



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02AEBSW01</b>	<b>Title of the Course</b>	<b>General English-II</b>
<b>Total Credits</b>	<b>2</b>	<b>Hours Per Week</b>	<b>2</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"><li>• To develop an understanding of applied grammar and vocabulary building</li><li>• To gain familiarity with descriptive writing</li></ul>
--------------------------	---

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Grammar</b> <ul style="list-style-type: none"><li>• Tenses &amp; Its Forms</li><li>• Subject Verb Agreement</li></ul>	<b>50%</b>
<b>2</b>	<b>Vocabulary Building</b> <ul style="list-style-type: none"><li>• Synonyms and Antonyms</li><li>• Odd one Out</li><li>• Word often Confused</li><li>• Sentence Jumbled</li><li>• Idioms and Phrases</li></ul> <b>Descriptive Writing</b> <ul style="list-style-type: none"><li>• Essay Writing</li></ul>	<b>50%</b>

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
--------------------------------------	--	---

<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
<b>1.</b>	Internal Written / Practical Examination	<b>50%</b>
<b>2.</b>	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
<b>3.</b>	University Examination	<b>50%</b>



# SARDAR PATEL UNIVERSITY

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))

Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

<b>Course Outcomes: After Completion of the Course, students will be able to:</b>	
1.	Understand tenses and their application in communication
2.	Gain familiarity with vocabulary

<b>Suggested References:</b>	
Sr. No.	References
1.	Sharma, V. (2021). <i>The best book of English grammar</i> . Beyond Books Hub.
2.	Altenberg, E. & Vago, R. (2010). <i>English grammar: Understanding the basics</i> . New York: Cambridge University Press.
3.	Joshi, M. (2014). <i>Using tenses in English: Past, present, future</i> . Booktango

<b>Online Resources</b>	
1.	<a href="https://byjus.com/english/subject-verb-agreement/">https://byjus.com/english/subject-verb-agreement/</a>
2.	<a href="https://academicguides.waldenu.edu/writingcenter/grammar/subjectverbagreement">https://academicguides.waldenu.edu/writingcenter/grammar/subjectverbagreement</a>
3.	<a href="https://byjus.com/english/english-tenses/">https://byjus.com/english/english-tenses/</a>
4.	<a href="https://www.grammarly.com/blog/verb-tenses/">https://www.grammarly.com/blog/verb-tenses/</a>
5.	<a href="https://byjus.com/govt-exams/synonyms-and-antonyms-list/">https://byjus.com/govt-exams/synonyms-and-antonyms-list/</a>
6.	<a href="https://saylordotorg.github.io/text_writing-for-success/s08-05-synonyms-and-antonyms.html">https://saylordotorg.github.io/text_writing-for-success/s08-05-synonyms-and-antonyms.html</a>
7.	<a href="https://www.englishclub.com/esl-activities/odd-one-out.php">https://www.englishclub.com/esl-activities/odd-one-out.php</a>



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02IDBSW01</b>	<b>Title of the Course</b>	<b>Psychology for Social Work Practice</b>
<b>Total Credits</b>	<b>4</b>	<b>Hours Per Week</b>	<b>4</b>

<b>Course Objectives:</b>	<ul style="list-style-type: none"><li>• To understand the relevance of Psychology to Social Work Practice</li><li>• To make the students familiar with basic psychological concepts and processes regarding human behaviour.</li></ul>
---------------------------	--

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Introduction to Psychology</b> <ul style="list-style-type: none"><li>• Meaning and Definitions of Psychology</li><li>• Branches of Psychology</li><li>• Relationship of Psychology with other Social Sciences (Social Work, Sociology, Economics and Political Science)</li></ul>	<b>25%</b>
<b>2</b>	<b>Memory</b> <ul style="list-style-type: none"><li>• Meaning and definitions of Memory</li><li>• Types of Memory (Sensory, Short Term and Long Term)</li><li>• Phases of Memory</li><li>• Factors affecting Memory</li></ul>	<b>25%</b>
<b>3</b>	<b>Learning and Motivation</b> <ul style="list-style-type: none"><li>• Meaning, Concept and Principles of Learning</li><li>• Pavlov's Learning theory (Classical and operant conditioning)</li><li>• Definition and Concept of Motivation</li><li>• Theory of Maslow's Hierarchy of Needs</li></ul>	<b>25%</b>
<b>4</b>	<b>Emotion and Perception</b> <ul style="list-style-type: none"><li>• Meaning, Definitions, Characteristics, and Components of Emotions</li><li>• Definition, Concept, Process, and Gestalt's Principles of Perception</li></ul>	<b>25%</b>



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
1.	Internal Written / Practical Examination	50%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
3.	University Examination	50%

<b>Course Outcomes: After Completion of the Course, students will be able to:</b>	
1.	To gain insight into the various branches of Psychology
2.	To gain familiarity with different psychological concepts.

