

Third B.O.Th. Year
304. PSYCHIATRY

Total hours: 95(Theory: 70 + Clinical: 25)

Theory : 100 marks (Final Exam :70 marks + Internal assessment :30)

COURSE OBJECTIVES:

The student will be able to fulfill with 75% accuracy (as measured by written evaluation) the following objective: They should be able to evaluate common psychiatric condition that are routinely seen by occupational therapist.

- 1) Explain purpose & types of classification of mental disorders.
- 2) Demonstrate techniques of psychiatric assessment viz. Interview & mental status examination
- 3) Describe the etiological factors, symptoms, management of psychiatric conditions such as schizophrenic disorder (all types), brief psychotic disorder, delusional disorder, mood disorders, conversion anxiety disorder, phobias, obsessive compulsive disorders, conversion dissociate reaction, substance related disorders, adjustment disorder, personality disorder, psychosomatic disorders, hypochondria's psychosexual disorders, disorders of infancy, childhood and adolescence, eating elimination disorders, mental retardation, psychiatric emergencies, - suicide, Organic Brain Syndromes psychiatric aspects of AIDS, pervasive mental disorders.
- 4) Explain, various treatment modalities & their indications viz. ECT, chemotherapy, group therapy, behavioural therapy, psychotherapy, cognitive behavioural therapy.

COURSE CONTENTS:

- 1) Psychiatric history, mental status examination
- 2) Classification of mental disorders
- 3) Schizophrenic disorders (all types) brief, psychotic disorder, delusional disorder, schizoaffective disorder, post partum psychosis

Mood disorders other affective disorders.

Organic mental disorders, psychiatric aspects of aids.

Anxiety disorders, phobia, obsessive compulsive, dissociative, conversion disorders
hypochondriasis, post traumatic stress disorders.

Personality disorders. Substance related disorders.

Adjustment & impulse control disorders C.

Psycho-sexual disorders.

Psychological factors affecting medical conditions (psychosomatic disorders)

Psychiatric emergencies suicide

Stress management

Disorders of infancy, childhood & adolescence.

Disruptive behavior disorders, conduct disorder.

Attention deficit & hyperactivity disorder.

Eating disorders, tic disorders elimination disorders.

Affective disorders, child abuse, enuresis.

- 4) Treatment: ECT, chemotherapy, group therapy, psychotherapy, cognitive behavioural therapy, behaviour therapy, Stress management.

Clinical:

Students will have to undergo outdoor and indoor clinical teaching for psychiatric cases. They have to evaluate, present and prepare clinical record of minimum of three cases and obtain signature of teacher from time to time.

Clinics : Schizophrenia, Mood disorders, Anxiety disorders, Conversion, Obsessive compulsive disorders, Dementia, Substance abuse.

BOOK RECOMMENDED:

- 1) Ahuja N. — A short textbook of psychiatry (latest edn.) Jaypee brothers, medical publishers.
- 2) Shah L.P. : handbook of psychiatry
- 3) Gandhi & Gandhi — short text book of psychiatry.