



BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 03
(Effect from June 2022-2023)

Course Code	UA03CPSY51	Title of the Course	DEVELOPMENTAL PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none"> 1. To equip the learner with an understanding of the concept and process of human Development across the life span 2. To impart an understanding of the various domains of human development 3. To inculcate sensitivity to socio-cultural context of human development
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Course Content		
Unit	Description	Weightage%
1.	Introduction Concept of Human Development, Nature of Human Developmental, Field of Human Developmental.	25%
2.	Periods of Life Span Development Prenatal Development & Birth and Infancy -: Prenatal Growth and Development, Stages of the child's pre- birth development, Stages of the neonate, Affect the pre-birth growth of an infant, Position of the infant at the time of birth . Physiological Growth and development, what is physiological Growth? Anatomical Growth, Physiological Growth, affect the skill development of the child .	25%
3.	Childhood Development Characteristics of childhood, physiological development of childhood, Common Emotional Pattern of childhood,(Phobia, Anger fear, Curiosity, Affection, joy) Emotional Development of childhood, Types of concept during childhood development	25%
4.	Adolescence Development Concept of Adolescence, development of Adolescence,(physical, Mental Emotional Social) Personality Development During Adolescence (psychological need, safety needs, belong ness, & love need, Status need, self-actualization), Physical & mental hygiene of Adolescence, Stress During Adolescence, Causes of stress, effect of stress therapy of stress	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.
2.	Developing an ability to identify the milestones in diverse domains of human development across life stages.
3.	Understanding the contributions of socio-cultural context toward shaping human development.
4.	Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context.

Suggested References:	
Sr.	References
1.	Berk, L. E. (2010). <i>Child Development</i> (9th Ed.). New Delhi: Prentice Hall. Santrock, J. W. (2011). <i>Child Development</i> (13th Ed.). New Delhi: McGraw Hill.
2.	Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of development: The Psychology of Childhood</i> . New York: Psychology Press.
3.	Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). <i>Human development</i> (9th Ed.). New Delhi: McGraw Hill.
4.	Saraswathi, T.S. (2003). <i>Cross-cultural perspectives in Human Development: Theory, Research and Applications</i> . New Delhi: Sage Publications
5.	Santrock, J.W. (2012). <i>Life Span Development</i> (13th ed) New Delhi: McGraw Hill
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com	





BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 03
(Effect from June 2022-2023)

Course Code	UA03CPSY52	Title of the Course	AN INTRODUCTION TO SOCIAL PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1. To help student understand social problems and gain knowledge about Intervention strategies. 2. To understand research methods of social psychology
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Course Content		
Unit	Description	Weightage%
1.	Introduction: Definition, Nature and field of Social Psychology, Relation of social psychology with general psychology and sociology, Special characteristics of social psychology, Uses of social Psychology, Development of Social Psychology in India.	25%
2.	Research methods of Social Psychology Primary Information of methods, Introspection, Observation (its types), Experimental method, Questionnaire, Interview, Projective method, Socio metric, Scaling, Evaluation of research methods of social Psychology	25%
3.	Social interaction Types of social interaction, Modes of interaction, Mechanisms of interaction, Imitation, Suggestion and suggestibility, Sympathy, Identification, Social projection, Social facilitation	25%
4.	Humanisation of the Individual and Social norms, roles and status Definition and meaning of socialization, Some case studies of children without socialization, Contributing factors of socialization, Aspects of Socialization, Meaning and nature of Social norms, Social Roles, definition and Determinants of Social status.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding the basic social psychological concepts and familiarize with relevant methods.
2.	Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc.
3.	Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
4.	Familiarizing with the concepts of social affect and affective processes including people's harming and helping behaviours.

Suggested References:	
Sr.	References
1.	Kloos, B., Hill, j., Thomas, E., Wandersman, Elias, M. J., & Dalton, J.H. (2012). Community psychology: Linking individuals and communities. Wadsworth, Cengage.
2.	Mikkelson, B. (1995). Methods for development work and research: A guide for practioners. New Delhi: Sage.
3.	Schneider, F.W., Gruman, A., Coult, L .M. (Eds.). (2012). Applied social psychology: Understanding and addressing social and practical problems. New Delhi: Sage publications.
4.	Smith, P.B., Bond, M.H., & Kagitcibasi, C. (2006). Understanding social psychology across cultures. New Delhi: Sage Publication
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 03
(Effect from June 2022-2023)

Course Code	UA01CPSY53	Title of the Course	UNDERSTANDING PSYCHOLOGICAL DISORDERS
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<p>1-The paper aims at providing an overview about the concept of abnormality and the clinical picture and dynamics of various psychological disorders.</p> <p>2-This will sensitize the students to information on psychopathology and dispel myths regarding it.</p>
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Course Content		
Unit	Description	Weightage%
1.	Understanding abnormality Definition and criteria of abnormality, Norm of Normal Behaviour, Norm of Abnormal Behaviour, classification (latest edition of DSM & ICD), DSM-IV Clinical Assessment, Difference between \Normal and Abnormal	25%
2.	Introduction to Psychopathology Concept of Psychopathology, Nature of Psychopathology, Symptoms of Psychopathology, Importance and Use of Psychopathology, DSM-IV	25%
3.	Clinical States (a) Anxiety disorders - meaning and types of Phobias, Obsessive Compulsive Disorder, Generalized Anxiety Disorder (Clinical Picture and Dynamics of anxiety disorders) (b) Conversion Disorder (Clinical Picture and Dynamics) (c) Dissociative Identity Disorder (Clinical Picture and Dynamics)	25%
4.	Substance related disorders and eating disorders a) Substance-Related Disorder: Alcohol abuse and Drug abuse Use of psychotomimetic, Medicines, (L.S.D., Tranquilizers, Mescaline) b) Eating disorder: Anorexia Nervosa and Bulimia Nervosa c) Conduct disorders: Speech disorder, Urinal Abnormality (Enuresis), Nail Biting, Compulsive gambling, Tics	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz Case Study
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Developing a foundational knowledge of Clinical Psychology, its historical development (especially w.r.t India) and professional ethics.
2.	Acquiring knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality.
3.	Developing competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.
4.	Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section)