<b>Suggested References:</b>	
<b>Sr. No.</b>	<b>References</b>
1.	Mangal, S.K. (2009). <i>General psychology</i> . New Delhi: Sterling Publishers Pvt. Ltd.
2.	Khaton, N. (2012). <i>General psychology</i> . UP: Dorling Kindersley (India) Pvt. Ltd.
3.	Francis, G. and Neath, I. (2015). <i>Introduction to Psychology</i> . US: Cengage Learning

<b>Online Resources</b>	
1.	<a href="https://egyankosh.ac.in/bitstream/123456789/62911/1/Unit-1.pdf">https://egyankosh.ac.in/bitstream/123456789/62911/1/Unit-1.pdf</a>
2.	<a href="https://egyankosh.ac.in/bitstream/123456789/23236/1/Unit-4.pdf">https://egyankosh.ac.in/bitstream/123456789/23236/1/Unit-4.pdf</a>
3.	<a href="http://hdl.handle.net/123456789/23277">http://hdl.handle.net/123456789/23277</a>
4.	<a href="https://www.moshikids.com/articles/three-key-elements-of-emotions-what-emotions-really-mean/">https://www.moshikids.com/articles/three-key-elements-of-emotions-what-emotions-really-mean/</a>
5.	<a href="https://egyankosh.ac.in/bitstream/123456789/23834/1/Unit-1.pdf">https://egyankosh.ac.in/bitstream/123456789/23834/1/Unit-1.pdf</a>
6.	<a href="https://egyankosh.ac.in/bitstream/123456789/12209/1/Unit-6.pdf">https://egyankosh.ac.in/bitstream/123456789/12209/1/Unit-6.pdf</a>



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02MABSW01</b>	<b>Title of the Course</b>	<b>Foundation of Social Work II</b>
<b>Total Credits</b>	<b>4</b>	<b>Hours Per Week</b>	<b>4</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"><li>• To develop an understanding of various concepts related to Social Work</li><li>• To understand Gandhian Philosophy of Social Work</li><li>• To understand contribution of religion to Social Work</li></ul>
--------------------------	---

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Introduction to the Concepts related to Social Work</b> Brief Overview of Social Welfare, Social Service, Social Security, Social Reform, Social Justice, Social Exclusion	<b>25%</b>
<b>2</b>	<b>Gandhian Social Work</b> <ul style="list-style-type: none"><li>• Meaning and Characteristics of Gandhian Social Work</li><li>• Satyagrah Movement</li><li>• Contribution of Gandhiji to Social Work</li></ul>	<b>25%</b>
<b>3</b>	<b>Contribution of Religions to Social Work</b> <ul style="list-style-type: none"><li>• Hinduism and Social Work</li><li>• Islam and Social Work</li><li>• Christianity and Social Work</li></ul>	<b>25%</b>
<b>4</b>	<b>Social Work Profession in India</b> <ul style="list-style-type: none"><li>• Meaning and Attributes of Profession</li><li>• Social Work as a profession</li><li>• Professional Social Work in India: Issues and Strategies</li><li>• Professionalization of Social Work in India</li><li>• Interface between Professional and Voluntary Social Work</li></ul>	<b>25%</b>

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
--------------------------------------	--	---



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11)  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
1.	Internal Written / Practical Examination	50%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
3.	University Examination	50%

<b>Course Outcomes: After Completion of the Course, students will be able to:</b>	
1.	Understand Gandhian Social Work and Gandhiji's contribution to social work.
2.	Gain insight into the contribution of religions to social work.
3.	Be familiar with the interface between Professional Social Work and Voluntary Social Work.

<b>Suggested References:</b>	
<b>Sr. No.</b>	<b>References</b>
1.	Bhattacharya, S. (2003). <i>Social work: An integrated approach</i> . New Delhi: Deep and Deep Publications.
2.	Jha, J.K. (2001). <i>Encyclopedia of Social Work: An introduction to social work (Vo.1)</i> . New Delhi: Anmol Publications Pvt. Ltd.
3.	Misra, P.D. (1994) <i>Social work: Philosophy and methods</i> . New Delhi: Inter-India Publications.
4.	Misra, P.D. & Misra B. (2015). <i>Social work profession in India</i> . Lucknow: New Royal Book Company.

<b>Online Resources</b>	
1.	<a href="http://egyankosh.ac.in/handle/123456789/51699">http://egyankosh.ac.in/handle/123456789/51699</a>
2.	<a href="http://egyankosh.ac.in/handle/123456789/50422">http://egyankosh.ac.in/handle/123456789/50422</a>
3.	<a href="https://egyankosh.ac.in/bitstream/123456789/24692/1/Unit-13.pdf">https://egyankosh.ac.in/bitstream/123456789/24692/1/Unit-13.pdf</a>
4.	<a href="https://www.researchgate.net/publication/289088813">https://www.researchgate.net/publication/289088813</a> Professional social work in India Some issues and strategies
5.	<a href="https://www.egyankosh.ac.in/bitstream/123456789/51700/1/Block%20-3.pdf">https://www.egyankosh.ac.in/bitstream/123456789/51700/1/Block%20-3.pdf</a>
6.	<a href="https://www.studocu.com/in/document/jamia-millia-islamiah/history-and-philosophy-of-social-work/professionalization-of-social-work-practice-in-india/21294472">https://www.studocu.com/in/document/jamia-millia-islamiah/history-and-philosophy-of-social-work/professionalization-of-social-work-practice-in-india/21294472</a>
7.	<a href="https://www.slideshare.net/mptasleem/what-is-the-difference-between-professional-and-voluntary">https://www.slideshare.net/mptasleem/what-is-the-difference-between-professional-and-voluntary</a>



