



SARDAR PATEL UNIVERSITY

NAAC 'A' Grade (10-01-2023 To 09-01-2028)

Vallabh Vidyanagar

Gujarat

Academic Program Structure

&

Curriculum

(Aligned with NEP-2020)

Master of Arts in Psychology

NHEQF Level: 6.5

Entry NHEQF Level	:	5.5
Duration	:	Two Years (Four Semesters)
Total Courses	:	24
Total Learning Hours	:	2640
Total Credits	:	88
Total Marks	:	2200

Graduate Attributes (GAs)

“Upon successful completion of the M. A. Psychology programme, graduates are expected to attain the following Graduate Attributes.”

GA1. Advanced Knowledge of Psychology

Critically analyze and synthesize advanced theoretical knowledge across core and applied areas, including experimental, clinical, social, and Indian psychology, to address complex human behaviours.

GA2. Research Competence and Scientific Rigor

Design, execute, and evaluate psychological research using robust qualitative and quantitative methodologies while maintaining the highest standards of scientific integrity.

GA3. Experimental Skills and Data Analysis

Demonstrate proficiency in experimental techniques within laboratory and field settings, utilizing advanced digital tools to analyze and interpret behavioural data accurately.

GA4. Psychological Testing and Assessment

Administer and interpret standardized psychological assessments with precision, ensuring psychometric reliability, validity, and adherence to professional standards.

GA5. Assessment, Diagnosis, and Intervention

Apply clinical assessment, diagnostic reasoning, and counselling interventions with empathy, professional sensitivity, and strict adherence to therapeutic boundaries.

GA6. Ethical and Professional Practice

Internalize and practice ethical principles in all professional engagements, ensuring absolute confidentiality, accountability, and social responsibility.

GA7. Critical Thinking and Problem Solving

Evaluate empirical evidence and psychological theories to formulate evidence-based decisions and solve multifaceted individual and societal problems.

GA8. Emotional Intelligence and Interpersonal Skills

Exhibit high emotional intelligence through self-regulation, empathy, and effective collaboration within diverse professional and interpersonal environments.

GA9. Indian Psychology and Cultural Integration

Integrate indigenous Indian psychological perspectives with contemporary global approaches to provide culturally relevant and inclusive psychological insights.

GA10. Community Engagement and Social Responsibility

Advocate for mental health awareness and community development by applying psychological principles to promote social well-being and justice.

GA11. Multidisciplinary Application

Adapt and apply psychological principles effectively across diverse domains such as health, education, industry, sports, and organizational management.

GA12. Statistical and Digital Literacy

Utilize sophisticated statistical techniques and digital platforms for data-driven research, professional documentation, and scientific communication.

GA13. Effective Communication Skills

Articulate complex psychological concepts and research findings clearly and persuasively through professional written reports and oral presentations

GA14. Leadership, Teamwork, and Lifelong Learning

Demonstrate leadership and collaborative skills in team settings, while maintaining a commitment to reflective practice and continuous professional development (Lifelong Learning).

Programme Educational Objectives (PEOs)

“Within 3–5 years of completing the M. A. Psychology programme, graduates will be able to.”

PEO1. Establish themselves as competent professionals in roles such as clinical psychologists, counselors, HR specialists, educators, or researchers by leveraging advanced psychological expertise.

PEO2. Resolve complex individual, organizational, and societal challenges by implementing evidence-based psychological practices across diverse professional contexts.

PEO3. Uphold the highest standards of ethical integrity and professional accountability in all clinical practice, research endeavors, and social interactions.

PEO4. Advance the field of psychology through rigorous research, innovative practice, and active participation in academic and policy-making initiatives.

PEO5. Lead community-based initiatives that promote psychological well-being, resilience, and mental health awareness to foster a healthier society.

PEO6. Synthesize traditional Indian psychological wisdom with modern global advancements to offer culturally sensitive and holistic mental health solutions.

Program Learning Outcomes (PLOs):

“Upon successful completion of the M. A. Psychology programme, the learners will be able to.”

