## **SARDAR PATEL UNIVERSITY**

Programme: BCOM Semester: III

Syllabus with effect from: JUNE 2012

Paper Code: UB03SCOM01	Total Credit: 3
Title Of Paper: Time Management	Total Creuit. 3

Unit	Description in detail	Weighting (%)
1	Introduction to Time Management	25 %
	Meaning, characteristics, objectives of Time Management	
	Significance of Time Management	
	Ingredients of Time	
	Basic principles	
2	Typical Time Wasters	25 %
	Office environment	
	Meetings – Telephone calls	
	Visitors – Poor delegation	
	Inability to say "No"	
	Internet – Televisions	
	Emotional blocks to Time Management	
3	Time Management Tools	25 %
	Ways to overcome Time Wasters	
	Planning Components and Time Management – objective, policy, programmes,	
	schedule, strategies	
	TIME TECH System	
	Budget – best tools for Time Management	
	How to save time?	
4	Application of Time Management	25 %
	Learning Time Management	
	Practical Experience and games on;	
	Goal Setting	
	Prioritizing	
	Weekly plan	
	Creative Time Management ideas	

## **Basic Text & Reference Books**

- ➤ The seven habits of effective people by Stephen R. Covey Simon, Schuster Publishers,1990
- Managing Time for a Competitive Edge by Bharti R.L., S.Chand
- ➤ Graham Roberts- Phelps, Handbook of Time Management Working Smarter, New Delhi, Crest Publishing Huuse,2003
- ➤ Dr. Jan Yager, Creative Time Management for the New Millennium, Mumbai, Jaico Publishing,2001
- > Gary kroehnert, Taming Time, New Delhi, Tata McGraw Hill Publishing Company Ltd,2004

