## SARDAR PATEL UNIVERSITY Programme: BCOM Semester: III Syllabus with effect from : JUNE 2019

Paper Code: UB03SCOM21	Total Credit: 3
Title Of Paper: Time Management	Total Credit: 5

Objective: The Objective of this course is to understand the concepts of Time Management. Time Wasters, Time Management Tools and Application of Time Management.

Unit	Description in detail	Weighting (%)
1	Introduction to Time Management	25 %
	Meaning, characteristics, objectives of Time Management	
	Significance of Time Management	
	Fundamental Truths about Time	
	Basic principles of Time Management	
2	Typical Time Wasters	25 %
	Causes of Time Wastage	
	Time Wasters:	
	Office environment,	
	Meetings, Telephone calls,	
	Visitors, Poor delegation,	
	Inability to say "No",	
	Internet, Televisions, Travel.	
3	Time Management Tools	25 %
	Ways to overcome Time Wasters	
	Planning Components and Time Management – objective, policy, programmes,	
	schedule, strategies	
	Budget – best tools for Time Management	
	How to save time?	
4	Application of Time Management	25 %
	Learning Time Management	
	Practical Experience and games on;	
	Goal Setting	
	Prioritizing	
	Weekly plan	

## **Basic Text & Reference Books**

- > The seven habits of effective people by Stephen R. Covey Simon , Schuster Publishers, 1990
- Managing Time for a Competitive Edge by Bharti R.L., S.Chand
- Graham Roberts- Phelps, Handbook of Time Management Working Smarter, New Delhi, Crest Publishing Huuse,2003
- Dr. Jan Yager, Creative Time Management for the New Millennium, Mumbai, Jaico Publishing,2001
- Gary kroehnert, Taming Time, New Delhi, Tata McGraw Hill Publishing Company Ltd,2004
- C.B. Gupta, Management: Theory and Practice by Sultan Chand & Sons, New Delhi

