

SARDAR PATEL UNIVERSITY
Programme & Subject: Bachelor of Education (Advanced)
Semester: II
Syllabus with Effect from: June-2010

Paper Code: UE02EBEA01	Total Credit: 2
Title Of Paper: Guidance & Counseling	

Unit	Description in Detail	Weightage (%)
I	Guidance Concepts, Need and Meaning of Guidance. Principles and Procedure of Guidance. Issues and problems of Guidance and role of school in Guidance	25%
II	Areas, Tools & Techniques in Guidance Personal, Educational and vocational Guidance. Tools: Blanks / Records of students Cumulative Record, Rating scale, Psychological tests, Questionnaire and Inventories Techniques in Guidance- Observation, Interview, Sociometry	25%
III	Counseling Concept, Need and Meaning of counseling. Principles and process of counseling Types of counseling-Directive, non-directive and eclectic counseling. Qualities and role of a counselor.	25%
IV	Tools & Techniques in Counseling Individual counseling and Group counseling Counseling for the children with special needs Techniques of counseling-Lectures , discussions and Dramatics Importance of follow-up in counseling Characteristics of the counselee & counselor	25%
Practical (Any One)		
	Interview of a school counselor.	
	Visit to a guidance or counseling centre and write a report.	
	Administration of an individual	

Basic Text & Reference Books:-

- Paterson: Theories of Counselling and Psychotherapy, (Harper, 1989)
- Fruster, J.M.: Psychological counselling in India Mumbai McMillion
- Bordin, E.S.: Psychological counseling IInd Editor, McGraw Hill, 1968
- Osipow, S.M. and Walshow: Behaviour Change in Counselling Readings
- Adams, J.F.: Problems in counselling
- Jones, A.J.: Principles of Guidance, sixth ed., McGraw Hill, New York, 1970
- Mayers, G.E.: Principles and Techniques of vocational Guidance, McGraw Hill, New York
- Humphereys, H.A. and Traxler, Q.E.: Guidance Services, Science Research Associates, Chicago, 1954
- Rao, S.N.: Counselling Psychology Tata McGraw Hill, New Delhi, 1992
- Presricha: Guidance and Counselling in Indian Education, New Delhi, N.C.E.R.T., 1976