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02MABSW02</b>	<b>Title of the Course</b>	<b>Indian Social Problems-II</b>
<b>Total Credits</b>	<b>4</b>	<b>Hours Per Week</b>	<b>4</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"><li>• To be able to understand the meaning of different Social Problems.</li><li>• To gain familiarity with the causes and effects of contemporary Indian Social Problems.</li><li>• To develop a broad understanding of how to control social problems.</li></ul>
--------------------------	--

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Overpopulation as a Social Problem</b> <ul style="list-style-type: none"><li>• Meaning of Demography</li><li>• Causes of Population Growth</li><li>• Effects of Overpopulation</li><li>• Measures to Control Population Growth</li></ul>	<b>25%</b>
<b>2</b>	<b>Corruption as a Social Problem</b> <ul style="list-style-type: none"><li>• Meaning of Corruption</li><li>• Causes of Corruption</li><li>• Effects of Corruption</li><li>• Measures to control Corruption</li></ul>	<b>25%</b>
<b>3</b>	<b>Alcoholism as a Social Problem</b> <ul style="list-style-type: none"><li>• Meaning of Alcoholism</li><li>• Causes of Alcoholism</li><li>• Effects of Alcoholism</li><li>• Measures to control Alcoholism</li></ul>	<b>25%</b>
<b>4</b>	<b>Casteism as a Social Problem</b> <ul style="list-style-type: none"><li>• Meaning of Casteism</li><li>• Causes of Casteism</li><li>• Consequences of Casteism</li><li>• Measures to eradicate Casteism</li></ul>	<b>25%</b>

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
--------------------------------------	--	---



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination	50%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
3.	University Examination	50%

Course Outcomes: After Completion of the Course, students will be able to:	
1.	To identify and draw a cause-and-effect relationship for various social problems existing in the community

Suggested References:	
Sr. No.	References
1.	Rao, C.N. (2020). <i>Indian social problems: A sociological perspective</i> . New Delhi: S Chand and Company Ltd.
2.	Ahuja, R. (1992). <i>Social problems in India</i> . Jaipur: Rawat Publications.
3.	Rao, C.N. (2004). <i>Sociology of Indian Society</i> . New Delhi: S Chand and Company Ltd.
4.	Madan, G.R. (2012). <i>Indian social problems (Vol.1)</i> . New Delhi: Allied Publishers Pvt. Ltd.

Online Resources	
1.	<a href="https://byjus.com/question-answer/what-are-the-main-causes-of-population-growth-in-india/">https://byjus.com/question-answer/what-are-the-main-causes-of-population-growth-in-india/</a>
2.	<a href="https://testbook.com/ias-preparation/overpopulation">https://testbook.com/ias-preparation/overpopulation</a>
3.	<a href="https://www.economicdiscussion.net/essays/measures-to-control-population-of-india/2249">https://www.economicdiscussion.net/essays/measures-to-control-population-of-india/2249</a>
4.	<a href="https://triumphias.com/blog/casteism-in-india/">https://triumphias.com/blog/casteism-in-india/</a>
5.	<a href="https://www.sociologydiscussion.com/caste/casteism/5-major-consequences-of-casteism-in-rural-india/2716">https://www.sociologydiscussion.com/caste/casteism/5-major-consequences-of-casteism-in-rural-india/2716</a>
6.	<a href="https://www.studocu.com/in/document/sikkim-manipal-university/sociology/measures-to-stop-the-practice-of-casteism/31098241">https://www.studocu.com/in/document/sikkim-manipal-university/sociology/measures-to-stop-the-practice-of-casteism/31098241</a>



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02MIBSW01</b>	<b>Title of the Course</b>	<b>Introduction to the Fields of Social Work</b>
<b>Total Credits</b>	<b>4</b>	<b>Hours Per Week</b>	<b>4</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"><li>• To develop an insight into contemporary fields of social work practice.</li><li>• To explore the role of Social Worker in different settings</li></ul>
--------------------------	--

