




BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 06
(Effect from June 2023-2024)

Course Code	UA06CPSY51	Title of the Course	ENVIRONMENTAL PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To develop an understanding of the influence of environment on behavior, cognition, and the Environment on bodily system
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Course Content		
Unit	Description	Weightage%
1.	Introduction to Environmental Psychology & Methods What is Environmental Psychology? Development of Environmental Psychology, Human life and Environmental problems, Needs of psychological factors in Environmental, Characteristics of Environmental Psychology, Goals of Environmental Psychology, Importance and Utility of Environmental Psychology, Observation methods, Self-report method, Analysis of records and documents, Rating scale, Co-relational method, Experimental method, Case study	25%
2.	Environment and Noise ,Personals Space & Interpersonal relationship What is Noise? Harmony with short noise, Importance of noise control, Continuous long term noise, Personals Space,-nearness, Cultural difference, Gender Difference, Physical touch & Care, Inter personal distance, Space & rationality	25%
3.	Social Dimension and Population Density & over Crowding What is social space behaviour? Regional space limit, Distribution of space, Individual space, Areas of Space, Criticism of Hall's thought, Animals and Crowding, People and Crowd effects of Crowding, Experimental research and Crowding, Effect of over Crowding, Physical and Social Crowding, Over Crowding and Urban life.	25%
4.	Environment Stress & Maintaining Environment What is stress? Types of stress, Criteria for Environmental stress, Effect of Environmental stress, Factors of Environmental stress, Techniques to resolve the Environment, Environment learning, Positive Reinforcement, Negative Reinforcement and punishment, Feedback	25%


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Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	1. Understanding the role of psychological processes (people's attitude, beliefs) in people's responses to environmental problems.
2.	Understanding the processes related to environmental degradation and their impact on human life.
3.	Understanding pro-environment behaviour and human-environment transaction, and being able to design behavioural interventions to minimize the adverse effects of anti-environment behaviour

Suggested References:	
Sr.	References
1.	W.H. Prossamy H.M. Rilvin E.G. Winkel G.H. & Dempsey (1974) An Introduction Environmental Psychology, New York Holt Rinehart Winson.
2.	તીવારી પ્રેમસાગર નાથ પર્યાવરણ મનોવિજ્ઞાન બીજી આવૃત્તિ નરેન્દ્રપ્રકાશ જેન મતીલાલ બનારસીદાસ દિલ્લી 3 પટેલ જે.સી. પર્યાવરણ અને ડિઝાસ્ટર મેનેજમેન્ટ બીજી આવૃત્તિ પાશ્વ પબ્લિકેશન અમદાવાદ
3.	દલે સી.બી. અને અન્ય પર્યાવરણનું મનોવિજ્ઞાન પ્રથમ આવૃત્તિ સુચિતા પ્રકાશન અમદાવાદ 5 ડો.એન. આર પરમાર અને ડો. મુકેશ પ્રજ્ઞપતિ પર્યાવરણનું મનોવિજ્ઞાન પ્રથમ આવૃત્તિ ડીવાઇન પબ્લિકેશન
4.	પાયોગિક મનોવિજ્ઞાન ઉજમશી કાપડીયા અને ભરતકુમાર ગાંધી અનંડા પ્રકાશન અમદાવાદ પાયોગિક મનોવિજ્ઞાન સી. ટી. ભોપટકર યુનિવર્સિટીગ્રથ નિર્માણ બોર્ડ ગુજરાત રાજ્ય અમદાવાદ
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com	





BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 06
(Effect from June 2023-2024)

Course Code	UA06CPSY52	Title of the Course	PSYCHOLOGICAL RESEARCH
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-Help students develop an understanding of the clinical picture and dynamics of psychological disorders. 2-To introduce the therapeutic interventions for the various psychological disorders
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Course Content		
Unit	Description	Weightage%
1.	Basics of Research in Psychology What is Psychological Research? Types of Psychological Research; Principles(Criteria) of Good Research; Importance of research process, Importance of knowledge research,	25%
2.	Selection of Research Problem and Hypothesis Selecting a topic for research, Formulating a specific research problem, defining concept and deciding on operations to represent them, relating the study to other knowledge, determining the feasibility of the project, considering the ethics of the study as planned	25%
3.	Methods of Data Collection Sampling; Probability Sampling Methods and Non Probability Sampling Methods. Some basic definitions and concepts.(population, sub- population, census, sample, margin of error and probability, parameter and statistics,) sampling methods (probability sampling 1-simple random sample, 2-stratified random sample 3-cluster sample) (non- probability sampling—1-Accidental sample,2-qouta sample,3-purposive sample)	25%
4.	Non Experimental Methods Surveys, Focus Group Discussion, Interviews. survey Methods: - Definition of survey, purpose of survey, the subject matter of survey, Preliminary Studies.-(1-guidence of experts,2- study of survey literature) the main survey planning problem-, (1-Objectvies and resource,2-coverage,3-cllection of data, 4-Questionnaire 5-errors,6-field work,7-processing and analysis,8-documents, 9-timing,cost and staffing,) Pre-Test and pilot Test (surveys)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz Case Study
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Syllabus with effect from the Academic Year 2023-2024

Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used in human research. Understanding the distinctive features of a select qualitative research methods and plan small qualitative research.
2.	Demonstrate ability to plan simple experiments and state its requirements. Also, to develop awareness of the critical components of experimental design and its conduction
3.	Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders.

Suggested References:	
Sr.	References
1.	Chadha, N.K. (2009) Applied Psychometry. Sage Pub: New Delhi. Dyer, C. (2001) <i>Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.)</i> Oxford: Blackwell Publishers Gregory, R.J. (2006). <i>Psychological Testing: History, Principles, and Applications (4th Ed.)</i> . New Delhi: Pearson Education.
2.	Roesn , R . L . , Rosenthal , R . (2 0 0 2) . Beginning Behavioural Research: McGuigan F. J (1969) : Experimental Psychology. Prentice Hall of India Private
3.	Underwood B. J. (1957): Psychological Research. Appleton Century Crafts . Shaugnessy (1990): Research Methods in Psychology. Tata McGraw -Hill
4.	મનોવિજ્ઞાનનું પદ્ધતિશાસ્ત્ર ઉજમશી કાપડીયા અને ભરતકુમાર ગાંધી અનંડા પ્રકાશન અમદાવાદ સંશોધનની પદ્ધતિઓ - એલ. આર ચાંડિક, દીલા, ચોથાણી. અક્ષર પબ્લિકેશન અમદાવાદ
On-line resources to be used if available as reference material	
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 04
(Effect from June 2023-2024)

Course Code	UA06CPSY53	Title of the Course	PSYCHOTHERAPY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To equip the learner with an understanding of the concept of Psychotherapy. 2-To impart an understanding of the application of various Psychotherapy.
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Course Content		
Unit	Description	Weightage%
1.	Introduction to Psychotherapy Definition, nature and aims of Psychotherapy – key dimension of Psychotherapy – classification of Psychotherapy – procedures of Psychotherapy – factors affecting Psychotherapy – Qualifications and training of Psychotherapist - Experts involved in Psychotherapy	25%
2.	Psychoanalytical Psychotherapy and Non- Directive Psychotherapy Introduction – Free association method – Dream analysis – Stages in Psychoanalytical Psychotherapy - New Psychoanalytical approaches to Psychotherapy - Non- Directive Psychotherapy (back ground, meaning, basic assumptions and advantages)	25%
3.	Psychotherapeutic devices Mental catharsis, suggestion, persuasive and interpretative psychotherapy, hypnosis, Desensitization and Re-education, Evaluation of Psychotherapy	25%
4.	Psychotherapeutic variations Play therapy, Psychodrama, Occupational Psychotherapy, Recreational therapy, Group Psychotherapy, Behavior Therapy, Family Therapy, Transactional Analysis, Alternatives of Psychotherapy	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz Case Study
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	1. Having a comprehensive understanding of the profession of Psychotherapist, particularly in the Indian context.
2.	Acquiring basic Psychotherapeutic skills of problem identification, and relationship building (e.g. empathy, listening, paraphrasing, unconditional positive regard).
3.	Demonstrating skills of helping clients. Students may choose relaxation, reducing negative/maladaptive self-talk, and also learn skills of terminating the counselling relationship.
4.	Developing qualities of an effective Psychotherapeutic devices including increasing self-awareness, reflexivity, self-monitoring and objectivity

Suggested References:	
Sr.	References
1.	1. Coleman, J.C. & Broen, W.E. (1975), Abnormal Psychology and Modern Life, Bombay, D.B. Taraporwala and Sons & Co. Pvt. Ltd.
2.	Lazarus, R.S. (1969), Pattern of Adjustment and Human Effectiveness, New York: Mc Grow Hill Book Company
3.	bhatt Kusum (1975) Chikitsa Manovigyan, Ahmedabad: University Granth Nirman Baord, Gujarat State.
4.	lazarus, R.S. & Shaffer, G.W. (1952), Fundamental Concepts in Clinical Psychology, New York: Mc Grow Hill Book Company

