

SARDAR PATEL UNIVERSITY
B.A. Psychology (CBCS) SEMESTER: II Skill Enhancement
Syllabus with Effect from: June -2018

Objectives:

1. To equip the learner with an understanding of the concept of Abnormal Psychology.
2. To impart an understanding of the application of theories of Abnormal Psychology.

Paper Code: UA02SPSY21		Total Credit: 3
Title Of Paper: BASIC ABNORMAL PSYCHOLOGY		
Unit	Description in Detail	weightage (%)
1.	Introduction to Abnormal Psychology Definition of Abnormal Psychology - meaning of abnormal behavior – Experts in the field of mental health – DSM classification of mental disorders	25%
2.	Causal factors of abnormal behavior Neurotransmitter and hormonal imbalance – Genetic vulnerabilities – Constitutional causes – Psychological causal factors – Socio cultural causal factors	25%
3.	3 Psychological disorders Anxiety disorders (specific phobia, social phobia, Obsessive compulsive disorder) – hypochondrias – conversion disorders – Addictive disorders (Alcohol abuse and dependence, brief detail of other addictive drugs) – Meaning and characteristics of Schizophrenia – Delusional disorder	25%
4.	Psychological therapies and treatment Psychotherapy and clinical relation – Cognitive and cognitive behavioral therapy – Humanistic (client centered) therapy – Psychopharmacological methods of treatment (antipsychotic drugs, antidepressant drugs, antianxiety drugs, mood stabilizing drugs)	25%
Readings:	1. Carson, Buther and Mineka, Abnormal Psychology and Modern Life, Pearson Education pub., Singapore, 2003 2. Colman J.C., Abnormal Psychology and Modern Life, Taraporewala & Co. Pvt. Ltd. 3. Singh Arunkumar, Adhunik Asamanaya manovigyan, Motilal Banarasidas Pub.	