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Family Welfare</b> <ul style="list-style-type: none"><li>• Meaning of Family and Family Centered Social Work</li><li>• Role of Family Social Worker</li></ul> <b>Child Welfare</b> <ul style="list-style-type: none"><li>• Meaning of Child and Child Welfare</li><li>• Child Welfare Services (ICPS, Adoption and Foster Care)</li></ul>	<b>25%</b>
<b>2</b>	<b>Youth Welfare</b> <ul style="list-style-type: none"><li>• Meaning of Youth and Youth Welfare</li><li>• Youth Welfare Services (Nehru Yuva Kendra and NSS)</li></ul> <b>Labour Welfare and Human Resource Management</b> <ul style="list-style-type: none"><li>• Meaning of Labour Welfare, Human Resource Management, and Industrial Social Work</li><li>• Roles and Responsibilities of Labour Welfare Officer</li></ul>	<b>25%</b>
<b>3</b>	<b>Medical and Psychiatric Social Work</b> <ul style="list-style-type: none"><li>• Meaning of Medical and Psychiatric Social Work,</li><li>• Role of Medical and Psychiatric Social Workers</li></ul> <b>Community Development</b> <ul style="list-style-type: none"><li>• Meaning of Community and Community Development</li><li>• Objectives of Community Development</li></ul>	<b>25%</b>
<b>4</b>	<b>Correctional Social Work</b> <ul style="list-style-type: none"><li>• Meaning of Correctional Social Work</li><li>• Role of Correctional Social Worker</li></ul> <b>School Social Work</b> <ul style="list-style-type: none"><li>• Meaning of School Social Work</li><li>• Role of School Social Worker</li></ul>	<b>25%</b>



## SARDAR PATEL UNIVERSITY

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))

Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
--------------------------------------	--	---

<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
1.	Internal Written / Practical Examination	50%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
3.	University Examination	50%

<b>Course Outcomes: Having completed this course, the learner will be able to</b>	
1.	Develop an understanding of different areas of social work practice like correctional medical and psychiatric, school, family, child and youth welfare and industry.

<b>Suggested References:</b>	
<b>Sr. No.</b>	<b>References</b>
1.	Sivarethinamohan, R. (2010). <i>Industrial relations and labour welfare-Text and Cases</i> . Delhi: PHI Learning Pvt. Ltd.
2.	Sharma, A.M. (1991). <i>Aspects of labour welfare and social security</i> . India: Himalaya Publishing House.
3.	Rao, S. (2005). <i>Principles of community medicine</i> . New Delhi: AITBS Publishers India.

<b>Online Resources</b>
1. <a href="https://www.sswaa.org/school-social-work">https://www.sswaa.org/school-social-work</a>
2. <a href="https://www.thesocialworkgraduate.com/post/school-social-work">https://www.thesocialworkgraduate.com/post/school-social-work</a>
3. <a href="https://nrcfcp.uiowa.edu/what-is-family-centered-practice">https://nrcfcp.uiowa.edu/what-is-family-centered-practice</a>
4. <a href="http://hdl.handle.net/123456789/17182">http://hdl.handle.net/123456789/17182</a>
5. <a href="http://egyankosh.ac.in/handle/123456789/50435">http://egyankosh.ac.in/handle/123456789/50435</a>
6. <a href="https://nss.gov.in/">https://nss.gov.in/</a>
7. <a href="https://nyks.nic.in/">https://nyks.nic.in/</a>
8. <a href="https://vikaspedia.in/social-welfare/women-and-child-development/child-development-1/child-development">https://vikaspedia.in/social-welfare/women-and-child-development/child-development-1/child-development</a>



**SARDAR PATEL UNIVERSITY**  
**Vallabh Vidyanagar, Gujarat**  
 (Reaccredited with 'A' Grade by NAAC (CGPA 3.11)  
 Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02SEBSW01</b>	<b>Title of the Course</b>	<b>Field Practicum-II</b>
<b>Total Credits</b>	<b>2</b>	<b>Hours Per Week</b>	<b>8</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• To learn how to apply Social Work Theories into practice</li> <li>• To understand how professional and ethical standards are applied in the field</li> <li>• To acquaint the students with different field settings</li> </ul>
--------------------------	---

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Concurrent Field Work</b> <ul style="list-style-type: none"> <li>• Concurrent Field Work (8 hours weekly) in an Institutional or Non-institutional Setting</li> </ul>	<b>50%</b>
<b>2</b>	<b>Field Work Recording</b> <ul style="list-style-type: none"> <li>• Documentation requirements (Field Work Report Writing)</li> </ul> <b>Field Work Supervision</b> <ul style="list-style-type: none"> <li>• Individual Conference and/or Group Conference</li> </ul>	<b>50%</b>

<b>Teaching Learning Methodology</b>	Individual Conferences Group Conferences Collateral Readings	Individual and Group Presentations Peer Learning
--------------------------------------	--	---

<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
<b>1.</b>	Internal Viva Voce	<b>50%</b>
<b>2.</b>	Internal Continuous Assessment in the form of Practical, Viva-voce, Documentation, Attendance in the Field Work and Conference	
<b>3.</b>	<b>University External Examination</b> Viva Voce	<b>50%</b>

<b>Course Outcomes: After Completion of the Course, students will be able to:</b>	
<b>1.</b>	Apply the social work knowledge and skills into practice
<b>2.</b>	Learn the culture and cultural practices of different communities



## SARDAR PATEL UNIVERSITY

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))

Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

---

Suggested References:	
Sr. No.	References
1.	Dash, B.M. & Roy, S. (2020). <i>Field work training in social work</i> . New York: Routledge
2.	Kadushin, A. & Harkness, D. (1992). <i>Supervision in social work</i> . New York: Columbia University Press.
3.	Roy, S. (2012). <i>Field work in social work</i> . Jaipur: Rawat Publications.