On-line resources to be used if available as reference material

On-line Resources: www.varywelmind.com www.all/about/psychology.com

www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com






BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 05
(Effect from June 2023-2024)

Course Code	UA06CPSY54	Title of the Course	EXPERIMENTAL PRACTICAL (Paper-pencil)
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To generate interest in practical work. 2-To understand the basic experiment in psychology
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Course Content		
Unit	Description in Detail	Weightage%
1.	Any five experiments (Paper-pencil) with report writing (P & T) 1. Immediate memory span 2. Letter- Digital substitute 3. Whole V/s part Method of learning 4. To determine and Individual's Intelligence by using a verbal Test 5. To study the influence of repetition of the task of memorizing 6. To study the relative vividness of Imaginary in the chief sense 7. to study the accuracy and reliability of observation 8. Measurement of Family Adjustment	100%
2.		

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Developing an understanding of the basic principles of psychological assessment and its various phases.
2.	Developing knowledge about the steps in test construction and test standardization
3.	Demonstrating understanding of the impact of cultural contexts on assessment
4.	Developing knowledge of the ethical and legal issues involved in the assessment process

Suggested References:	
Sr.	References
1.	ollins M. and Drever J . (1 9 4 9) : Experimental Psychology. Matheun & Co. Ltd., London. D 'Amato M. R. (1 9 7 6) : Experimental Psychology: Methodology Psychophysics and Learning . New York - Tokyo, McGraw Hill Kogakusha . Postman L. and Egan J. (1 9 4 9) : Experimental Psychology. (Harper) & Row (Kalyani Pub. Ludhiana.) nderwood B. J. (1 9 4 9) : Experimental Psychology - An Introduction. New ork:Appleton Country Crofts Indian Reprint. The Finances of India Press -1965 Woodworth R. S. & Schosberg H. (1 9 3 8) : Experimental Psychology. New York (Holt) Rinehant and Winston Inc . Third Indian Reprint Oxford IBH Publishing Co New Delhi, Bombay, Calcutta.
2.	પ્રાયોગિક મનોવિજ્ઞાન અને આંકડાશાસ્ત્ર એમ.અમીન મલીક, ગાંધી, ભટ્ટ, જોષી વગેરે. સી. જ્ઞાનાદાસ પ્રકાશન અમદાવાદ પ્રાયોગિક મનોવિજ્ઞાન એસ.સી. કાનાવાલા યુનિવર્સિટી ત્રય નિર્માણ બોર્ડ ગુજરાત રાજ્ય અમદાવાદ
On-line resources to be used if available as reference material	
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 06
(Effect from June 2023-2024)

Course Code	UAC6/DP5/21	Title of the Course	Forensic psychology
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	<p>1-To equip the learner with an understanding of the concept and process of Forensic Psychology</p> <p>2-To impart an understanding of the various domains of Forensic Psychology</p>
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Course Content		
Unit	Description in Detail	Weightage%
1.	Forensic psychology & Psychologists Concept and definition Forensic psychology, History of Relationship psychology & law Conflicts between psychology & law, Forensic psychologist's Role and Responsibilities.	25
	Psychology & law Enforcement Who are the Clients The selection of police, The Training of Police, Evaluating Effectiveness of Police Activities.	25

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

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Course Outcomes: Having completed this course, the learner will be able to	
1.	1. Being able to conceptualise forensic psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots.
2.	2. Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system.
3.	3. Understanding the roles of forensic psychologists and psychologists in court, and demonstrating knowledge of key issues in forensic psychology including eyewitness testimony and false confession.
4.	4. Developing a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools.

Suggested References:	
Sr.	References
1.	Batchman, R., & Schutt, R. K. (2008). <i>Fundamentals of research in criminology and criminal justice</i> . London: Sage. Haward, L. (1981). <i>Forensic psychology</i> . London:
2.	<i>Adult eyewitness testimony</i> . New York: Cambridge University Press. Webb, D. (2013). <i>Criminal profiling: An introductory Guide</i> . UK: Independent Publishing
3.	Batsford Academic and Educational Ltd. Howitt, D. (2002). <i>Forensic and criminal psychology</i> . New Delhi, India: Prentice Hall.
4.	Loftus, E. F. (1996). <i>Eyewitness testimony: With a new preface</i> . Cambridge, MA: Harvard University Press. Ross, F. D., Read, D. J., & Toglia, M. P. (1994). Shah Arvind S. (2016) <i>Forensic psychology</i> , Pashwa Publication, Ahmedabad
On-line resources to be used if available as reference material	
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www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com	

