

**NSS SYLLABUS FOR HONOURS/PASS/GENERAL COURSES**  
(Four Common Semesters)

US01ENSS05 SEMESTER-I  
PAPER-01

Theory Weight - 60  
Practical/Project work - 40

No. of Lectures (35)

- Unit - 01: Introduction and Basic Concepts of NSS (4)**
- a) History, philosophy, aims & objectives of NSS (1)
  - b) Emblem, flag, motto, song, badge etc. (1)
  - c) Organizational structure, roles and responsibilities of various NSS functionaries (2)
- Unit - 02: NSS Programmes and Activities (10)**
- a) Concept of regular activities, special camping, Day Camps (3)
  - b) Basis of adoption of village/slums, Methodology of conducting Survey (2)
  - c) Financial pattern of the scheme (1)
  - d) Other youth prog./schemes of GOI (2)
  - e) Coordination with different agencies (1)
  - f) Maintenance of the Diary (1)
- Unit - 03: Understanding Youth (5)**
- a) Definition, profile of youth, categories of youth (2)
  - b) Issues, challenges and opportunities for youth (2)
  - c) Youth as an agent of social change (1)
- Unit - 04: Community Mobilisation (9)**
- a) Mapping of community stakeholders (3)
  - b) Designing the message in the context of the problem and the culture of the community (1)
  - c) Identifying methods of mobilisation (3)
  - d) Youth-adult partnership (2)
- Unit - 05: Volunteerism and Shramdan (7)**
- a) Indian Tradition of volunteerism (1)
  - b) Needs & importance of volunteerism (2)
  - c) Motivation and Constraints of Volunteerism (2)
  - d) Shramdan as a part of volunteerism (2)

Project work/Practical

40 Marks