



**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**

Course Code	UA02MAPSY01	Title of the Course	<b>PSYCHOLOGY OF EFFECTIVE BEHAVIOUR</b>
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1. To equip the learner with an understanding of the concept of Frustration 2. To impart an understanding of the various: Conflict and Pressure
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Course Content		
Unit	Description	Weightage%
1.	<b>Frustration</b> Definition of Frustration Causes of Frustration (Harmful effect and constructive effect) Adjustment of Frustration, Frustration of tolerance, Causes of Frustration of tolerance	25%
2.	<b>Conflict and Pressure</b> Definition of Conflict types of Conflict General Conflict of our Society, Definition of Pressure types of Pressure General Pressure of our Society, Causes of Stress	25%
3.	<b>Emotional Competence</b> Pattern of emotional Experience, Pattern of emotional Expression and control, Understanding and functioning with Emotions, Fostering constructive Emotion, special Strategies for emotional weak spot, dealing with problem emotion	25%
4.	<b>Social Competence</b> Foundation of Good Interpersonal Relationship (1.Recognition of mutual Purposes, Rights and Responsibilities, 2.A Realistic View of self and other 3.Adequate Structure and Communication4.Factoers in Satisfactory Interpersonal Accommodation) Improving Social Competence (1.Helping to meet the needs of Otters 2.Mainting One's Own Integrity 3.Being Sensitive to the requirements of the Situation 4. Learning to Communicate more Effectively)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding the meaning and processes of Frustration.
2.	Demonstrating an appreciation of various Conflict and Pressure.
3.	Meaning of Pattern of emotional Experience.
4.	Understanding of Conflict and Pressure dealing with Emotional Competence.

Suggested References:	
Sr.	References
1.	H.C.Smith -The personal Adjustment.
2.	Shaffer and shoben - Psychology of personal Adjustment.
3.	Lehner and kube : The Dynamics of personal Adjustment.
4.	H .C.Smith Personality of And Adjustment.
5.	James C. Colman Psychology and Effective behaviour
6.	rj nlkallt p3e, wratkmar Manovi)an AneAsrkark vtR, sl.j mnadasnl kpnI, Amdavad
On-line resources to be used if available as reference material	
On-line Resources: <a href="http://www.varywelmind.com">www.varywelmind.com</a> <a href="http://www.all/about/psychology.com">www.all/about/psychology.com</a>	
<a href="http://www.sparknote.com">www.sparknote.com</a> <a href="http://www.psychologydisscusion.net">www.psychologydisscusion.net</a> <a href="http://www.cliffsnotes.com">www.cliffsnotes.com</a>	





**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**

Course Code	UA02MAPSY02	Title of the Course	<b>ADVANCE APPLIED PSYCHOLOGY</b>
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none"> <li>1. To equip the learner with an understanding of the concept of Applied Psychology</li> <li>2. To impart an understanding of the human relationship.</li> <li>3. Application of psychology in Industry</li> </ol>
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Course Content		
Unit	Description	Weightage%
1.	<b>Introduction of Applied Psychology</b> Definition of Applied Psychology, Nature of Applied Psychology, Field of Applied Psychology, Aims of Applied Psychology	25%
2.	<b>Introduction of Human Relation</b> Human nature can be changed? Characteristics of Reformer, Factors of Social reform, Problems of social reform (Industrial conflict, war and peace) Technique to remove Influence of other people, Principals of Influence other people	25%
3.	<b>Applications of Psychology in Industry</b> Methods of Selecting worker, (Interview method and use of Psychological test) worker's Training , Human relation in Industry, Factors affecting of work Condition (Light, Ventilation, Temperature , Duration of work hour , Duration of rest ,Noise, Dust, Music, Rooms)	25%
4.	<b>Psychology of Advertisement</b> What is Advertisement? Techniques of Advertisement-:Is Advertisement an art?, Is Advertisement good or bad ?, Use of psychology in Advertisement, Sexual appeal in Advertisement, Negative appeal in Advertisement, Showroom and Window Display, Open Exhibition and self buying, Methods of consumer Research (consumer interview, Questioner, Experimental research, Use of mechanical structure (Audiometer, eye camera, programme Analyzer, Visual Testing Apparatus) Depth Research)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding what psychology is all about
2.	Appreciation of the scope and the field of psychology
3.	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain
4.	Developing familiarity with individual level phenomenon such as motivation.

