



**SARDAR PATEL UNIVERSITY**  
**Vallabh Vidyanagar, Gujarat**  
**(Reaccredited with 'A' Grade by NAAC (CGPA 3.25)**  
**Syllabus with effect from the Academic Year 2021-2022**

Bachelor of Science - Home Science  
(B.Sc.- H.Sc.) (Home Science) Semester (I)

Course Code	UH01EHSC52	Title of the Course	Practical – National Service Scheme
Total Credits of the Course	02	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none"><li>1. Understand the community in which they work and their relation.</li><li>2. Identify the needs and problems of the community and involve them in problem-solving.</li><li>3. Develop capacity to meet emergencies and natural disasters.</li><li>4. Practice national integration and social harmony.</li></ol>
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Course Content		
Unit	Description	Weightage* (%)
1.	Orientation: history, objectives, principles, symbol, badge	10
2.	Community mobilization-Special camping in Village, Clean India Mission	20
3.	Understanding youth- Organising Workshops, Seminar on Social harmony and National Integration.	20
4.	Citizenship, constitution and human rights- Celebration of Days-Constitution day, Environment day, Consumer Awareness Programmes, Road safety week celebration.	30
5	Health and Hygiene- Nutrition week celebration, Sanitation and Hygiene, First Aid	20

Teaching-Learning Methodology	Practical, Discussion, Guest Lectures
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Evaluation Pattern		
Sr.	Details of the Evaluation	Weightage



No.		
1.	Internal Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Orientation: history, objectives, principles, symbol, badge.
2.	NSS programmes and activities ,Understanding youth , Community mobilization
3	Social harmony and national integration • Citizenship, constitution and human rights

Suggested References:	
Sr. No.	References
1	'National Service Scheme Manual', Government of India.
2	'Training Programme on National Programme scheme', TISS.

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