SARDAR PATEL UNIVERSITY

Programme: BCOM Semester: V

Syllabus with effect from: JUNE 2013

Paper Code: UB05SCOM07
Title Of Paper: Soft Skills-I

Total Credit: 3

Unit	Description in detail	Weighting (%)
1	Soft Skills: An Introduction	25 %
	What is Soft Skills?	
	Soft Skills – A man made skill	
	Hard Skills v/s Soft Skills	
	Importance of Soft Skills	
	Types of Soft Skills	
	Career and Soft Skills	
	Identification of your Soft Skills	
2	Driving our own growth	25 %
	How to motivate oneself: what is motivation and how to get it?	
	The process of identifying goals	
	Working on self-esteem	
	Values and Attitudes	
	How to overcome doubts and innate fears	
	Importance of persistence	
	Making friends	
	Rediscovering yourself	
3	Learning to prioritize:	25 %
	The importance of managing time and money wisely	
	How to regulate the way you spend time	
	Developing the attitude to work hard	
	How to counter procrastination	
	Enjoying your work	
	Planning work	
	Organizing your work	
	Preparing a blueprint of your priorities	
4	The habit of learning everyday	25 %
	How to identify and develop your talents	
	How to understand your strengths	
	Multiple intelligences	
	Learning styles	
	Types of personality	

Basic Text & Reference Books

- ➤ Shalini Verma, Enhancing Employability @ Sot Skills, Pearson, India.
- > Dr. K. Alex, Soft Skills, S.Chand & Sons, India.
- Asha Kaul, Business Communication, Prentice Hall of India Private Limited, New Delhi, 2002.

