

Bachelor of Science - Home Science (B.Sc.- H.Sc.) (Home Science) Semester (II)

Course Code	UH02MAGEN01	Title of the Course	Fundamentals of Resource Management
Total Credits of the Course	$\frac{1}{1}$		03
Course Objectives:	<ul><li>2. To comprel</li><li>3. To apply known</li><li>problems.</li></ul>	hend the purpose nowledge of basi	of Resource Management. e of managing resources. ic process of management in solving egarding money, time and energy in daily

Cours	Course Content		
Unit	Description	Weightage*	
1.	<ul> <li>(A) Meaning and scope of resource management:</li> <li>(a) Definition, purpose and obstacles of management</li> <li>(b) Concepts and characteristics of management</li> <li>(c) Motivation theory- Maslow's hierarchy of needs</li> <li>(d) Motivating factors of resource management: Values, Goals, and Standards</li> </ul>	25	
2.	<ul> <li>(A) Resources: <ul> <li>(a) Importance and characteristics</li> <li>(b) Types of human and non-human resources</li> <li>(c) Ways of maximizing the use of resources</li> </ul> </li> <li>(B)Decision Making: Importance, steps involved in decision making and type of decisions, factors affecting decision making</li> </ul>	25	
3.	Management Process: Definition, steps: Planning, organising, controlling and evaluation	25	
4.	<ul> <li>Application of Management process to specific resources</li> <li>(a) Money: Meaning of Income and expenditure, sources of income, budget, steps of making budget, factors influencing budget, methods of account keeping.</li> <li>(b) Time Management: Need, tools and application of management steps.</li> <li>(c) Energy Management: Need, fatigue, management applied to energy.</li> <li>(d) Work simplification: Techniques and Mundell's Classes of Change.</li> </ul>	25	



Teaching-	Power Point Presentation, assignments, Lecture and discussion, Experiential
Learning	learning, ICT enabled teaching
Methodology	

Evalu	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written Examination (As per CBCS R.6.8.3)	15%	
2.	2. Internal Continuous Assessment in the form of Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)		
3.	University Examination	70%	

Cou	Course Outcomes: Having completed this course, the learner will be able to	
1.	Recognize the available resources and make the maximum use of resources to achieve the goals.	
2.	Demonstrate the basic process of management.	
3.	Critically analyse and apply the managerial skills in any situation.	
4.	Manage the money, time and energy effectively and be more productive.	

Sugges	Suggested References:		
Sr. No.	References		
1.	Ogle, N., Srinivasan, K., and Varghese, M.A. (2020). <i>Home Management</i> . New Delhi: New age International House.		
2.	The Educational Planning Group Delhi. (2015). <i>Home Management</i> . New Delhi: Arya Publishing House.		
3.	Shukul, M., and Gandotra, V. (2006). <i>Home Management and Family Finance</i> . New Delhi: Dominant Publishers and Distributors.		
4.	Nickell P., & Dorsey, J.M. (2002). <i>Management in Family Living</i> . New Delhi: CBS Publications and Distributors Pvt. Ltd.		
5.	Seetharaman, P., Batra S., and Mehra, P. (2005). <i>An Introduction to Family Resource Management</i> . New Delhi: CBS Publishers and distributors.		



6. ગંડોત્રા, વી., મજમુદાર જે. (2007). *ગુહવ્યવસ્થાપન*. અનડાબુકડીપો, અમદાવાદ.

On-line	On-line resources to be used if available as reference material		
On-line	On-line Resources		
	repgp.inflibnet.ac.in/Home/ViewSubject?catid=827 amily Resource Management		
http://	ecoursesonline.iasri.res.in/course/view.php?id=218		
7.	ઠક્કર ,પુજારા જે.(2001). <i>ગુહવ્યવસ્થાપનનોપરિયય</i> .પ્રવિણપુસ્તકભંડાર, રાજકોટ.		
8.	Bhat, A. Arya Kumar (2016). Principles of Management Competencies, processes and Practices.		
9.	Anupama Rani. (2010). <i>Home Budget and Time Management</i> . New Delhi: Sonali Publications.		





