhi
3. Peter Abbot and Sue Lewry, Front Office-Procedures, social skills, yield and management, Publisher: Elsevier Private Ltd. Lajpat Nagar-IV, New Delhi

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04CFRM30 FRONT OFFICE MANAGEMENT**

**Credit: 1**

**Practical**  
**Pd/Wk: 2**

**Marks: 50**

1. To acquire Telephone etiquettes and manners for front desk.
2. Learn to fill up various forms and its purpose:
  - a) Registration Card
  - b) Reservation Form
  - c) Amendment/ Move notification Slip
  - d) Cancellation Slip
  - e) Arrival/departure notification slip
  - f) Key control slip
  - g) Change of room
  - h) VIP amenities voucher
  - i) Miscellaneous charge voucher
  - j) Message slip
3. Role play on:
  - a) Welcoming of guest
  - b) Taking Reservation
  - c) Arrivals of the guest
  - d) Luggage handling
  - e) Message and mail handling
4. Preparing a report on currency of different countries.
5. Training on computer software related to Front Office Management
6. Visit to Hotel / Resort.

**SARDAR PATEL UNIVERSITY  
B.SC. (HOME) IV SEMESTER**

**UH04CFRM31 INTERNSHIP**

**Credit: 03**

**Practical  
PD/WK: 06**

**Marks: 150 (Internal)**

**OBJECTIVES:**

1. To provide students with practical experience in institutions.
2. To develop skills to apply their acquired knowledge into practice

**COURSE CONTENT**

The students will be placed in a agency/institutions/industry for a period of 15 days for intensive work experience.

1. Hotels
2. Resorts
3. Small scale entrepreneurs
4. NGOs/VCOs
5. Architects
6. Interior designer
7. Industries related to furnishings and accessories.

**Evaluation** will be done on the basis of report writing, agency's evaluation and seminar.

*The internship will be conducted during summer vacations.*



**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UHO4EHSC01 COUNSELING TECHNIQUES**

**Theory**

**Credits: T2**

**Pd/wk: 2**

**Marks: 50**

**OBJECTIVES:-**

1. To sensitize the students towards the need and value of counselling.
2. To understand the counselling process and its needs.

<b>UNIT</b>	<b>CONTENT</b>	<b>WEIGHTAGE</b>
I	Concept of counselling 1. Meaning 2. Definition 3. Characteristic of Counselor 4. Elements of counselling 5. Principles of counseling 6. Need of counselling	30%
II	1. Goals of counselling 2. Characteristics of an effective counsellor 3. Values in counseling	25%
III	1. The counselling process 2. Techniques of counselling 3. Personal problems & Counselling 4. Counselling for school children	25%
IV	Approaches to counseling 1. Development counseling 2. Reality therapy 3. Rational emotive counseling	20%

**OUTCOMES :**

1. The student will learn about the importance of counseling in reducing the problems of an individual.
2. They will come to know about counseling techniques.

**REFERENCES:**

1. R.A.Sharma, Fundamentals of Guidance and Counseling, R. Lall Book Depot, Near Govt, Inter College, Meerut (U.E) 2010
2. Kavita Singh Counseling Skills for Managers, PHI Learning Pvt. Ltd, New Delhi 2010
3. Dr. Ramesh Chatarvedi Guidance and Counseling Skills, Crescent, Publishing Corporation New Delhi 2007.
4. Sister Mary Vishala SND Guidance & Counseling. S. Chand & Company Ltd. Ram Nagar, New Delhi 110055, 2008.
5. Dr. B.G. Barki, Dr. B. Mukhopadhyay, Sterling Publishers Pvt Ltd-1989.

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04EHSC02 BASICS OF FASHION**

**Theory**

**Credit: 02**

**PD/WK: 02**

**Marks: 50**

**OBJECTIVES:**

1. To enable students with concepts of fashion and fashion world.
2. To develop an understanding of the factors affecting fashion and fashion cycle.

<b>UNIT</b>	<b>CONTENT</b>	<b>WEIGHTAGE</b>
I	Introduction to fashion 1. Meaning 2. Terminologies 3. Areas of fashion design	20%
II	1. History of fashion design 2. Fashion life cycle	20%
III	Factors affecting fashion 1. Accelerating fashion 2. Receding fashion 3. Fashion tourism	30%
IV	Theories of fashion change 1. Trickle down theories 2. Trickle up theories 3. Trickle across theories	30%

**OUTCOME:**

1. The course will enable learner to understand the fashion world.
2. The learner can select her personal clothing as per the fashion

**REFERENCE:**

1. Introduction to Fashion Design; Patrick John Ireland; B.T. Bradford , London
2. Basic Fashion Design (1975); Ireland John Patrick; B.T .Bradford Ltd., London.
3. Elements of Fashion Design and Apparel Design (2002); Sumathi G.J.; New Age International Publishers, New Delhi
4. Textile Products, Selection, Use & Care(1977) ; Alexander; R.R Houghton Mifflin Co. Boston
5. Grooming Selection & Care(1972) ; Pandit Savitri & Tarpley Elizabeth; Unity Printers, Baroda

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04EHSC03 FIRST AID AND HOME NURSING**

**Theory**

**Credits:T2**

**Pd/Wk:2**

**Marks:50**

**OBJECTIVES:**

To enable the students to understand about first aid and its tricks.

