## SARDAR PATEL UNIVERSITY Programme: BA (Psychology) Semester: VI Syllabus with effect from: December 2013

Paper Code: UA06CPSY21	Tota
Title Of Paper: Environmental Psychology	104

**Fotal Credits: 3** 

Unit	Description in detail	Weightage (%)
1	Introduction to Environmental Psychology & Methods:	
	What is Environmental Psychology? Development of Environmental	
	Psychology, Human life and Environmental problems, Needs of psychological	
	factors in Environmental, Characteristics of Environmental Psychology, Goals	
	of Environmental Psychology, Importance and Utility of Environmental	
	Psychology, Observation methods, Self report method, Analysis of records and	
	documents, Rating scale, Correlational method, Experimental method, Case	
2	study	
2	Environment and Noise ,Personals Space & Interpersonal relationship:	
	What is Noise? Harmony with short noise, Importance of noise control,	
	Continuous long term noise, Personals Space,-nearness, Cultural difference,	
	Gender Difference, Physical touch & Care, Inter personal distance, Space	
3	& regionality	
3	Social Dimension and Population Density & over Crowding	
	What is social space behaviour? Regional space limit, Distribution of	
	space, Individual space, Areas of Space, Criticism of Hall's thought,	
	Animals and Crowding, People and Crowd effects of Crowding, Experimental	
	research and Crowding, Effect of over Crowding, Physical and Social	
4	Crowding, Over Crowding and Urban life.	
4	Environment Stress & Maintaining Environment	
	What is stress? Types of stress, Criteria for Environmental stress, Effect of	
	Environmental stress, Factors of Environmental stress, Techniques to resolve	
	the Environment, Environment learning, Positive Reinforcement, Negative	
	Reinforcement and punishment, Feedback	

## **Basic Text & Reference Books:**

Ittelson W.H. Prosamsky H.M. Rilvin E.G.Winkel G.H.& Dempsey (1974) An Introduction Environmental Psychology, New York Holt Rinehart Winson.