Suggested References:	
Sr.	References
1.	Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach Wadsworth: New York. Brewer, K. (2001). Clinical Psychology. Oxford : Heinemann Educational
2.	Bennett, P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York
3.	Mangal, S. K. (2007). Abnormal Psychology. Sterling Publisher Pvt. Coleman, J. C. (1976). Abnormal Psychology and Modern Life
4.	Kearney, C. A. & Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi : Cengage learning.
5.	અસાધારણ મનોવિજ્ઞાન ડૉ.મહત્તલાલ પટેલબી.યુનિવર્સિટી ત્રય નિર્માણ બોર્ડ અસાધારણ મનોવિજ્ઞાન ડૉ.અમ. અમીન મલીક દવે ગાધી. સી.જ્ઞનાદાસ પ્રકાશન,
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Course Code	UA03GPSY51	Title of the Course	DEVELOPMENTAL PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none"> 1. To equip the learner with an understanding of the concept and process of human Development across the life span 2. To impart an understanding of the various domains of human development 3. To inculcate sensitivity to socio-cultural context of human development
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Course Content		
Unit	Description	Weightage%
1.	Introduction Concept of Human Development, Nature of Human Developmental, Field of Human Developmental.	25%
2.	Periods of Life Span Development Prenatal Development & Birth and Infancy -: Prenatal Growth and Development, Stages of the child's pre- birth development, Stages of the neonate, Affect the pre-birth growth of an infant, Position of the infant at the time of birth . Physiological Growth and development, what is physiological Growth? Anatomical Growth, Physiological Growth, affect the skill development of the child .	25%
3.	Childhood Development Characteristics of childhood, physiological development of childhood, Common Emotional Pattern of childhood,(Phobia, Anger fear, Curiosity, Affection, joy) Emotional Development of childhood, Types of concept during childhood development	25%
4.	Adolescence Development Concept of Adolescence, development of Adolescence,(physical, Mental Emotional Social) Personality Development During Adolescence (psychological need, safety needs, belong ness, & love need, Status need, self-actualization), Physical & mental hygiene of Adolescence, Stress During Adolescence, Causes of stress, effect of stress therapy of stress	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.
2.	Developing an ability to identify the milestones in diverse domains of human development across life stages.
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Course Content		
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2.	Research methods of Social Psychology Primary Information of methods, Introspection, Observation (its types), Experimental method, Questionnaire, Interview, Projective method, Sociometry, Scaling, Evaluation of research methods of social Psychology	25%
3.	Social interaction Types of social interaction, Modes of interaction, Mechanisms of interaction, Imitation, Suggestion and suggestibility, Sympathy, Identification, Social projection, Social facilitation	25%
4.	Humanisation of the Individual and Social norms, roles and status Definition and meaning of socialization, Some case studies of children without socialization, Contributing factors of socialization, Aspects of Socialization, Meaning and nature of Social norms, Social Roles, definition and Determinants of Social status.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding the basic social psychological concepts and familiarize with relevant methods.
2.	Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc.
3.	Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
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2.	Mikkelson, B. (1995). Methods for development work and research: A guide for practioners. New Delhi: Sage.
3.	Schneider, F.W., Gruman, A., Coult, L .M. (Eds.). (2012). Applied social psychology: Understanding and addressing social and practical problems. New Delhi: Sage publications.
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 03
(Effect from June 2022-2023)

Course Code	UA03SPSY51	Title of the Course	BASIC PSYCHOLOGY (Skill Enhancement)
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	1. To introduce students to the basic concepts of the field of psychology. 2. with an emphasis on applications of psychology in everyday life.
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Course Content		
Unit	Description	Weightage%
1.	Unit 2: Thinking Thinking process: Definition of thinking, Types of thinking, Imageless thinking, Defect of thinking, Creative thinking, Investigation methods of thinking process	25%
2.	Unit 3: Feelings and Emotions Meaning of feeling, Nature of feeling, Measurement of feeling, Definition of emotions, Theories of emotions (Cannon –Bard, and James – Lange Theories) Polygraph (Lie detector)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding what psychology is all about.
2.	Appreciation of the scope and the field of psychology.
3.	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain
4.	Developing familiarity with individual level phenomenon such as Intelligence

Suggested References:	
Sr.	References
1.	Baron , R .A. (2 0 0 5) Psychology.Delhi : Pearson education Pte. Ltd .
2.	Morgan , C .T. , King , R .A. , Weisz , J .R . , Schopler, J . (2 0 0 5) Introduction to Psychology. New Delhi :Tata McGraw Hill Publishing Company Limited
3.	Morgan , C .T. (1 9 7 7) A Brief Introduction to Psychology. New Delhi : Tata McGraw Hill Publishing Company Limited
4.	General Psychology Garrate American book co.NewYork
5.	
6.	
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