Online Resources	
1.	<a href="https://egyankosh.ac.in/bitstream/123456789/51716/1/Block%20-4.pdf">https://egyankosh.ac.in/bitstream/123456789/51716/1/Block%20-4.pdf</a>
2.	<a href="https://egyankosh.ac.in/bitstream/123456789/51715/1/Block%20-3.pdf">https://egyankosh.ac.in/bitstream/123456789/51715/1/Block%20-3.pdf</a>
3.	<a href="https://egyankosh.ac.in/bitstream/123456789/51713/1/Block%20-1.pdf">https://egyankosh.ac.in/bitstream/123456789/51713/1/Block%20-1.pdf</a>



Course Code	UA02VABSW01	Title of the Course	Integrated Personality Development
Total Credits of the Course	04	Hours per Week	02

**Course Name: IPDC-1**

**Recommended Credit: 2**

**Course Duration: 30 Hours**

### **The Integrated Personality Development Course – An Introduction**

The Integrated Personality Development Course (IPDC) has been designed to enhance student awareness of India's glory and global values and create citizens who contribute to their families, college, workforce, community, and nation. This course supports the requirements of the National Education Policy (NEP), to “build character, enable learners to be ethical, rational, compassionate, and caring, while at the same time prepare them for gainful, fulfilling employment”.

Easily integrated into the university syllabus, IPDC effectively teaches essential Indian values, develops character, strengthens morality, and nourishes constructive and creative thinking. Through this course, students can enjoy, understand, and practise priceless lessons, giving them the tools to prepare for a brighter future towards nation-building.

#### **Introductory Resources:**

<u><a href="#">IPDC Intro</a></u> <a href="#">IPDC-YouTube</a>	<u><a href="#">Lecturer Glimpse</a></u> <a href="#">IPDC - YouTube</a>	<u><a href="#">IPDC Impact - 1</a></u> <a href="#">IPDC - YouTube</a>
		

#### **Type of Course:**

Value-Based Holistic Personality Development Course for University Students.

## **Rationale / Scope:**

IPDC aims to prepare students to become ideal citizens of India, promoting fortitude in the face of failures, Indian values like seva, pride for the Indian heritage, self-discipline amidst distractions and many more priceless lessons. The course enables students to become self-aware, sincere, and successful in their many roles – as ambitious students, reliable employees, caring family members, and contributing Indian citizens.

## **Course Outcomes / Objectives:**

- To enhance awareness of India's glory and global values, and to create considerate citizens who strive for the betterment of their family, college, workforce, communication, and nation.
- To provide students with a holistic value-based education that will enable them to succeed academically, professionally, and socially.
- To give the students the tools to develop effective habits, promote personal growth, and improve their well-being, stability, and productivity.
- To allow students to establish a stronger connection with their family through critical thinking and the development of qualities such as unity, forgiveness, empathy, and effective communication.
- To provide students with soft skills that complement their hard skills, making them more marketable when entering the workforce.
- To inspire students to strive for a higher sense of character by learning from Indian role models who have lived principled, disciplined, and value-based lives.

## Course Content / IPDC Syllabus:

IPDC-1 is distributed across one semester and consists of 15 topics. Each topic will be 2 lecture hours per week, and therefore a total of 30 hours. In addition to the core lectures, one induction topic is recommended as shown in the below table.

Lecture No.	Module & Subject	Subject Description	Hours
<b>IPDC-1</b>			
Intro	The Need for Values	Students will learn about the need for values as part of their holistic development to become successful in their many roles - as ambitious students, reliable employees, caring family members, and considerate citizens.	2
1	<b>Module:</b> Remaking Yourself <b>Subject:</b> Restructuring Yourself	Students learn how self-improvement enables them to secure a bright future for themselves. They will learn 6 powerful thought processes that can develop their intellectual, physical, emotional, and spiritual quotients.	2
2	<b>Module:</b> Remaking Yourself <b>Subject:</b> Power of Habit	Students will undergo a study of how habits work, the habits of successful professionals, and the practical techniques that can be used to develop good habits in their life.	2
3	<b>Module:</b> Learning from Legends <b>Subject:</b> Tendulkar & Tata	Students will learn from the inspirational lives of India's two legends, Sachin Tendulkar and Ratan Tata. They will implement these lessons through relatable case studies.	2
4	<b>Module:</b> From House to Home <b>Subject:</b> Listening & Understanding	Active listening is an essential part of academic progress and communication. Students will learn to listen with their eyes, ears, mind, and heart.	2
5	<b>Module:</b> Facing Failures <b>Subject:</b> Welcoming Challenges	This lecture enables students to revisit the way in which they approach challenges. Through the study of successful figures such as Disney, Lincoln and Bachchan, students will learn to face difficulties through a positive perspective.	2

6	<b>Module:</b> Facing Failures <b>Subject:</b> Significance of Failures	Failure is a student's daily source of fear, negativity, and depression. Students will be given the constructive skills to understand failure as a formative learning experience.	2
---	--	---	---

