

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2022-2023

BACHELOR OF ARTS PSYCHOLOGY

BA PSYCHOLOGY Semester 04

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Course Code	UA04CPSY51	Title of the	ORGANIZATIONAL BEHAVIOUR
	UAU4CF3131	Course	
Total Credits	04	Hours per	04
of the Course	04	Week	

Objectives:	1-To develop an awareness of the concepts related to organizational behavior.2-Help the students develop connectivity between concepts and practices of organizations.
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Cours	Course Content		
Unit	Description	Weightage%	
1.	Organizational Psychology Organizational Psychology, concept of Organization, Characteristics of Organization, Types of Organization, (Coercive Organization, Utilitarian Organization, Social Organization, Mutual benefit Association, Business concerns service Organization, commonweal Organization,) Organization goals Nature of Organizational goals	25%	
2.	Organizational Theory Organizational Theory, Classification of Organizational Theories Maxweber's ideal Bureaucracy Tylor's scientific management movement.	25%	
3.	Neo Classical Theory Neo Classical Approach, Conclusion of horthans's experiment, theory of Integration by Mary parker Follett, theory of Chester Barneveld, Theory of motivation of A. H. Maslow, Theory of X & Y by Douglas Macgregor, Theory of Frederick Herzberg.	25%	
4.	Modern Theory & System approach What is system approach &Definition of system, modern Theory by Alfiead Korzybski. Norbert wienez, Ludwig Bertalanffy, Characteristics of modern theory, Theory Z' by William G. Ouchy.	25%	

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Vallabh Vidyanagar, Gujarat

Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.		
2.	Understanding leadership processes from different theoretical perspectives.		
3.	Understanding group dynamics, working through conflicts and working in teams.		

Sug	Suggested References:		
Sr.	References		
1.	Davis Keith & Newstrom J.W.(1994) Human behaviour at work Tata McGraw hill New Delhi		
2.	Freud Luthans (2000) Organizational behaviour Tata McGraw hill New		
3.	ડો.સી.ટી. ભોપટકર સંસ્થાકીય ગતિ વિજ્ઞાન યુનિર્વરસિટી ગ્રંથ નિમાર્ણ બોર્ડ અમદાવાદ		
4.	ડો.જે.બી.પટેલ સંગઠનના સિઘ્ધાતો યુનિર્વરસિટી ગ્રંથ નિમાર્ણ બોર્ડ અમદાવાદ		
On-	On-line resources to be used if available as reference material		
On-	On-line Resources: www.varywelmind.com www.all/about/psychology.com		
W	www.sparknote.com www.psychologydisscusion.net www.cliffsnotes.com		





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BACHELOR OF ARTS PSYCHOLOGY BA PSYCHOLOGY Semester 04

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Course Code	UA04CPSY52	Title of the	COUNSELLING PSYCHOLOGY
	UA04CF3132	Course	
Total Credits	04	Hours per	04
of the Course	04	Week	

Course Objectives:	 1-To develop an understanding of basic concepts, processes, techniques of Counselling. 2-To acquaint the learner with the challenges of Counselling. 3-Help students develop an understanding of the Counselling picture and dynamics of Counselling Process and Application. 4-To introduce the interactive methods of Psychological Counselling for the various psychological disorders
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Cours	Course Content		
Unit	Description	Weightage%	
1.	Concept of Counselling & Counselling Applications Concept of Counselling, types of Counselling, (Family Counselling Child Counselling, Career Counselling) goals of Counselling	25%	
2.	Need for Counselling Classification of Counselling, problem of Indian students support for need of Counselling Problems of Indian students, Indian approaches: yoga and meditation	25%	
3.	Selection of Counsellor and Training Need of Counselling, Problems offer selection of Counsellor, Counselling Training, Factors in Training	25%	
4.	Process of Counselling Steps of counselling process, Variables counselling process (Variables of Counselee, Variables of counsellor, Setting Arrangement)	25%	

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	Developing a basic understanding of counselling as a profession		
2.	Gaining an overview of basic approaches, theories and techniques in counseling		
3.	Developing awareness about the contemporary issues and challenges in counselling		
4.	Learning about the newer forms of therapy like solution focused therapy, narrative therapy		

Sug	Suggested References:		
Sr.	References		
1.	Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach (4th Ed.). Wadsworth: New York. Riskind, J.H., Manos, M.J. and Alloy, L.B. (2004) Abnormal Psychology: Current Perspectives. McGraw Hill		
2.	Bennett,P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press		
3.	Brewer, K. (2001). Clinical Psychology. Oxford: Heinemann Educational Carson, R.C., Butcher, J.N., Mineka, S.& Hooley, J.M. (2008).		
4.	Kring, A.M., Johnson, S.L., Davison G.C. & Neale J.M. (2010). Abnormal Psychology (11th Ed.). NY: John Wiley. Plante, T.G. () Contemporary Clinical Psychology John Wiley & Sons		
On-line resources to be used if available as reference material			
On-line Resources: www.varywelmind.com www.all/about/psychology.com			
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BACHELOR OF ARTS PSYCHOLOGY BA PSYCHOLOGY Semester 04

Course Code	UA04CPSY53	Title of the Course	DEALING WITH PSYCHOLOGICAL DISORDERS
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-Help students develop an understanding of the clinical picture and dynamics of psychological disorders.
	2-To introduce the therapeutic interventions for the various psychological disorders