To create awareness about home nursing.

UNIT	CONTENT	WEIGHTAGE
I	1. Definition of first aid. Qualities of first aider. An ideal First aid kit.	10%
II	2. Introduction to home nursing. Qualities of a nurse. 1. Recent rules and awareness of road accidents. 2. First aid during road accident and our role during road accidents.	15%
III	1. First aid of individual fractures, dislocations, sprains, strains, wound and hemorrhages. 2. First aid of burns, scalds, snakebites, scorpion and rabid dog bites. 3. Foreign bodies in eye, ear, nose and their removal.	15% 15% 15%
IV	1. Respiration - types and methods.	15%
V	1. The sick room: care, preparation, cleaning, ventilation and lighting. 2. Feeding the sick at home.	10% 05%

**OUTCOMES:** The students will learn to first aid process

**REFERENCES**

- G. Shahjadi Begum , S. Anuradha(2014) Textbook of Fundamental of Nursing for GNM First Year ((First Aid & Personal Hygiene) As per Indian Nursing Council (INC) Syllabus) 1st/2014, 1<sup>st</sup> Edition, Vijayam Publications
- Swapna N. Williamson & Mala Goswami (2014) First Aid and Emergency Care, 3<sup>rd</sup> Edition, K P H Nursing Books Student Edition.
- Clement I (2012) Textbook on First Aid and Emergency Nursing, 1/e, Jaypee Digital

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04EHSC04 EVENT MANAGEMENT**

**Theory**

**Credit: 2**

**Pd/Wk: 2**

**Marks: 50**

**OBJECTIVES:**

1. To make them understand the event planning process.
2. To inculcate the management skills required for managing an event effectively.
3. To find out the resources required in the staging of events.

UNIT	CONTENT	WEIGHTAGE
I	1. Introduction to Event Planning a) Basics of event planning b) Benefits of successful and safe Events 2. Role of an event planner a) Tasks involved in event planning b) Skills required for event planner	20%
II	Types of Events 1. Corporate Events : Conferences, Seminars, Meetings, Conventions, Educational or Training Events 2. Leisure Events: Sport Events, Festivals, Concerts, Fashion Shows 3. Private Events: Weddings, Special Party Celebrations.	15%
III	Event Planning Process 1. Establishing a theme 2. Setting objectives 3. Determining the event feasibility 4. Preparing an event management plan 5. Key steps in event marketing	35%
IV	Event Budgeting 1. Preparing budget 2. Monitoring the budget 3. Budget review	30%

**OUTCOMES:**

1. The students can execute a successful event in-line with the needs and requirements of the client.
2. After the completion of the course the students will become a successful event planner.

**REFERENCES:**

1. Logan Gaspar “A Textbook of Event Management”
2. D.G. Conway “The Event Manager’s Bible: The Complete Guide to Planning and Organising a Voluntary or Public Event”, Viva Books
3. Shannon Kilkenny, “The Complete Guide to Successful Event”
4. Laura Capell, “Event Management for Dummies”, Willey Publication
5. Alex Genadinik 2015, “Event Planning: Management and Marketing for Successful Events”, Create space Independent Publication

**SARDAR PATEL UNIVERSITY**  
**B.SC. (HOME) IV SEMESTER**  
**UH04EHSC05 THERAPEUTIC DIETS**

**Theory**  
**Pd/Wk:2**

**Credits: 2**

**Marks:50**

**OBJECTIVE:**

To aware students with role of nutrition in management of different diseases.

UNIT	CONTENT	WEIGHTAGE
I	Introduction and objectives of therapeutic Nutrition a) What id Therapeutic Nutrition b) Where is it Applied c) Nutritional Supplement d) Artificial Nutrition e) Types of Hospital diets- Clear/full liquid diets, soft and blend diets f) Enteral Nutrition g) Parenteral Nutrition	20%
II	Allergies and Intolerances a) Food Allergy b) Food Intoleranse c) Dietary Management of Food Allergy and Intolerance d) Peanut Allergy e) Milk Allergy (Gluten Enteropathy)	20%
III	Therapeutic Nutrition & Diabetes-Meaning, low carbohydrate diets and Glycaemia Index/load in brief	15%
IV	Therapeutic Nutrition & Heart Disease, Hyperlipidemia and Arteriosclerosis- Dietary Fat & Cholesteroland other dietary Factors	15%
V	Renal/Kidney Conditions- Eating the right amount of Energy a) Fluid Restrictions b) Sodium Restrictions c) Diet & Kidney Stones	15%
VI	Restricted and high residue diet- in prescribed conditions	15%

**OUTCOME:**

1. The course will help to understand the importance of dietary modification for different types of patients.
2. Students will get familiar with the basic definitions of common therapeutic diets.

**REFERENCE:**

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