Bachelor of Science - Home Science (B.Sc.- H.Sc.) (Home Science) Semester (II)

Course Code	UH02MAGEN02	Title of the Course	Practical – Fundamentals of Resource Management	
Total Credits of the Course	04	Hours per Week	04	
Course Objectives:  1. Learning to identify and manage the use of refunctional use. 2. To manage limited resources by making intelligent				

Cours	e Content	
Unit	Description	Weightage*
1.	Classify the resources with examples.	5
2	Identify & list various community resources within your area.	5
3.	Identification of individual and family values	5
4.	List three short term goals	5
5	List three intermediate goals	5
6	List three long-term goals.	5
7	Mention the resources required to achieve those goals.	5
8	Record all the decisions made in last three days and classify.	5
9	Describe the steps in decision making process to make the final choice for the given situation.	5
10	Develop a time plan schedule for the coming week.	5
11	Identify ways to use your leisure time effectively.	5
12	Application of management process to organize an event– planning, organization, evaluation. Identification of aim / objectives of the event	5



13	Preparing proposal – Time schedule, list of invitees, planning for menu	5
14	Planning of resources	5
15	Planning for invitation and decoration	5
16	Budget planning	5
17	Executing an event	5
18	Event evaluation and reporting	5
19	Work simplification – process chart	5
20	Drafting family budget for different income groups.  (a) Low-income group  (b) Middle income group  (c) High income group	5

Teaching- Learning Methodology	Blackboard, charts, brain storming, games, discussions, actual performance of practical
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Evalu	Evaluation Pattern	
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to			
1.	Appreciate the significance of management process in efficient use of resources.		
2.	Demonstrate decision making abilities in given situations.		
3.	Manage the money, time and energy effectively and be more productive.		



Sugge	Suggested References:		
Sr. No.	References		
1.	Ogle N., Srinivasan K., and Varghese M.A. (1996). <i>Home Management</i> . , New Delhi: New age International House.		
2.	The Educational Planning Group Delhi (1993), <i>Home Management</i> . New Delhi: Arya Publishing House.		
3.	Shukul, M., and Gandotra, V. (2006). <i>Home Management and Family Finance</i> . New Delhi: Dominant Publishers and Distributors.		
4.	ગંડોત્રા,વી., મજમુદાર જે. (2007) , " ગ્રુહવ્યવસ્થાપન, અનડા બુક ડીપો, અમદાવાદ.		
5.	ઠક્કર,એમ. પુજારા જે. , (2001), "ગ્રુહવ્યવસ્થાપનનો પરિચય", પ્રવિણ પુસ્તક ભંડાર, રાજકોટ.		

On-line resources to be used if available as reference material

On-line Resources

 $\underline{https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=827}$ 

P-03 Family Resource Management

http://ecoursesonline.iasri.res.in/course/view.php?id=218





Bachelor of Science - Home Science (B.Sc.-H.Sc.) (Home Science) Semester (II)

Course Code	UH02MIGEN01	Title of the Course	Fundamentals of Human Development
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	<ol> <li>To develop an understanding about the need and importance of studyinghuman growth and development across life span</li> <li>To learn about the characteristics, needs and developmental tasks of different stages in the human life cycle</li> <li>To develop professional attitude for working with human beings acrosslife span</li> <li>To understand the concept and principles underlying growth and development, interrelatedness of domains of development</li> </ol>
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Unit	Description	Weightage *(%)
1.	<ul> <li>(A) History and Evolution of the Field of Human Development</li> <li>1. What is human development</li> <li>2. Concept, Need &amp; Importance of studying human development</li> <li>3. Domains of Human Development</li> <li>4. Historical and future of the field of Human Development</li> <li>5. Focus and Scope of the field of human development</li> <li>(B) Orientation to Growth and Development</li> <li>1. Meaning and definition of growth and development</li> <li>2. Growth and development: concepts and principles</li> <li>3. Factors affecting growth and development</li> </ul>	50
2.	Stages in the Human Life Cycle: An Overview  1. Stages of Human Development 2. Characteristics 3. Needs and Significance 4. Methods of studying Human Development 5. Developmental Milestones 6. Early stimulation and Intervention	50

