SARDAR PATEL UNIVERSITY
Programme: B.Sc (Home Science)
Semester: IV
(Human Development)
Syllabus with effect from: November/December-2012

Objectives:-
- ➢ To understand the need and importance in present context.
- ➢ To acquaint with various guidance procedure.
- ➢ To understand behavioral problems of human-being.

Paper Code:UH04CHUD01	Total Credit: 2
Title Of Paper: Guidance & Counseling	

Unit	Description in detail	Weighting (%)
I	**Meaning of guidance and counseling**. Need of guidance and counseling Scope of guidance and counseling Principles of guidance and counseling Role and qualities of counselor	20%
II	**Types of counseling** Individual counseling Group counseling Counseling in community agencies Community resources as an aid in counseling	15%
III	Educational guidance and vocational guidance	10%
IV	Importance of guiding children Guidance and counseling for parenthood, marriage, Pre-post marital problems, adolescence, vocation and old age. Guidance for parents of young children Behavioral problem and guidance.	30%
V	**Guidance and counseling for parents in the behavioral problems enlist below** Delinquency Aggressiveness Stubbornness Thumb sucking Nail biting Sex perversion Fear and anxiety Hyper activity Euresis	25%

Basic Text & Reference Books

- ➢ Bakri B.G. and Mukhopaddhyay B.(2000) Guidance and Cunseling manual. Sterling publishers private ltd.
- ➢ Sarsawat R.K. and J.S.Gaur, 1994 NCERT Delhi.
- ➢ Lewis E. Patterson and Elizabeth Reynolds Welf V edition .The Counseling Process:1999 Brooks/Cole Thomas Learning, U.S.A.
- ➢ Indu Dave 1989, "Basic Essential of Counseling" Starling pub.pvt.ltd.
- ➢ Vasantha R. Patri, Counseling Psychology, 2001 Author press New Delhi.

- Anthony Grouch (1997), "Inside Counseling " Sage publication, New Delhi.
- Indira madhukar 2000 G "Guidance and Counseling " Author's press New Delhi..Anne Jones, 1987 2nd edition "Counseling adolescents school and after kogan page.London
- Neelam Sood 1997 "Behavior problems in children"