

SARDAR PATEL UNIVERSITY
Programme: BBA (Honours) (Tourism and Travel Management) (3 Years)
Semester: III
Syllabus with effect from: June-2019
(Under Choice Based Credit System Based on UGC Guidelines)

Paper Code: UM03SBBT22	Total Credits: 3
Title of Paper: Time Management	

Objectives:

In the emerging era of Globalization, there exists heavy pressure of performance and targets. It is observed that at a very elementary level the seriousness towards Time Management is every sphere of life is very important.

Theory:

Unit No.	Description in Detail	Weightage
1	Introduction to Time Management <ul style="list-style-type: none"> • Meaning, Characteristics and Objectives of Time Management • Significance of Time Management • Ingredients of Time • Basic Principles 	25%
2	Typical Time Wasters <ul style="list-style-type: none"> • Office Environment • Meetings – Telephone Calls • Visitors – Poor Delegation • Inability to say “No” • Internet – Televisions • Emotional blocks to Time Management 	25%
3	Time Management Tools <ul style="list-style-type: none"> • Ways to overcome Time Wasters • Planning Components and Time Management – objective, policy, programmes, schedule, strategies • TIME TECH System • Budget – Best Tools for Time Management • How to save time? 	25%
4	Application of Time Management <ul style="list-style-type: none"> • Learning Time Management • Practical Experience and games on; • Goal Setting • Prioritizing • Weekly Plan • Creative Time Management Idea 	25%

Evaluation : Internal : 40 Marks (Theory)
: External: 60 Marks (Theory) – Two Hours Examination

Reference Books:

- The seven habits of effective people by Stephen R. Covey Simon, chuster Publishers,1990
- Managing Time for a Competitive Edge by Bharti R.L., S.Chand
- Graham Roberts- Phelps, Handbook of Time Management Working Smarter, New Delhi, Crest Publishing Huuse,2003
- Dr. Jan Yager, Creative Time Management for the New Millennium, Mumbai, Jaico Publishing,2001
- Gary kroehnert, Taming Time, New Delhi, Tata McGraw Hill Publishing Company Ltd,2004