

SARDAR PATEL UNIVERSITY
Programme: B.Sc (Home Science)
Semester: IV
(Human Development)
Syllabus with effect from: November/December-2012

Practical

Paper Code:UH04CHUD03	Total Credit: 1
Title Of Paper: Physical Growth And Health	

	Description in detail	
1	Anthropometrics measurements Height, Weight, Head and Chest circumference Bicep.	
2	Growth assessment and plotting the growth chart.	
3	Planning various complementary foods.	
4	Interviewing mother on feeding and complementary food practices.	
5	Evaluation of aganwadi centers with references to assessing programme related to health & nutrition	
6	Organizing recreational programmes to promote mental health for various stages of life.	

