

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2022-2023

Course Code	UA04CPHI51	Title of the Course	Rationalism
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	 The aim of this course is to introduce the students to learn the basic knowledge about Rationalistic philosophy and theories. The student will relate, correlate and compare the views of different rationalist thinkers.
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Cours	Course Content				
Unit	Description	Weightage*			
1.	Thomas Aquinas: Faith and reason- essence and existence- proofs for the existence of God. nature of God, nature.				
2.	Descartes: Method and the need for method in philosophy- method of doubt- cogito ergo sum- types of Ideas- mind and matter- mind-body interactionism- God: nature and proofs for his existence.				
3.	Spinoza: substance, attributes and modes- the concept of 'god and Nature'- pantheism- mind-body problem- three orders of knowing.				
4.	Leibniz: monadology- doctrine of pre-established harmony- truths of reason and truths of fact- innateness of all ideas- principles of non-contradiction- sufficient reason and identity of the indiscernibles- Godnature and proofs for His existence.	25			

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignments, Field trips, Seminar, Quizzes						
Methodology							

Eval	Evaluation Pattern			
Sr. No.	Details of the Evaluation	Weightage		
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%		
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%		
3.	University Examination	70%		





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Cou	Course Outcomes: Having completed this course, the learner will be able to				
1.	Demonstrate understanding and evaluate the transition from the medieval scholasticism to the modern period of philosophy as introduced by Descartes.				
2.	Analyze the distinction between rationalism and empiricism.				
3.	Demonstrate understanding and evaluate the arguments and the issues discussed by the major rationalists: Descartes, Spinoza, Leibniz.				
4.	Distinguish between and discuss the standpoints of the major empiricists: Locke, Berkeley, Hume.				
5.	Analyze the dominant scientific image of the seventeenth century and its impact on philosophy.				
6.	Explain, in both oral and written form, the ideas, concepts and the abstract terms in philosophical discourse.				

Sugges	Suggested References:				
Sr. No.	References				
1.	Mukund Kotecha and Bhupendra Gajera: Paschatya tatvaganani ruprekha, Bookstar Publication, Ahmedabad.				
2.	Rosers A.K.: Students History of Philosophy (Anu.)Dr. J.A.Yagnik, Uni. Grunth Nirman Board, Ahmedabad				
3.	Rusell B.: A History of Western Philosophy				
4.	Titus H.H.: Living Issues in Philosophy, Euresia Publishing House, New Delhi.				
5.	Bhattacharya H.M.: The Principles of Philosophy, Calcutta University.				
6.	Brightman: An Introduction to Philosophy, Halt Rinchart, Winstone.				
7.	A.C. Crayling : Philosophy, Oxford University Press.				

On-line resources
https://www.ancient.eu/Greek_Philosophy
https://iep.utm.edu/greekphi





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Course Code	UA04CPHI52	Title of the Course	Six System		
Total Credits of the Course	04	Hours per Week	04		

Course	1. The aim of this course is to introduce the students to learn the basic
Objectives:	knowledge about Indian philosophy and theories of Six System.

Course	Course Content				
Unit	Description	Weightage*			
1.	 (1) Nyaya Darshana: Theory of pramanas, The Individual Self and its liberation, The idea of god and proofs for his existens. (2) Vaisheshik Darshana: Concepts of Padarthas, Causation, Astkaryavad, parmanuvad. 	25			
2.	(3) Sankha Darshana: Causation, Satkaryavad, Prakriti- its, constituents, Evolutions and Arguments for its- Purush- Its existence, Relationship between Prakriti and Purush, Plurality of Purusha, Kaivalya.	25			
3.	(4) Yoga Darshana: Chitta and Chittavriti, Eight fold path, Psychology of Yoga, God.(5) Purva Mimansa: Sruti and its importance- Classification of Sruti vakyas- vidhi, nishedha, arthavada, dharma, shabdanityavada, shaktivada, atheism.	25			
4.	(6) Uttar Mimansa: Advaita: nirguna Brahman- Adhyasa- rejection of difference- vivartavada- mayavad. Vishishtadvaita: Saguna Brahman- refutation of mayavad-parinamavad- bhakti and prapatti.	25			

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignme	Assignments, Field trips, Seminar, Quizzes					
Methodology							

Eval	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%	



PATELUNI

SARDAR PATEL UNIVERSITY

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2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Cou	Course Outcomes: Having completed this course, the learner will be able to		
1.	This course will widen knowledge horizon regarding Indian Philosophy.		
2.	It will make the learner competent in understanding important Darshanas like Nyay, Vaisheshika, Sankhya, Yoga, Purva Mimansa, Uttar Mimansa.		
3.	It will impart the learner a subtle understanding of darshanic concepts for understanding reality and concepts related to Truth.		
4.	It will enhance Sanskrit Language understanding and its application.		

