

SARDAR PATEL UNIVERSITY
Programme & Subject: Bachelor of Education (English)
Semester: I
Syllabus with Effect from: June-2010

Paper Code: UE01CBEE09	Total Credit: 2
Title Of Paper: Yoga & Physical Education	

Unit	Description in Detail	Weightage (%)
	Ashtanga Yoga by Patanjali (Theory and Practicals)	80%
	Basic Concepts of Physical Education	20%