7	<b>Module:</b> My India My Pride <b>Subject:</b> Glorious Past - Part 1	India's ancient Rishis, scholars, and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past so that they could develop a strong passion and pride for our nation.	2
8	<b>Module:</b> My India My Pride <b>Subject:</b> Glorious Past - Part 2	Our ancient concepts can be used to seek revolutionary ideas and generate inspiration. Students will develop a deeper interest in India's Glorious Past – by appreciating the need to read about it, research it, write about it, and share it.	2
9	<b>Module:</b> Learning from Legends <b>Subject:</b> A.P.J. Abdul Kalam	Dr Kalam's inspirational life displayed legendary qualities which apply to students (1) Dare to Dream (2) Work Hard (3) Get Good Guidance (4) Humility (5) Use Your Talents for the Benefit of Others	2
10	<b>Module:</b> Soft Skills <b>Subject:</b> Networking & Leadership	Students are taught the means of building a professional network and developing a leadership attitude.	2
11	<b>Module:</b> Soft Skills <b>Subject:</b> Project Management	Students will learn the secrets of project management through the Akshardham case study. They will then practise these skills through an activity relevant to student life.	2
12	<b>Module:</b> Remaking Yourself <b>Subject:</b> Handling Social Media	Students will learn how social media can become addictive and they will imbibe simple methods to take back control.	2

13	<b>Module:</b> Facing Failures <b>Subject:</b> Power of Faith	Students will learn about the power and necessity of faith in our daily lives.	2
14	<b>Module:</b> From House to Home <b>Subject:</b> Bonding the Family	Students will understand the importance of strong family relationships. They will learn how to overcome the generation gap and connect with their family more.	2
15	<b>Module:</b> Selfless Service <b>Subject:</b> Seva	Students will learn that performing seva is beneficial to one's health, well-being, and happiness. It also benefits and inspires others.	2



## **Lecture Breakdown:**

In accordance with the academic structure, each topic will span a duration of two hours, which can be divided into two distinct lecture hours, as elaborated below.

During the **first hour**, the focus will be on contextualizing the topic for the week. Students will commence with an introductory film to spark curiosity. This is followed by a lecture video (part A) that introduces essential concepts, followed by a class discussion aimed at fostering active participation and engagement. These activities aim to facilitate the comprehension of foundational aspects related to the subject matter.

During the **second hour**, the topic will be explored in greater depth. A second lecture video (part B) will build upon the foundational knowledge. Thereafter, interactive activities including workbook activities, group discussions, critical thinking exercises, case studies, and topic analysis enable students to apply their acquired knowledge, thereby fostering a more comprehensive understanding of the subject matter with emphasis on practical application.

By adhering to this format, the IPDC lectures aim to provide a conducive learning environment where students can effectively acquire knowledge, develop practical application skills, and enhance their overall academic performance.

## **Core Components:**

The IPDC lectures will take place in college classrooms and will be hosted by a university-appointed course instructor/faculty. BAPS will provide the teaching resources, guidance, and training to effectively implement the four components shown below.

### **1. Introductory Film**

Each lecture begins with a short film that introduces the topic through modern production. The original content displays relatable scenarios and visuals that captivate the students' attention and stimulates their curiosity to learn more.

### **2. Lecture Video**

Students watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills. The experience of the speaker, eloquence of presentation, and use of interactive visuals collectively create a profound impact on each student's mind and heart.

### **3. Student Interaction**

These sessions promote stimulating discussion and conversation and help create safe spaces for the healthy exchange of ideas. Thus, each session provides a forum in which students can openly express their emotions and thoughts.

### **4. Workbook Activities**

Workbooks assist students implement the values taught in the lecture into their personal lives. Reliable research, priceless experience, practical scenarios, and reflective questions are innovatively depicted, motivating students to contemplate and think creatively.

Preview the IPDC Workbook at the link - <https://www.youtube.com/watch?v=C09aqOszvY>

### **Teaching and Examination Scheme:**

Teaching Scheme: Lecture – 2 hrs/week

### **Examination Scheme**

The assessments can include both continuous evaluation and end-of-semester examinations. The assessment scheme should include student attendance, assignments, mid-term exams, viva, workbook submission, and end-of-semester examinations.

The IPDC team will provide a question-bank resource with answers for each subject of IPDC to assist the faculties in creating exams. Marks distribution in theory and practical exams depends on the respective system of the institute/university.

### **Course Material / Main Course Workbook:**

The IPDC-1 Workbook will be the official course material for the study of IPDC-1. The workbook will be designed and presented by BAPS IPDC Team. The workbook will serve as a basis for study, submission, viva and exams for students.

### **IPDC References –**

These are the reference material for the IPDC lectures. This is not compulsory reading for the students as the essential information is contained in the workbooks.