Cours	Course Content			
Unit	Description	Weightage%		
1.	Schizophrenia: Clinical Picture, -concept, symptoms, causal factors – biological, psychological, social, clinical subtypes, treatment	25%		
2.	Mood Disorders: Clinical Picture, causal factors and subtypes – manic – depressive disorder, symptoms of manic and depressive disorders, suicide	25%		
3.	Sexual Disorders (Clinical Picture): Gender Identity Disorder, Paraphilia - Paedophilia, Voyeurism, Exhibitionism, Sexual Masochism, Sexual Sadism, fetishism, Transvestism fetishism, Causes and effects of Rap, Sexual Abuse	25%		
4.	Paranoid and Epilepsy disorder Concept, causes, types and symptoms of Paranoid, treatment, Concept, Causes, types and Symptoms of Epilepsy, treatment	25%		

	ICT, Group Discussion Lecture method, Class room Seminar, quiz
Methodology	Case Study





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Evaluation Pattern			
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1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%	
3.	University Examination	70%	

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	Having working knowledge and understanding of the major psychological disorders and critically review their signs and symptoms (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopmental Disorders).		
2.	Developing a basic knowledge of the various treatments for abnormal behaviour		
3.	Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders.		

Sugg	Suggested References:			
Sr.	References			
1.	Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach (4th Ed.). Wadsworth: New York. Kearney, C. A. & Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi: Cengage learning.			
2.	Bennett,P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press.			
3.	Brewer, K. (2001). Clinical Psychology. Oxford: Heinemann Educational Publishers Carson, R.C., Butcher, J.N., Mineka, S.& Hooley, J.M. (2008). Abnormal Psychology. New Delhi: Pearson.			
4.	Plante, T.G. Contemporary Clinical Psychology John Wiley & Sons.			
5.	Riskind, J.H., Manos, M.J. and Alloy, L.B. (2004) Abnormal Psychology: Current Perspectives. McGraw Hill			
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Course Code	UA04GPSY51	Title of the	ORGANIZATIONAL BEHAVIOUR	
		Course		
Total Credits	04	Hours per	04	
of the Course	04	Week		

Course Objectives:

Course Content			
Unit	Description	Weightage%	
1.	Organizational Psychology Organizational Psychology, concept of Organization, Characteristics of Organization, Types of Organization, (Coercive Organization, Utilitarian Organization, Social Organization, Mutual benefit Association, Business concerns service Organization, commonweal Organization,) Organization goals Nature of Organizational goals	25%	
2.	Organizational Theory Organizational Theory, Classification of Organizational Theories Maxweber's ideal Bureaucracy Tylor's scientific management movement.	25%	
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Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	No. Details of the Evaluation Weigh	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	
3.	University Examination	70%

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.		
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4.			
5.	5.		
On-l	On-line resources to be used if available as reference material		
On-l	On-line Resources: www.varywelmind.com www.all/about/psychology.com		
WV	<u>www.sparknote.com</u> <u>www.psychologydisscusion.net</u> <u>www.cliffsnotes.com</u>		





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Course Code	UA04GPSY52	Title of the	COUNSELLING PSYCHOLOGY	
	UAU40F3 I 32	Course		
Total Credits	04	Hours per	04	
of the Course	U 4	Week		

Course Objectives:	 1-To develop an understanding of basic concepts, processes, techniques of Counselling. 2-To acquaint the learner with the challenges of Counselling. 3-Help students develop an understanding of the Counselling picture and dynamics of Counselling Process and Application. 4-To introduce the interactive methods of Psychological Counselling for the various psychological disorders
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Cours	Course Content		
Unit	Unit Description		
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2.	Need for Counselling Classification of Counselling, problem of Indian students support for need of Counselling Problems of Indian students, Indian approaches: yoga and meditation	25%	
3.	3. Selection of Counsellor and Training Need of Counselling, Problems offer selection of Counsellor, Counselling Training, Factors in Training		
4. Process of Counselling Steps of counselling process, Variables counselling process (Variables of Counselee, Variables of counsellor, Setting Arrangement		25%	

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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1.	. Internal Written / Practical Examination (As per CBCS R.6.8.3)	
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3. University Examination		70%

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	Developing a basic understanding of counselling as a profession		
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Course Code	UA04SPSY51	Title of the Course	PSYCHOLOGY OF MENTAL PROCESS	
Total Credits of the Course	02	Hours per Week	02	

Course Objectives:	 To equip the learner with an understanding of the concept of higher mental process of human being To impart an understanding of the application and theory of mental process.
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Course Content		
Unit	Description	Weightage%
1.	Unit 1: Motivation Definition of motivation, Motivational cycle, Types of Motivation-: Biological Motivation. Psychological Motivation, Unconscious motivation.	25%
2.	Unit 4: Intelligence Definition of Intelligence, types of Intelligence, What is I.Q.? Types of Intelligence Tests, Use of Intelligence Tests, effective study methods.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern			
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1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%	
3.	University Examination	70%	

Cou	Course Outcomes: Having completed this course, the learner will be able to	
1.	Developing knowledge of the basic concepts in psychology.	
2.	Developing skills for applying psychological knowledge to real life situations to improve interpersonal interactions and adjustment in life.	
3.		
4.		

Sug	Suggested References:	
Sr.	References	
1.	Baron , R .A.(2005) Psychology. Delhi : Pearson education Pte. Ltd .	
2.	Morgan, C.T., King, R.A., Weisz, J.R., Schopler, J. (2005) Introduction to Psychology. New Delhi: Tata McGraw Hill Publishing Company Limited	
3.	Morgan, C.T. (1977) A Brief Introduction to Psychology. New Delhi: Tata McGraw Hill PublishingCompany Limited	
4.	General Psychology Garrate American book co.NewYork	
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