Suggested References:	
Sr.	References
1.	Gray J.S. Psychology in Use
2.	Counselling Psychology T.Shanmagam Asia publishing, Bombay
3.	Prem Pasricha Guidance and counselling in Indian Education
4.	Proffengerger A.T. Applied Psychology New York Appleton
5.	Burnt H.E. Applied Psychology Prentice Hall
	વ્યવહારિક મનોવિજ્ઞાન કાર્યક્રમ અંગત અને વ્યાજવેગી અભ્યાસ માટે
On-line resources to be used if available as reference material	
On-line Resources: <a href="http://www.varywelmind.com">www.varywelmind.com</a> <a href="http://www.all/about/psychology.com">www.all/about/psychology.com</a>	
<a href="http://www.sparknote.com">www.sparknote.com</a> <a href="http://www.psychologydiscussion.net">www.psychologydiscussion.net</a> <a href="http://www.cliffsnotes.com">www.cliffsnotes.com</a>	





**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**

Course Code	UA02MIPSY01	Title of the Course	<b>CHILD PSYCHOLOGY</b>
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	<ol style="list-style-type: none"> <li>1. To equip the learner with an understanding of the concept and process of Growth, Development and maturation of child.</li> <li>2. To impart an understanding of the various domains of child behaviour and methods of study.</li> <li>3. To inculcate sensitivity to socio-cultural context of child development and behaviour.</li> </ol>
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Course Content		
Unit	Description	Weightage%
1.	Introduction to Child Psychology 1. Definition & nature of Child psychology – Concepts about child (ancient and modern /scientific) – importance of study of child psychology – study methods (Observation, case study, Interview methods, Projective method, Experimental Methods self-report, questionnaire)	25%
2.	Growth and Development, maturity Illness, physical defect Meaning of Growth and Development - Characteristics of Growth and Development - meaning of maturity - maturity and training - Factors affecting child development - illness and its effects - physical defect (general and special) – Duties of parents and teacher	25%
3.	Importance of pregnancy period in child development, Prenatal development is divided into how many stages? What factors affect prenatal development? Characteristic of the newborn condition.	25%
4.	Importance of Physical Development of Child, Every Child has a longing to grow up, Concept of physical excellence, Psychology of illness and disability, Concept of Emotion, Importance of study child Emotion. Characteristics of child Emotionality, Effective factors of Child Emotionality.	25%





Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding the meaning and processes of Child psychology in the Indian context.
2.	Demonstrating an appreciation of various theoretical perspectives of child Psychology.
3.	Developing Meaning of Growth and Development - Characteristics of Growth and Development - meaning of maturity - maturity and training.
4.	Meaning and causes of disobedient behavior student's learning outcomes.

Suggested References:	
Sr.	References
1.	Berk, L.E. (1989): Child Development, Aiiyn & Bacon.
2.	Brodzinsky, D.M., Gromly, A.V. & Anibron, S.R. (1986): Life span human development, New Delhi, CBS Publisher.
3.	English H.B. : Dynamics of Child Development
4.	Crow L.D. and Crow Alice: Child Psychology
5.	Hurlock Elizabeth: Child Psychology
6.	C. Jamnadas & Co.: Child Psychology
On-line resources to be used if available as reference material	





**SARDAR PATEL UNIVERSITY**  
**Vallabh Vidyanagar, Gujarat**  
**(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))**  
**Syllabus with effect from the Academic Year 2023-2024**

On-line Resources: [www.varywelmind.com](http://www.varywelmind.com)      [www.all/about/psychology.com](http://www.all/about/psychology.com)  
[www.sparknote.com](http://www.sparknote.com)      [www.psychologydiscussion.net](http://www.psychologydiscussion.net)      [www.cliffsnotes.com](http://www.cliffsnotes.com)





**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**

Course Code	UA02IDSOC01	Title of the Course	<b>Forensic Psychology</b>
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To equip the learner with an understanding of the concept and process of Forensic Psychology 2-To impart an understanding of the various domains of Forensic Psychology
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Course Content		
Unit	Description in Detail	Weightage%
1.	<b>Forensic psychology &amp; Psychologists</b> Concept and definition Forensic psychology, History of Relationship between psychology & law, Conflicts between psychology & law, Forensic psychologist's Role and Responsibilities.	25%
2.	<b>Psychology &amp; law Enforcement</b> Who are the Clients, The selection of police, The Training of Police, Evaluating Effectiveness of Police Activities, Community of police	25%
3.	<b>Techniques of criminal investigation:</b> What is Criminal profiling Procedures used in criminal profiling, Psychological autopsies, Hypnosis in criminal investigation, The polygraph techniques	25%
4.	<b>From Dangerousness to risk Assessment:</b> Risk Assessment and Predictions of Dangerousness, Prediction of Violence, Prediction of Sexual offending, Prediction of Domestic Violence and Child Abuse, Predication of Suicide.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern
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Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	1. Being able to conceptualise forensic psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots.
2.	2. Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system.
3.	3. Understanding the roles of forensic psychologists and psychologists in court, and demonstrating knowledge of key issues in forensic psychology including eyewitness testimony and false confession.
4.	4. Developing a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools.