PLO1. Evaluate and synthesize major psychological theories to interpret human behavior across diverse contexts, maintaining a scientifically grounded and professionally objective perspective.

PLO2. Design and execute psychological research by formulating problems and analyzing data with strict adherence to scientific rigor, academic honesty, and ethical guidelines.

PLO3. Employ advanced statistical techniques and digital tools to interpret psychological data, ensuring the accuracy, reliability, and ethical management of sensitive information.

PLO4. Conduct and interpret standardized psychometric assessments for diagnostic purposes, ensuring cultural fairness, confidentiality, and the dignity of the test-taker.

PLO5. Formulate evidence-based intervention strategies and basic psychotherapy techniques while operating strictly within professional, legal, and ethical boundaries.

PLO6. Demonstrate core counseling competencies, including rapport building and active listening, with deep empathy, unconditional positive regard, and therapeutic sensitivity

PLO7. Analyze human behavior within Indian and global social contexts, demonstrating a reflexivity that respects cultural diversity and indigenous psychological perspectives.

PLO8. Adapt psychological principles to health, industrial, and educational settings with a commitment to enhancing human potential and organizational well-being.

PLO9. Exhibit high emotional intelligence and interpersonal sensitivity, ensuring effective communication that is rooted in mutual respect and professional decorum

PLO10. Reflective Learning Engage in autonomous, reflective thinking and a commitment to lifelong learning, consistently seeking to align personal skill enhancement with evolving professional standards.



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NEP-2020 aligned Curriculum with effect from Academic Year 2026-27

Master of Arts in Psychology

Semester-I

Course Type	Course Code	Course Title	Teaching-Learning Scheme		Credits	Assessment Scheme & Marks				
			L-P-T	Total Notional Hours		Internal Assessment			External Assessment	Total Marks
						FA	SA	Total		
DSC	P2A01NCPSY01	Practical in Psychology	2-6-1	120	4	20	30	50	50	100
DSC	P2A01NCPSY02	Experimental Psychology	4-0-1	120	4	20	30	50	50	100
DSC	P2A01NCPSY03	Research Methodology	4-0-1	120	4	20	30	50	50	100
DSE (Any One)	P2A01NEPSY01	Ecology of Psychopathology	4-0-1	120	4	20	30	50	50	100
	P2A01NEPSY02	Industrial Psychology								
DSE (Any One)	P2A01NEPSY03	Clinical Science	4-0-1	120	4	20	30	50	50	100
	P2A01NEPSY04	Occupational Health Science								
Skill	P2A01NSPSY01	Psychology of Emotions	2-0-1	60	2	10	15	25	25	50
Total				660	22	110	165	275	275	550

DSC: Discipline Specific Core

FA: Formative Assessment

DSE: Discipline Specific Elective

SA: Summative Assessment

L: Lecture

P: Practical

T: Tutorial



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Semester-II

Course Type	Course Code	Course Title	Teaching-Learning Scheme		Credits	Assessment Scheme & Marks				
			L-P-T	Total Notional Hours		Internal Assessment			External Assessment	Total Marks
						FA	SA	Total		
DSC	P2A02NCPSY01	Testing in Psychology	2-6-1	120	4	20	30	50	50	100
DSC	P2A02NCPSY02	Perspective on Human Behaviour	4-0-1	120	4	20	30	50	50	100
DSC	P2A02NCPSY03	Indian Psychology	4-0-1	120	4	20	30	50	50	100
DSE (Any One)	P2A02NEPSY01	Psychological Diagnostic & Intervention	4-0-1	120	4	20	30	50	50	100
	P2A02NEPSY02	Human Resource Development								
DSE (Any One)	P2A02NEPSY03	Applied Psychotherapy	4-0-1	120	4	20	30	50	50	100
	P2A02NEPSY04	Workplace Well-being & Dynamics								
Skill	P2A02NSPSY01	Indigenous Psychological Systems	2-0-1	60	2	10	15	25	25	50
Total				660	22	110	165	275	110	165

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