

SARDAR PATEL UNIVERSITY
Programme & Subject: Bachelor of Education
Semester: I
Syllabus with Effect from: June-2013

Paper Code: UE01FBED08	Total Credit: 3
Title Of Paper: Life Skill Education	

Unit	Description in Detail	Weightage (%)
I	Introduction to Life Skills Life Skills: Concept & Need Types of Life Skills & Its Importance: Overview of Soft Skills for Quality Life UNESCO Delor's Report: Focus on Life Skills	30%
II	Core Life Skills Communication Skills & Empathy Decision Making Skills Problem Solving Skills & Thinking Skills	30%
III	Understanding life Skills for Adolescent Students Life Skills for Adolescent Students: Concept, Need & Importance Teaching Life Skills to Adolescent Students: Techniques & Activities Planning Activities to Teach Life Skills: Practical Work	40%

Basic Text Reference Books:

- Hariharan S Soft Skills MJP Publication. Chennai
- James Larry, Life Skills. Embassy Books Distributors, Maharashtra
- Pandey Shivpujan Life Skills for Adeloscents.Global Research Publication, New Delhi
- Gupta R Skills & Difficulties in Modern Education.Mahaxeer & Sons, New Delhi
- ડાભી.કલ્યાણ એસ.શિક્ષણમાં મૂલ્ય અક્ષર પબ્લિકેશન અમદાવાદ
- ત્રિવેદી નર્મદ એચ.મૂલ્ય શિક્ષણ શિક્ષણ સંવર્ધન અભિયાન 'સમન્વય' ગુજરાત રાજ્ય એકમ
- મહેતા દિપક પ્રતાપરાય શિક્ષણનો ભીતર નો ખજાનો,યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ- અમદાવાદ