Suggested References:	
Sr.	References
1.	Batchman, R., & Schutt, R. K. (2008). <i>Fundamentals of research in criminology and criminal justice</i> . London: Sage. Haward, L. (1981). <i>Forensic psychology</i> . London:
2.	<i>Adult eyewitness testimony</i> . New York: Cambridge University Press. Webb, D. (2013). <i>Criminal profiling: An introductory Guide</i> . UK: Independent Publishing
3.	Batsford Academic and Educational Ltd. Howitt, D. (2002). <i>Forensic and criminal psychology</i> . New Delhi, India: Prentice Hall.
4.	Loftus, E. F. (1996). <i>Eyewitness testimony: With a new preface</i> . Cambridge, MA: Harvard University Press. Ross, F. D., Read, D. J., & Togli, M. P. (1994). Shah Arvind S. (2016) <i>Forensic psychology</i> , Pashwa Publication, Ahmedabad
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**BACHELOR OF ARTS PSYCHOLOGY**  
**BA PSYCHOLOGY Semester 02**

Course Code	UA02SESOC01	Title of the Course	<b>ENVIRONMENTAL PSYCHOLOGY</b>
Total Credits of the Course	02	Hours per Week	04

Course Objectives:	1-To develop an understanding of the influence of environment on behaviour, cognition, and the Environment on bodily system
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Course Content		
Unit	Description	Weightage%
1.	<b>Introduction to Environmental Psychology &amp; Methods</b> What is Environmental Psychology? Development of Environmental Psychology, Human life and Environmental problems, Needs of psychological factors in Environmental, Characteristics of Environmental Psychology, Goals of Environmental Psychology, Importance and Utility of Environmental Psychology, Observation methods, Self-report method, Analysis of records and documents, Rating scale, Co-relational method, Experimental method, Case study	25%
2.	<b>Environment Stress &amp; Maintaining Environment</b> What is stress? Types of stress, Criteria for Environmental stress, Effect of Environmental stress, Factors of Environmental stress, Techniques to resolve the Environment, Environment learning, Positive Reinforcement, Negative Reinforcement and punishment, Feedback	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%





3.	University Examination	70%
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Course Outcomes: Having completed this course, the learner will be able to

1.	1. Understanding the role of psychological processes (people's attitude, beliefs) in people's responses to environmental problems.
2.	Understanding the processes related to environmental degradation and their impact on human life.
3.	Understanding pro-environment behaviour and human-environment transaction, and being able to design behavioural interventions to minimize the adverse effects of anti-environment behaviour

Suggested References:

Sr.	References
1.	W.H. Prosser, H.M. Rieker, E.G. Winkel, G.H. & Dempsey (1974) An Introduction to Environmental Psychology, New York Holt Rinehart Winston.
2.	તિલવલ પાસગાર ના 4 પ્યારર` નમોવ)ાન બિ+ આવિત ની કોષ્ટક જ િ મિતિલ ાલ બનાવવા િલિ િ 3 પાઠે જ િલ. પ્યારર` આંધ્રાસર મેમ્મિસ બિ+ આવિત પાઠવ પિબિ કોષ્ટક અમદાવાદ
3.	વિલ.બા. આંધ્રા પ્યારર` નમોવ)ાન પામ આવિત સ્ત્રોત પાઠવ અમદાવાદ 5 ડો.આ. આર પ્રમાર આંધ્રા. મેમ્મિસ પાપિત પ્યારર` નમોવ)ાન પામ આવિત ડિવા[ન પિબિ કોષ્ટક
4.	ગુજરાતી સંદર્ભ પુસ્તક : પરમાર.એન.આર, અને અન્ય, પર્યાવરણ મનોવિજ્ઞાન, અક્ષર પબ્લિકેશન, અમદાવાદ

On-line resources to be used if available as reference material

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