No.	Module	References
1	Facing Failures	<ol style="list-style-type: none"> <li>1. Thomas Edison’s factory burns down, New York Times Archives, Page 1, 10/12/1914</li> <li>2. <a href="#">Lincoln Financial Foundation</a>, Abraham Lincoln's "Failures": Critiques, Forgotten Books, 2017</li> <li>3. J.K. Rowling Harvard Commencement Speech   Harvard University Commencement, 2008</li> <li>4. Born Again on the Mountain: A Story of Losing Everything and Finding It Back, <a href="#">Arunima Sinha</a>, Penguin, 2014</li> <li>5. Failing Forward: Turning Mistakes Into Stepping Stones for Success, <a href="#">John C. Maxwell</a>, Thomas Nelson, 2007</li> <li>6. Steve Jobs: The Exclusive Biography Paperback, <a href="#">Walter Isaacson</a>, Abacus, 2015</li> <li>7. Failing Forward: Turning Mistakes Into Stepping Stones for Success, <a href="#">John C. Maxwell</a>, Thomas Nelson, 2007</li> </ol>
2	Learning from Legends	<ol style="list-style-type: none"> <li>1. Chase Your Dreams: My Autobiography, Sachin Tendulkar, Hachette India, 2017</li> <li>2. Playing It My Way: My Autobiography, Sachin Tendulkar, Hodder &amp; Stoughton, 2014</li> <li>3. The Wit and Wisdom of Ratan Tata, Ratan Tata, Hay House, 2018</li> <li>4. The Tata Group: From Torchbearers to Trailblazers, Shashank Shah, Penguin Portfolio, 2018</li> <li>5. The Leader Who Had No Title, Robin Sharma, Jaico Publishing House, 2010</li> <li>6. In the Joy of Others: A Life-Sketch of Pramukh Swami Maharaj, Mohanlal Patel and BAPS Sadhus, Swaminarayan Aksharpith, 2013</li> </ol>
3	My India My Pride	<ol style="list-style-type: none"> <li>1. Rishis, Mystics, and Heroes of India, Sadhu Mukundcharandas, Swaminarayan Aksharpith, 2011</li> <li>2. Physics in Ancient India, <a href="#">Narayan Dongre</a>, <a href="#">Shankar Nene</a>, National Book Trust, 2016</li> <li>3. <a href="#">The Rise of Civilization in India and Pakistan</a>, Raymond Allchin, Bridget Allchin, <a href="#">Cambridge University Press</a>, 1982</li> <li>4. <a href="#">The Āryabhaṭīya of Āryabhaṭa: An Ancient Indian Work on Mathematics and Astronomy (1930)</a>, <a href="#">Walter Eugene Clark</a>, University of Chicago Press, reprint, Kessinger Publishing, 2006</li> </ol>
4	Remaking Yourself	<ol style="list-style-type: none"> <li>1. Power of Habit, Charles Duhigg, Random House Trade Paperbacks, 2014</li> <li>2. Change Your Habit, Change Your Life, Tom Corley, North Loop Books, 2016</li> <li>3. The Seven Habits of Highly Effective People, Stephen Covey, Simon &amp; Schuster, 2013</li> <li>4. Seven Habits of Highly Effective Teens, Sean Covey, Simon &amp; Schuster, 2012</li> <li>5. Atomic Habits, James Clear, Random House, 2018</li> <li>6. How a handful of tech companies control billions of minds every day, Tristan Harris, TED Talk, 2017</li> </ol>
5	From House to Home	<ol style="list-style-type: none"> <li>1. “What Makes a Good Life? Lessons from the Longest Study on Happiness”, R. Waldinger, Ted Talks, 2015</li> <li>2. Long Walk To Freedom, <a href="#">Nelson Mandela</a>, Back Bay Books, 1995</li> <li>3. Outliers, Malcolm Gladwell, Back Bay Books, 2011</li> </ol>
6	Soft Skills	<ol style="list-style-type: none"> <li>1. The 17 Indisputable Laws of Teamwork, John Maxwell, HarperCollins, 2013</li> <li>2. Team of Teams: New Rules of Engagement for a Complex World, Stanley McChrystal, Portfolio, 2015</li> <li>3. Predictably Irrational, Revised and Expanded Edition: The Hidden Forces That Shape Our Decisions, <a href="#">Dan Ariely</a>, Harper Perennial, 2010</li> </ol>
7	Selfless Service	<ol style="list-style-type: none"> <li>1. Open: An Autobiography, Andre Agassi, Vintage, 10 August 2010</li> <li>2. The Physiological Power of Altruism [online], James Hamblin, The Atlantic, December 30, 2015, <a href="https://www.theatlantic.com/health/archive/2015/12/altruism-for-a-better-body/422280/">https://www.theatlantic.com/health/archive/2015/12/altruism-for-a-better-body/422280/</a> [last accessed June 10, 2020]</li> <li>3. TBI Blogs: From Entrepreneurs to Doorkeepers, Everybody Serves with Love &amp; Warmth at This Ahmedabad Café [online], <a href="#">The People Place Project</a>, The Better India, May 29, 2017, <a href="https://www.thebetterindia.com/102551/small-way-serve-ahmedabad-seva-cafe/">https://www.thebetterindia.com/102551/small-way-serve-ahmedabad-seva-cafe/</a>, [last accessed June 10, 2020]</li> </ol>

## **Basic Terms and Support Required from Institute:**

### **Awarded Credits:**

To ensure the full participation of the students, we insist the course be credit-based. The credits are according to the preference of the university.