Sugges	sted References:
Sr. No.	References
1.	C.V.Raval: Bhartiy Darshana, Pragya Prakashan, Ahmedabad.
2.	Datta and Chatterjee: Introduction to Indian Philosophy
3.	Dr.Naginbhai Shah: Sankhya-Yoga,Nyaya-Vaisheshika, Grunth Nirman Board, Ahmedabad.

On-line resources		





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(Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2022-2023

Course Code	UA04CPHI53	Title of the Course	Ethics- II
Total Credits of the Course	04	Hours per Week	04

of the Course		WEEK	
Course Objectives:	philosophy and relinked to the ultimate systems of India consistently cosmintroducing the stethics. 2. The chief concedifferent from the inexorable link be India. Therefore a	eligion. The gonate goal of hum philosophy. I ocentric and durated and presupponose of Indian etween ethics, rewide variety of arse is meant to	thinking has always been firmly rooted in toal of ethical behaviour has always been sman life as conceived in different classical. Ethical thinking in India has also been uty-oriented. The part of the paper aims at distinctive elements of Indian thinking on cositions of Western ethics are considerably in ethics. There is no ever-present and religion and philosophy in the West as in of distinct ethical theories have developed in the oriented in the oriented and the student to the main types of

Course	Course Content				
Unit	Description	Weightage*			
1.	Ethical Attitude of Jainism. Relation between Metaphysics and Ethics. Asceticism in Jaina Ethics. Mahavrata- Shramanachar Shravkachar. Non-Violence.	25			
2.	Similarity and Difference between Jain and Buddh Ethics. Characteristic of Buddh Ethics. Four Noble Truths. Arya ashtang marg, Panchshil, Triratna. Ethical point of view of Nirvana, Dashangmarg.	25			
3.	Views of Human Nature, Concepts of Freedom, Indeterminism, Determinism and Self-Determinism. Problems of Freedom and Its Solutions. Virtues.	25			
4.	Ethical Theories: Kant's Ethics and Its Evaluation. Hedonism and Its Types and Evaluation. Utilitarianism of Bentham, Mill, Sidgwick. Meaning and Types of Value. Meaning and Types of Right.	25			

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignme	ents, Field trip	s, Semina	ar, Quizzes			
Methodology							





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Eval	Evaluation Pattern				
Sr. No.	Details of the Evaluation	Weightage			
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%			
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%			
3.	University Examination	70%			

Cou	rse Outcomes: Having completed this course, the learner will be able to
1.	Describe and distinguish key ethical concepts, including concepts such as good, right, permissible, free will, pluralism, universality, reason, relativism, absolutism, obligation, virtue, prima facie, duty, action, intension, etc.
2.	Read and comprehend philosophical texts, classical or contemporary, in the area of ethics.
3.	Discuss core ethical problems, such as whether religion is a source of values, what does it mean to be virtuous, are we free to make choices, what is justice, how can we know what is right or wrong, etc.
4.	Write clear and concise explanations and arguments about basic ethical problems.
5	Distinguish the basic ethical theories and approaches, including: deontology, utilitarianism, virtue ethics, social contract theory, and one or more non-traditional or non-western positions (feminist theory, critical race theory, Confucian ethics, Buddhist ethics, etc.).
6	Apply basic ethical concepts and approaches to solving practical problems in ethics, including: sex and reproduction, environment, non-human animals, drug use, capital punishment, war, euthanasia, affirmative action, abortion, economic inequality, etc

Suggest	Suggested References:			
Sr. No.	References			
1.	I C Sharma: Ethical Philosophies of India			
2.	S K Maitra: The Ethics of the Hindus			
3.	M. Hiriyanna: The Indian Conception of values			
4.	W. Lillie: An Introduction to Ethics			
5.	M K Bhatt: Baudhadarshan, Uni. Grunth nirman Board, Ahmedabad.			
6.	Z V Kothari: Jaindarshana, Uni. Grunth nirman Board, Ahmedabad.			

