

Fourth B.O.Th. Year

404. OCCUPATIONAL THERAPY IN PSYCHIATRIC CONDITIONS

Total hours: 420 (Theory-60 + Clinics-60 + Clinical Practice-300)

Total marks 200, Theory: 100 + Clinical: 100

Theory- University exam: 70 + Internal assessment: 30

Clinical- University exam: 70 + Term work: 30

COURSE OBJECTIVES :

The student will be able to fulfill with 75% accuracy (as measured by written, oral and clinical evaluation) the following objectives:

1. Describe frames of references used in mental health with reference to Occupational Therapy: Model of Human Occupation, Behavioral, Developmental, Sensory Integrative, Cognitive Disability & Psychoanalytical.
2. Explain and formulate the general and specific objectives of Occupational Therapy.
3. Enumerate and select appropriate assessment tools from variety of instruments available for evaluation of psychiatric patients. In addition the student will be able to evaluate the patients commonly referred from psychiatry.
4. Analyze jobs & activities and prescribe activities for psychiatric patients.
5. Describe various types of therapeutic media and their application in psychiatric occupational therapy such as behavior therapy, projective techniques, industrial activities, social skills-training, group therapy, arts & creative activities, sensory integrative therapy, recent advances.
6. Describe & demonstrate current practices used in assessment; treatment planning and implementation, in acute care and long term management of schizophrenic disorders, mood disorders, dementia, generalized anxiety disorders, phobias, conversion and dissociative reactions, obsessive compulsive disorders, substance related disorders, Psychiatric aspects of AIDS, seizure disorders, psychosomatic and personality disorders, eating disorders, learning disorders, mental retardation and autism.
7. Outline the role of occupational therapy as a team member in various psychiatric setups such as community-care, half way homes, day care centers, sheltered workshops, long term care, psychiatric units of acute care hospitals, child guidance clinics.

COURSE CONTENTS

1. Theoretic basis of occupational therapy : History & development of Psy. **O.T., Frames** of references used in psychiatric occupational Therapy: Model of Human Occupation, Behavioral, Developmental, Sensory Integrative, Cognitive Disability & Psychoanalytical.
2. General and Specific objectives and prescription of psychiatric occupational therapy.
3. Methods of evaluation of psychiatric patient in occupational therapy.
4. Activity & job analysis, meaning of and therapeutic utilization of activities in psychiatric occupational therapy.
5. Types of therapeutic media used in psychiatric occupational therapy, behaviour therapy, projective techniques, industrial activities, arts and creative activities, social skills training, group therapy, sensory integrative therapy, recent advances.

6. Long term and short term occupational Therapy intervention based on current practices
 - a. Schizophrenic disorders.
 - b. Mood disorder
 - c. Dementia
 - d. Generalized anxiety disorders and phobias.
 - e. Conversion and dissociative reaction
 - f. Obsessive compulsive disorders.
 - g. Substance related disorders.
 - h. Psychiatric aspects of AIDS.
 - i. Seizure disorders.
 - j. Psychological factors affecting medical conditions (Psychosomatic conditions) and personality disorders.
 - k. Eating disorders.
 - l. Mental retardation.
 - m. Learning disorders.
 - n. Autism
7. Role of occupational therapists as a team member in .
Community based rehabilitation, half way homes, day care centers, sheltered worksiops, long term care, psychiatric unit of acute care hospitals, child guidance clinic.

BOOKS RECOMMENDED :

1. Willard and Spackman's Occupational Therapy).
2. Occupational Therapy in Short Term Psychiatry by M. Wilson.
3. Occupational Therapy in Long Term Psychiatry by M. Wilson.
4. Occupational Therapy a communication process by G:S. Fidler and J.W. Fidler
5. Quick reference to Occupational Therapy by K. Reed.
6. Occupational therapy and Mental Health by J. Creek
7. Mental Health concepts and techniques for occupational therapy assistant by M. B. Early.