Teaching-	Lecture method ,Active learning methodology , Group
Learning	discussions Method, Power Point Presentation, Audio Visual
Methodology	methods, Games,Seminar, Assignment, Quiz



Eval	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written Examination (As per CBCS R.6.8.3)	50%	
2.	Internal Continuous Assessment in the form of Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	30%	
3.	University Examination	50 %	

Cou	Course Outcomes: Having completed this course, the learner will be able to			
1.	The student will be able to develop an understanding about the discipline of HumanDevelopment.			
2.	The student will acquire a detailed understanding of developmental milestones of Human development.			
3.	The students will understand the characteristics, needs and significance of stages inthe human life cycle.			
4.	The student will acquire a detailed understanding of the broad perspectives of HumanDevelopment			

Sugge	Suggested References:			
Sr. No.	References			
1.	Berk, L.E. (2005). <i>Child development</i> (5th ed.). New Delhi: Prentice Hall			
2.	Berk, L. (2013). Child development. 9th ed. Boston: Pearson. Chapter 3			
3.	Bhangaokar, R.,& Kapadia, S. (in press). Human Development Research in India: A historical overview. New Delhi: In G. Misra (Ed.), Hundred years of Psychology inIndia.			
4.	Feldman, R., &Babu, N. (2009). Discovering the life span. New Delhi: Pearson.			
5.	Kakar, S. (1978). The Inner World: A Psycho-Analytic Study of Childhood andSociety in India.			
6.	Kapadia, S. (2011). Psychology and human development in India. Country paper. International Society for the Study of Behavioural Development Bulletin Number 2, Serial No. 60, pp.37-42.			



7.	Keenan, T., Evans, S., & Crowley, K. (2016). An introduction to child development. Sage.
8.	Lightfoot, C., Cole, M., & Cole, S. (2012). The development of children (7thed.). NewYork: Worth Publishers.
9.	Santrock, J. W. (2011). Life-span development. New York: McGraw-Hill. Chapter2, pg 52-78, Chapter 3, pg 79-109.
10.	Santrock, J. W. (2009). A topical approach to life-span development (custom ed.).
11.	Singh, A. (2015). Foundations of Human Development. New Delhi: Tata McGraw-Hill. Chapter 2, pg 25-40, Chapter 3.
12.	Singh, A. (2015). Foundations of Human Development: A life span approach. ND:Orient Black Swan.
13.	Walsh, B. A., DeFlorio, L., Burnham, M. M., & Weiser, D. A. (2017). Introduction to human development and family studies. Psychology Press.

On-line resources to be used if available as reference material
On-line Resources
https://www.sulross.edu/sites/default/files/sites/default/files/users/docs/education/counseling-hgd_7.pdf
https://us.sagepub.com/sites/default/files/upm- assets/106359_book_item_106359.pdf





Bachelor of Science - Home Science (B.Sc.-H.Sc) (Home Science) Semester (II)

Course Code	UH02MIGEN02	Title of the Course	Practical - Fundamentals of HumanDevelopment
Total Credits of the Course	(1)	Hours per Week	4

Course Objectives:	1. To acquaint the students about growth monitoring & anthropometricmeasurements of a child.
	2. To introduction and application of the basic tools of research in the field of Human Development to the students.

Cours	e Content	
Unit	Descriptio n	Weightage (%)
1.	Preparation of an album on developmental milestones of children.	10
2.	Growth monitoring, Plotting growth monitoring chart andinterpretation.	10
3.	Anthropometric measurements of a child: Ht. Wt., circumferencesetc. (by the use of Salter Scale and MUAC strip).	10
4.	Observation of individuals of different stages of life with the help of checklist: Neonate, Infancy, Early childhood, Late childhood, Adolescence, Young adulthood, Middle age, Late adulthood.	10
5.	The major tools of research in child study/ the field of humandevelopment: Case study, Interview, Questionnaire.	10
6.	Visit to an Anganwadi, ECCE centre/old age home/maternity wardand antenatal clinics.	10
7.	Carry out case studies to know more about the different life stages, e.g., Preschool children, school going children, adolescents, middleadults.	10
8.	Interviews of adolescent girls and boys to understand their life styleand behaviour based on gender and socio-economic status.	10