On-line resources
https://www.britannica.com/topic/ethics-philosophy
https://www.ijemr.net/DOC/TheRoleOfIndianEthicsAndValues.pdf





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Course Content				
Unit	Description	Weightage*		
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2.	Descartes: Method and the need for method in philosophy- method of doubt- cogito ergo sum- types of Ideas- mind and matter- mind-body interactionism- God: nature and proofs for his existence.	25		
3.	Spinoza: substance, attributes and modes- the concept of 'god and Nature'- pantheism- mind-body problem- three orders of knowing.	25		
4.	Leibniz: monadology- doctrine of pre-established harmony- truths of reason and truths of fact- innateness of all ideas- principles of non-contradiction- sufficient reason and identity of the indiscernibles- Godnature and proofs for His existence.	25		

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignments, Field trips, Seminar, Quizzes						
Methodology							

Evaluation Pattern				
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Total Credits of the Course	04	Hours per Week	04

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Objectives:	knowledge about Indian philosophy and theories of Six System.

Course	Course Content				
Unit	Description	Weightage*			
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2.	(3) Sankha Darshana: Causation, Satkaryavad, Prakriti- its, constituents, Evolutions and Arguments for its- Purush- Its existence, Relationship between Prakriti and Purush, Plurality of Purusha, Kaivalya.	25			
3.	(4) Yoga Darshana: Chitta and Chittavriti, Eight fold path, Psychology of Yoga, God.(5) Purva Mimansa: Sruti and its importance- Classification of Sruti vakyas- vidhi, nishedha, arthavada, dharma, shabdanityavada, shaktivada, atheism.	25			
4.	(6) Uttar Mimansa: Advaita: nirguna Brahman- Adhyasa- rejection of difference- vivartavada- mayavad. Vishishtadvaita: Saguna Brahman- refutation of mayavad-parinamavad- bhakti and prapatti.	25			

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignme	ents, Field trip	s, Semina	ar, Quizzes			
Methodology							

Evaluation Pattern		
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1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%



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3.	University Examination	70%

Cou	Course Outcomes: Having completed this course, the learner will be able to			
1.	This course will widen knowledge horizon regarding Indian Philosophy.			
2.	It will make the learner competent in understanding important Darshanas like Nyay, Vaisheshika, Sankhya, Yoga, Purva Mimansa, Uttar Mimansa.			
3.	It will impart the learner a subtle understanding of darshanic concepts for understanding reality and concepts related to Truth.			
4.	It will enhance Sanskrit Language understanding and its application.			

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Sr. No.	References			
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2.	Datta and Chatterjee: Introduction to Indian Philosophy			
3.	Dr.Naginbhai Shah: Sankhya-Yoga,Nyaya-Vaisheshika, Grunth Nirman Board, Ahmedabad.			

On-line resources		





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(Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2021-2022

Course Code	UA04SPHI51	Title of the Course	Philosophy of Yoga-II	
Total Credits of the Course	02	Hours per Week	02	

Course Objectives:	 The aim of this course is to introduce the students to learn the basic knowledge about philosophy and theories of Yoga. Students will achieve mental and physical health by applying the principles of yoga in their lives.
	principles of yoga in their fives.

Course	Course Content					
Unit	Description	Weightage*				
1.	Psychology of Yoga, Concept of Chitta- Chitta Vrutti- Chitta Bhumi-Chittavruttinirodha. Purnayaoga. mathod of Purnayaoga- Philosophical background of Purnayoga- Yoga and achieves from yoga- Why dangerous achieves from Yoga-Construction of body, mind and vital- Integration of spiritualistic and physical life.	50				
2.	Kundalini Yoga, Introduction to Kundalini- Nadi and Kundalini- Introduction to Chakro- Prana Vigyan- Adhyatmayoga- Anasaktiyoga. Yogasana, Pavanmuktasana, Padahastasana, Makarasana, Vakrasana, Dhanurasana, Bhujangasana, Anuloma- Viloma Pranayama.	50				

Teaching-	Lecture,	Recitation,	Group	discussion,	Guest	speaker,	Debate,
Learning	Assignme	nts, Field trip	s, Semina	ar, Quizzes			
Methodology							

Evaluation Pattern			
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	50%	
3.	University Examination	00%	





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Cou	Course Outcomes: Having completed this course, the learner will be able to			
1.	Evaluate traditional Indian Yoga systems.			
2.	Find the deference philosophy of Yoga systems.			
3.	Apply new thought in Yoga movement in the country.			
4.	Gain in-depth of fundamental and applied scientific concepts and methods of Yogic Science and allied Science.			
5	Student of yoga sciences & Holistic Health can find a career to teach and spread the knowledge in schools, colleges, health centre.			

Suggested References:				
Sr. No.	References			
1.	Nagin J Shah : Sankhya-Yoga, University Granth Nirman Board, Ahmedabad			
2.	Bhandev : Yogvidya			

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https://www.yogapedia.com/definition/5159/yoga-philosophy

https://www.exoticindiaart.com/article/yoga/

