

**SARDAR PATEL UNIVERSITY**  
**Programme: BA (Psychology)**  
**Semester: VI**  
**Syllabus with effect from: December 2013**

<b>Paper Code:</b> UA06CPSY19	<b>Total Credits: 3</b>
<b>Title Of Paper:</b> Psychology of Marriage	

Unit	Description in detail	Weightage (%)
<b>1</b>	<b>Sex and Marriage</b> Concept of Human sexuality, (What is education in human sexuality, Present statues of education in human sexuality, The need for education in human sexuality,) Definition of marriage, The objectives of marriage, Fitness for marriage, Fitness for marriage, Eugenic Fitness in marriage,( heredity mechanism, heredity and enviournment, T.B.& Cancer & heredity , Mental dieses and heredity, marriage between relatives, choice of life companion in view of reproductive science)	
<b>2</b>	<b>Maturity for Marriage:</b> Factors of Maturity for Marriage, characteristics of Maturity for Marriage, Who is a Mature Individual? Age as factor in redness for Marriage.	
<b>3</b>	<b>Sexual Difference &amp; Role Implications for Marriage</b> Status of women in past, Changing Status of women, Biological Differences or Social Conditioning, Interdependence of Roles, Attitudes towards Roles, Role conflicts for men, Inconsistencies Concerning Roles	
<b>4</b>	<b>Health &amp; Happiness in Marriage:</b> Reproductive Health:- Age for marriage, Planning for first child, Age & Conception, Size of family, contraception & Sexual Adjustment, Contraception & Sterility, Vaginal Discharge, Health of Sexual relation:- Frequency of Intercourse, Frequency of Intercourse& Sexual Compatibility, The Rhythm of Sexual Desire, Rhythm of Sexual Desire & Fertility, Sexual relation during Menstruation, Sexual relation during Pregnancy and After child birth , Sexual Impulse after Menopause, Sexual Continence, Pre-marital Relations. Suggestions for Happy Marriage according to Dr. Hannah and Dr. Stone	

**Basic Text & Reference Books:**

- Landis, J.t and Landis, Building a successful Marriage 4<sup>th</sup> Ed.1965 M.G.
- Stone H.W. and Stone A Marriage Manual 1953 A.S.
- Clemens A.H. Design for successful Marriage,2<sup>nd</sup> Ed.1964
- Havelock Ellis - Psychology of sex - A Manual for student 1957