Teaching- Learning Methodology	Practical, Field visits, Interview method
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Eval	uation Pattern	
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	
2.	Internal Continuous Assessment in the form of Practical, Vivavoce, Assignments, Attendance (As per CBCS R.6.8.3)	50%
3.	University Examination	50%

Cour	rse Outcomes: Having completed this course, the learnerwill be able to
1.	The student will be able to develop an understanding about the discipline of HumanDevelopment.
2.	The student will acquire a detailed understanding of developmental milestones ,characteristics, need of different stages in the human life cycle
3.	The student will acquire a detailed understanding of the major tools of research inchild study

Sugge	ested References:
Sr. No.	References
1.	Berk, L.E. (2005). <i>Child development</i> (5th ed.). New Delhi: Prentice Hall
2.	Berk, L. (2013). <i>Child development</i> . 9th ed. Boston: Pearson. Chapter 3
3.	Bhangaokar, R.,&Kapadia, S. (in press). <i>Human Development Research in India: A historical overview</i> . In G. Misra (Ed.), Hundred years of Psychology in India. New Delhi: Springer.
4.	Feldman, R., &Babu, N. (2009). Discovering the life span. New Delhi: Pearson
5.	Kakar, S. (1998). <i>The inner world. Psychoanalytic study of childhood and society in India</i> . Delhi: Oxford University Press.
6.	Kapadia, S. (2011). <i>Psychology and human development in India</i> . Country paper. International Society for the Study of Behavioural Development Bulletin Number 2, Serial No. 60, pp.37-42.



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7.	Keenan, T., Evans, S., & Crowley, K. (2016). An introduction to child development. Sage.
8.	Lightfoot, C., Cole, M., & Cole, S. (2012). <i>The development of children</i> (7thed.). NewYork: Worth Publishers.
9.	Santrock, J. W. (2011). <i>Life-span development</i> . New York: McGraw-Hill. Chapter 2, pg 52-78, Chapter 3, pg 79-109.
10.	Santrock, J. (2017). <i>A topical approach to life span development</i> (9th ed.). NewNY.:Mcgraw-Hill Higher Education.
11.	Singh, A. (Ed.) 2015. <i>Foundations of Human Development</i> . New Delhi: Tata McGraw-Hill. Chapter 2, pg 25-40, Chapter 3.
12.	Singh, A. (2015). Foundations of Human Development: A life span approach. ND: Orient Black Swan.
13.	Walsh, B.A., Deflorio, L., Burnham, M.M., & Weiser, D.A. (2017). <i>Introduction to Human Development and Family Studies</i> . NY: Rutledge

On-line resources to be used if available as reference material
On-line Resources
https://www.sulross.edu/sites/default/files/sites/default/files/users/docs/education/counselin g-hgd_7.pdf
https://www.who.int/childgrowth/publications/monitoring/en/





### Bachelor of Science - Home Science (B.Sc.- H.Sc.) (Home Science) Semester (II)

Course Code	UH02IDGEN01	Title of the Course	Basic Science-II
Total Credits of the Course	02	Hours Per week	02

Objectives:	<ol> <li>To provide basic knowledge related to organic chemistry including petroleum products.</li> <li>Write structures of organic molecules in various ways classify the organic compounds name the compounds according to IUPAC system of nomenclature and also derive their structures from the given names.</li> <li>To familiarize the students with genetic concept.</li> </ol>
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Course	e Content	
Unit	Description	Weightage* (%)
1.	Introduction to organic chemistry: (a) Introduction, Sources, Importance. (b) Organic Compounds: Hydrocarbons, Functional Groups, IUPAC nomenclature, Examples of aliphatic and aromatic Compounds and Homologues series (c) Properties of alkane, alkene, and alkyne. Polymers: (a) Definition and explanation, Classification, General Properties, (b) Structures, properties and uses of following Polymers (1) Polythene, (2) Polyvinylchloride, (3) Teflon, (4) Nylon (5)Polyester.	50
2.	Growth and development  (a) Cell division,  (b) Sex determination in human and multiple birth.  (c) Vegetative propagation  Microorganisms  (a) Significance of microorganism, brief account of Viruses and Bacteria  (b) Commercial importance of Microbes (Virus, Bacteria and Yeast)  (c) Economic importance of plants and animals	50

