

SARDAR PATEL UNIVERSITY
Programme: B.Sc (Home Science)
Semester: IV
(Human Development)
Syllabus with effect from: November/December-2012

Theory

Objectives:-

- To understand the concepts of Growth , Development and Health
- To provide information about various parameters used to assess growth, health & nutrition status.
- To provide information about various factors influence physical growth & health.
- To gain an insight the health & nutritional needs of child.

Paper Code:UH04CHUD02	Total Credit: 2
Title Of Paper: Physical Growth & Health	

Unit	Description in detail	Weighting (%)
I	Definition of growth, development and factors influencing growth and development. Definition and Dimension of health and factors influencing health. Assessment of child's health status.	20%
II	Programmes for promoting child's health (ICDS)	20%
III	Maternal health care. Lactation: - Importance of breastfeed, complimentary food. Nutritional deficiency diseases. At risk Infants Care and management of malnourished child Minor-ailments in children & management of childhood diseases like diarrhoe and upper respiratory infection. Pattern of mortality and morbidity in children. Growth monitoring and promotion. Immunization	35%
IV	Health care during. Middle childhood Adolescence Geriatric care Coping strategies	25%

Basic Text & Reference Books

- Shanti ghosh,(1976).”The feeding and care of infant and young children” UNICEF, Scar, New Delhi.
- D.B.Jelliffe,(1975). “Child health in tropics” IVth Edition. The English language book society and Edward Arnold publication ltd. London.
- Park and J.E. Park (). Textbook of preventive and social medicene.13 Ed. Banarsides Bhanot.1167 Prem nager,Jabalpur.
- Various publication of Unicef,Chetana etc.

