



**SARDAR PATEL UNIVERSITY**  
**Vallabh Vidyanagar, Gujarat**  
**(Reaccredited with 'A' Grade by NAAC (CGPA 3.25))**  
**Syllabus with effect from the Academic Year 2021-2022**

**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**  
**(Effect from June 2021-2022)**

Course Code	UA02SPSY51	Title of the Course	BASIC ABNORMAL PSYCHOLOGY
Total Credits of the Course	02	Hours per Week	02
Course Objectives:	1. To equip the learner with an understanding of the concept of Abnormal Psychology. 2. To impart an understanding of the application of theories of Abnormal Psychology.		

Course Content		
Unit	Description	Weightage%
1.	Introduction to Abnormal Psychology Definition of Abnormal Psychology - meaning of abnormal behavior – Difference between normal and abnormal, Experts in the field of mental health – DSM classification of mental Disorders	25%
2.	Psychological disorders Anxiety disorders (specific phobia, social phobia, Obsessive compulsive disorder) – hypochondria's – conversion disorders – Addictive disorders (Alcohol abuse and dependence, brief detail of other addictive drugs) – Meaning and characteristics of Schizophrenia – Delusional disorder	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%



Course Outcomes: Having completed this course, the learner will be able to

1.	Understanding abnormal psychology and mental health. problem in India and the world.
2.	Starting conversations around mental health and creating mental Disorder .
3.	Being able to identify people suffering from common abnormality and problems like anxiety and depression.
4.	Learning to provide psychological first aid to people

Suggested References:

Sr.	References
1.	Carson, Buther and Mineka, Abnormal Psychology and Modern Life, Pearson Education pub., Singapore, 2003
2.	Colman J.C., Abnormal Psychology and Modern Life, Taraporewala & Co. Pvt. Ltd.
3.	Singh Arunkumar, Adhunik Asamanaya manovigyan, Motilal Banarasidas Pub.
4.	Carson, Buther and Mineka, Abnormal Psychology and Modern Life, Pearson Education pub., Singapore, 2003
5.	Colman J.C., Abnormal Psychology and Modern Life, Taraporewala & Co. Pvt. Ltd.
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On-line resources to be used if available as reference material

On-line Resources: [www.varywelmind.com](http://www.varywelmind.com) [www.all/about/psychology.com](http://www.all/about/psychology.com)

[www.sparknote.com](http://www.sparknote.com) [www.psychologydisscusion.net](http://www.psychologydisscusion.net) [www.cliffsnotes.com](http://www.cliffsnotes.com)