	Teaching-
Learning learning experiences in terms of video lessons, Discussion, Methodology Project Work, Demonstrations, Practical guidance.	U





Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written Examination (As per CBCS R.6.8.3)	50%
2.	Internal Continuous Assessment in the form of Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	
3.	University Examination	50%

Cour	se Outcomes: Having completed this course, the learner will be able to			
1.	Understand organic compounds, Polymers and different dyes.			
2.	Get knowledge of growth and development of cell.			
3.	Learn basic concept of electricity.			
Sugg	ested References:			
Sr. No.	References			
1.	Chatwal, G. (1998). Synthetic Organic Chemistry. Bombay: Himalya Publishing House.			
2.	Mortimer,C. (1971). <i>Chemistry a Conceptual Approch.</i> , Calcutta-: Published by Van Nostrand Renhold Company.			
3	Dutta A.C. (1980). <i>A class book of Botany</i> . John Brown, oxford university press. Faraday House.			
4	Sharma V.K. (1990). <i>Biology class XI</i> . New Delhi: Daryaganj. Publishers 23.			
5	Maheshwari P.(1996). Biology Part 1-7. New Delhi.: NCERT.			
6	Kenneth W. University of California, Irvins (1975). <i>Basic Physics.</i> New Delhi: Oxford and IBH Publishing Co.			





Bachelor of Science - Home Science (B.Sc.- H.Sc.) (Home Science) Semester (II)

Course Code	UH02IDGEN02	Title of theCourse	Practical - Basic Sciences- II
Total Creditsof the Course	02	Hours perWeek	04

Objectives:	<ol> <li>To categorize the organic substance on the basis of their functionalgroup.</li> <li>To demonstrate types of propagation methods.</li> <li>To identify various types of microorganisms.</li> </ol>
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Course Content				
Unit	Description	Weightage *(%)		
1.	To detect functional groups of the given organic compounds through various tests Acids, Alcohols, Aldehydes and Ketones, Amine, Amide, Hydrocarbon, Ester, Phenol	30		
2.	Redox titration : $KMnO_4 \rightarrow FeSO_4$ . $7H_2O$ $KMnO_4 \rightarrow H_2C_2O_4$ . $2H_2OK_2Cr_2O_7$ $\rightarrow FeSO_4$ . $7H_2O$	20		
3.	To classify Friend and Foe animals.	05		
4.	To display slides of bacteria with electron micrographs.	10		
5.	To demonstrate methods of vegetative propagation (Drafting andBudding)	15		
6.	To demonstrate & practice methods of vegetative propagation (Layering)	10		
7.	Group project on economic importance and medicinal use ofplants.	10		





Learn	Practical, ICT enabled teaching and learning experiences in terms of videolessons Discussion, By way of Demonstrations.  Methodology		
Evalu	ation Patte	rn	
Sr. No.	Details of t	the Evaluation	Weightage
1.	Internal Pi	Practical Examination (As per CBCS R.6.8.3)	
2.		ontinuous Assessment in the form of Practical, Vivadance (As per CBCS R.6.8.3)	50%
3.	University	Examination	50%

Cour	Course Outcomes: Having completed this course, the learner will be able to		
1.	Perform qualitative analysis of organic substance.		
2.	Appraise the importance and utilization of plants and animals in general.		
3.	Get acquainted with the world of microorganisms.		

