SARDAR PATEL UNIVERSITY Programme & Subject: Bachelor of Education (Advanced) Semester: I Syllabus with Effect from: June-2010

Paper Code: UE01FBEA03	Total Credit: 2
Title Of Paper: Life Skills	Total Credit: 2

Unit	Description in Detail	Weightage (%)
Ι	Introduction to Life Skills	
	Life Skills : Concept and Need	25%
	Types of life Skills and its importance: Overview of Soft skills for quality life	
	UNESCO Delor's Report : Focus on Life skills	
II	Core Life Skills	
	Communication Skills and empathy	25%
	Decision making Skills	
	Problem Solving Skills and Thinking skills	
III	Understanding life Skills for adolescent students	25%
	Life Skills for adolescent students : Concept, need and importance	
	Teaching life skills to adolescent students: techniques and activities	
	Planning activities to teach life skills: Practical work	
IV	Learning and Practicing Core Life Skills: Practical Work	
	Preparing classroom tasks for teaching life skills: 10 tasks	25%
	Presentation of tasks	
	Identifying and Analyzing core life skills from textbooks of Std. VIII to XII.	