### **Course Instructors:**

As IPDC is about values and not just grades, an ideal candidate for teaching the course should be morally and ethically accomplished. The instructor should also be an effective communicator, well adept at conducting activities with the students. The required academic qualification for the instructor should be minimum graduation in any stream. We propose that all instructors appointed by your institute should attend an IPDC faculty workshop to get familiar with the style of the course. We are glad to inform you that BAPS is ready to provide this workshop.

### **Technical Requirements:**

As elaborated in meetings and published in presentations, the foremost element of the course involves videos and interactive sessions which require a good level of audio/video amenities at the campus for students. A projector, laptop, internet connection, and basic audio-visual set-up are requisite for productive learning and positive outcome of the course.

IPDC Team will provide a digital portal to deliver all the IPDC video content. This platform allows smoothness in the learning and teaching process. IPDC Team will provide this digital system free of charge, and the University/Institute will approve and assist in implementing its use.

### **Approval of Teaching Mediums:**

All the lecture videos and materials, alongside the teacher's guide, have been designed by BAPS and will be provided as discussed below.

The lecture videos will be provided through a web portal that runs on Windows devices or through a mobile app. This medium will be provided to all the registered teaching faculty, free of charge. The university should approve this medium and assist in the implementation of its use.

The IPDC workbook is an essential part of the course, as they provide the content and basis for the end-of-semester exams and the continuous assessments. The university should approve the use and purchase of this printed material for the students.

### **Registrations and Course-Beneficiaries Data:**

To ensure the smooth implementation of the course, the university/institute will ensure that the students and faculties officially register with IPDC. For this purpose, the university/institutes will be required to provide the necessary information about the colleges, faculty members, and enrolled students in the course. Also, respective institutes need to provide enrolled students' final results in this subject for every batch in the format required by IPDC Team. IPDC Team will also offer a certificate to students upon completion of the course.

### **Fees/Charges:**

BAPS Sanstha has always focused on social activities to empower the nation and its youth. This course focuses on moral and character development and is dedicated to providing holistic value-based education to the youth. So, as a noble service to society, we offer the course to your university/institute for free. All the following materials of all modules will be provided to end-users without any charges:

- Introductory Videos
- Main Lecture Videos
- Teacher's Guide
- IPDC Question Bank
- Exam Guide

However, the printed workbook for IPDC-1 is to be procured by students/institutes as per the printed price.

### **Copyrights/Intellectual Rights:**

Copyright/IPR of all IPDC materials provided for the IPDC Course belongs to BAPS Swaminarayan Sanstha. Hence, the use of all these materials should be limited to the teaching of IPDC courses only.

For any further assistance please contact IPDC services.

Ph. 9099904146

E-mail: [service.ipdc@in.baps.org](mailto:service.ipdc@in.baps.org)



**SARDAR PATEL UNIVERSITY**  
Vallabh Vidyanagar, Gujarat  
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))  
Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

**BSW II Semester**

<b>Course Code</b>	<b>UA02VABSW02</b>	<b>Title of the Course</b>	<b>National Service Scheme</b>
<b>Total Credits</b>	<b>2</b>	<b>Hours Per Week</b>	<b>2</b>

<b>Course Objectives</b>	<ul style="list-style-type: none"><li>To develop an understanding of various concepts of the National Service Scheme</li><li>To understand the Philosophy of National Service Scheme</li><li>To gain insight into the NSS Programmes and Activities</li></ul>
--------------------------	---

<b>Course Content</b>		
<b>UNIT</b>	<b>DESCRIPTION</b>	<b>WEIGHTAGE (%)</b>
<b>1</b>	<b>Introduction of the National Service Scheme (NSS)</b> <ul style="list-style-type: none"><li>History and Growth of NSS</li><li>Basic Concepts related to NSS - Objectives, Motto, NSS Symbol, NSS Day, NSS Song, NSS Programme Officer, NSS Volunteer</li></ul>	<b>50%</b>
<b>2</b>	<b>NSS Programmes and Activities</b> <ul style="list-style-type: none"><li>Aims of NSS Programme and Activities</li><li>Classification of NSS Programmes</li></ul>	<b>50%</b>

<b>Teaching Learning Methodology</b>	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning Field Visits
--------------------------------------	--	---

<b>Evaluation Pattern</b>		
<b>Sr. No.</b>	<b>Details of the Evaluation</b>	<b>Weightage</b>
<b>1.</b>	Internal Written / Practical Examination	<b>50%</b>
<b>2.</b>	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance	
<b>3.</b>	University Examination	<b>50%</b>

<b>Course Outcomes: Having completed this course, the learner will be able to</b>	
<b>1.</b>	Develop an understanding of various programmes and activities of National Service Scheme



## SARDAR PATEL UNIVERSITY

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))

Syllabus with effect from the Academic Year 2023-2024 (Based on NEP, 2020)

---

<b>Suggested References:</b>	
<b>Sr. No.</b>	<b>References</b>
1.	Revised NSS Manual

<b>Online Resources</b>	
1.	<a href="https://nss.gov.in/sites/default/files/manualNss2006.pdf">https://nss.gov.in/sites/default/files/manualNss2006.pdf</a>
2.	<a href="https://nss.gov.in/">https://nss.gov.in/</a>