Sugge	ested References:
Sr. No.	References
1.	Ahluwalia, V.K.& Dhingra, S.(2010). <i>Comprehensive Practical Organic Chemistry – Qualitative Analysis</i> . Hyderabad: by University Press (India) Private Limited, First Indian Reprint 2010.
2.	Vogel.A. <i>Elementary Practical Organic Chemistry Part-2, Qualitative Organic Analysis</i> . New Delhi : CBS Publishers & Distributers, Second edition, reprint 2004.
3	Trivedi P.P.(1983). <i>Home Gardening</i> : Indian council of Agricultural Research.

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### Bachelor of Science-Home Science (B.Sc.-H.Sc.) (GENERAL HOME SCIENCE) Semester (II)

Course Code	UH02SEGEN01	Title of the Course	Personality Development
Total Credits Of the Course	02	Hours per Week	02

#### Course objectives

- 1. To understand the importance of personality development and its theories
- 2. To develop basic skills of intra /inter personal communication
- 3. To impart knowledge on time management and effective planning

Weightage (%) 50
50

Cou	Course outcomes		
1	The students will be able to develop and understanding about the basics		
	of personality, human growth and behavior		
2	The students will acquire detailed understanding of 3leadership skills		
	and team building and public speaking		





The students will acquire understanding about time management and effective planning

Rei	ference Books :
1.	Heller, Robert. Effective Leadership. Essential Manager Series. Dk
	Publishing. 2002
2.	Hindel, Tim. Reducing Stress Essential Manager Series
3.	Lucas, Stephen. Art Of Public Schooling New Delhi. Tata – Mc – Graw
	Hill. 2001
4.	Pravesh Kumar. All About Self-Motivation. New Delhi. Goodwill
	Publishing House. 2005
5.	Smith B. Body Language. Delhi: Rohan Book Company 2004





### Bachelor of Science-Home Science (B.Sc.-H.Sc.) (GENERAL HOME SCIENCE) Semester (II)

Course Code	UH02VAGEN01	Title of the Course	Environmental Studies
Total		Hours per	02
Creditsof		Week	
the Course			

Course	Objectives:
Objectives :	<ol> <li>Creating the awareness about the environmental problems amongthe students.</li> <li>Imparting the knowledge about environment and its allied problems.</li> </ol>
	3. Developing the attitude of concern for the environment

Course	e Content	
Unit	Description	Weightage *(%)
1.	<ul> <li>Overview of Environmental Studies:</li> <li>Definition,</li> <li>Scope,</li> <li>Importance,</li> <li>Meaning and Concept of Renewable and Non RenewableResources,</li> <li>Equitable use of resources for sustainable lifestyles,</li> <li>Need for Public awareness.</li> </ul>	25%
2.	<ul> <li>Natural Resources and Associated Problems:</li> <li>Concept and Threats - Forest Resources, Water Resources,</li> <li>Mineral Resources, Energy Resources, Land Resources,</li> <li>Role of individual in conservation of Natural Resources,</li> <li>National Forest Policy</li> </ul>	25%

	These are teacher-centred methods, learner-centred methods, content-focused methods and interactive/participative methods.
Methodolog	



#### SARDAR PATEL UNIVERSITY

#### Vallabh Vidyanagar, Gujarat

### (Reaccredited with 'A' Grade by NAAC (CGPA 3.25) Syllabus with effect from the Academic Year 2023-2024

Evalu	ation Pattern	
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Vivavoce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Cour	se Outcomes: Having completed this course, the learner will be able to
1.	Students can learn how to use resources sustainably and create awareness about preserving the environment.
2.	Students can develop awareness towards resources conservation and take initiative towards conservation process and understand the importance of resources forsustainable development.

Suggested References:	
Sr. No.	References
1.	Environmental Studies- Dr. Suresh K. Dhameja. Published by SK Kataria& Sons,New Delhi-110006
2.	Introduction to Environmental Studies- Chandar K. Sharma, Vrinda PublicationsPvt. Ltd. Delhi-110091
3	Textbook of Environmental Studies for Undergratuate Courses- ErachBharucha

On-line resources to be used if available as reference material
On-line Resources
Environmental Studies For Undergraduate Courses - UGC