

Curriculum Vitae



<u>Name</u>	Dr. Rita Amrutlal Parmar
<u>Address</u>	14, Vashishth Vandan Society, Behind mrityunjay Mahadev temple, Karamsad Valasan Road, Karamsad- 388121 Dist. Anand Co. no. 09427721025 , email- rutaparmar@yahoo.com
<u>Date of Birth</u>	4 September 1973
<u>Qualification</u>	P.T.C., B.A.(Eng.& Sans.), M.A. (Sanskrit), M.ED. , M.A. Edu. , Ph.D., H-TAT, NET , SET
<u>Academic Experience</u>	11 years as a Gov.primary teacher, 2.5 years Sr. Lecturer at DIET, 3.5 years Sr. Lecturer on deputation at Children's University, 3.5 years as a research Associate at GCERT, Gandhinagar, assistant Professor (December 2020 onwards) Total 21 years
Research Areas of interest	Yoga and mental Health, Life skills education, Reading Comprehension Interest in Experimental & qualitative research design
expertise	Indian Psychology and Indian philosophical thinking, Life-skills
No. of publications	Research papers& Articles : 14 Books with co-authors : 7 Textbooks writer – 7 Teacher addition – 6 Translation books -2 Course module : 6 Book review : 2
List of publications	Click here
<u>Research project (GCERT, DIET &</u>	1 , Academic Achievement of Porbandar District Primary students of std. 3 to 8 (1 st & 2 nd semester year 2011-12) 2 , Construction and Standardize test of standard 8 th sanskrit. (1 st & 2 nd semester year 2013-14)

<p><u>Children's University)</u></p>	<p>3,Development of a Dignostic RemedialProgramme for Attaining Learning Outcomes in Basic Reading and Comprehension from Initial Level Up to Class IV</p> <p>4,Development of a Reading and Comprehension Programme for Attaining Learning Outcomes in Basic Reading and Comprehension in Std.-1</p> <p>5,Construction and Standardise of Mental Health Scale Based on Bhartiya Psychology</p>
<p><u>Highlights of Achievements</u></p>	<ol style="list-style-type: none"> 1) Editors in Chief in International peer reviewed research Journal 'Horizons of Holistic Education' published by Children's University, Gandhinagar- p ISSN: 2349-8811 e ISSN : 2349-9133, ImpactFactorabove2.5, (during July 2015 to March 2017) 2) Co-Editor in state level journal 'Jeevanshikshan' monthly magazine published by GCERT(Education Department of Gujarat), Gandhinagar ISSN: 2394-4641(during september 17 to December 2020) 3) Ex. Member of Educational committee in Gujarat Text book board , Gandhinagar.(2013-2015) 4) 20 years in Vidyabharati GujaratPrant Education &Karo Bari Committee member 5) 18 years as an Editor in 'Sanskar Dipika' bi-monthly edu. magazine published by Vidyabharati Gujarat Prant, Ahmedabad (1998-2015) 6) Many lectures(150above) were delivered on Educational subjects & parenting at teachers training and parents meeting.

Name of Faculty : Dr. Rita A. Parmar

Assistant Professor, P.G. department of Education, SPU

Research Papers & articles Publication

<u>1.</u>	International Journal for Research in Education(IJRE) vol.3,Issue 1, Jan-Feb. 2014 ISSN(print) 2347-5412 ISSN (Online) 2320_091X ICV: 2012:5.25 “Effectiveness of Ashtangayoga Programme on the Memory Ability and Academic Achievement of Primory Students.” Pg. no. 15-19
<u>2.</u>	Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.2,issue 1, jan.2015 “IMPACT OF LIFE-SKILLS TASK PACKAGE BASED ON BHARTIYA DARSHAN ON STUDEN-TEACHERS' PERCEPTIONS REGARDING QUALITY OF LIFE.” Pg. no. 13-17
<u>3.</u>	Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.2,issue 3, July.2015 “ Development of a Diagnostic Remedial Programme for Attaining Learning Outcomes in Basic Reading and Comprehension from Initial Level Up to Class IV” pg. no.180-192
<u>4.</u>	Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.3,issue 1, Jan.- March 2016 “ Effectiveness of Input Regarding Bhartiya Life Skills on B.Ed. Students ”- pg. no.28-33
<u>5.</u>	Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.3,issue 3 &4, July.- December 2016 “ A Wat to Peace : Shanti Mantras in Srimad Bhagvat Geeta ”- pg. no.133-3

<u>6.</u>	From the Chief Editor's desk... Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.2,issue 3, July-Sep. 2015
<u>7.</u>	From the Chief Editor's desk... Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.3,issue 1, Jan.- March 2016
<u>8.</u>	From the Chief Editor's desk... Horizon of Holistic Education –p ISSN: 2349-8811 e ISSN : 2349-9133 vol.3,issue 3 & 4, July- December 2016
<u>9.</u>	TitleofthePaper: Payanuvanchanane arthgrahanniprarambhikstarthidhoran-4 sudhiniAdhyayannipjonipraptimatenanidan-upcharatmakkarykramnovikas NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:Vol.No.50&page no.27-30, 2017, ISSN No.2394-4641
<u>10.</u>	Titleofthearticle: Bhashanu Moolyankan NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:Vol.No.62&page no.31-33, 2019, ISSN No.2394-4641
<u>11.</u>	Titleofthearticle: Nirman ke pavan yug me, Vasudha ka kalyan n bhule... NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:con.Vol.No.151&page no.27-29, 2018, ISSN No.2394-4641
<u>12.</u>	Titleofthearticle: Mithi Mavjat NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:Vol.No.50&page no.11-13, 2017, ISSN No.2394-4641
<u>13.</u>	Titleofthearticle: Navtar- Center for Educational Innovation NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:Vol.No.50&page no.27-28, 2017, ISSN No.2394-4641
<u>14.</u>	Titleofthearticle: Jeevanshikshan- Flashback NameoftheJournal:Jeevanshikshan JournalVol.No.&PageNo.:Vol.No.150&page no. 6-10, 2017, ISSN No.2394-4641
<u>Books with Co-authors</u>	
<u>1.</u>	, ‘ Umang ’ – Aviskar series, Children’s University (ISBN-978-1-312-85624-0)
<u>2.</u>	‘ Romanch ’ - Aviskar series, Children’s University (ISBN-978-1-312-85625-7)

<u>3.</u>	‘Shikshan ma Bhartiya Chintan’ - Children’s University (ISBN-978-1-312-85621-9)
<u>4.</u>	‘Parivar ni Pathshala’ Children’s University (ISBN-978-1-312-85622-6)
<u>5.</u>	‘Tejomay Bharat ’, Gujarat State school Textbook Board, Gandhinagar
<u>6.</u>	‘ Ritu oni Maja’ Punruthan trust, Ahmadabad
<u>7.</u>	Yoga Sanshodhan Sarsanchay Editor, Published by Children’s University, Gandhinagar
Textbooks writer	
<u>1</u>	Text book of Sanskrit std. 6,7,8 both sem. (Total-6)Pa.Pu. Mandal, Gujarat State,Gandhinagar
<u>2.</u>	Bhashadeep standard-8 Published by GCERT & SSA
Teacher addition	
<u>1.</u>	Teachers handbook of Sanskrit std. 6,7,8 both sem. Pa.Pu. Mandal, Gujarat State
Translation books -2	
<u>1.</u>	‘ Bhartiya Parivar ’ Asmita Munch Ahmadabad
<u>2.</u>	‘Shree Gurujinu Shikshan Chintan’, Madhav Smuti Nyas, Ahmadabad (ISBN-181-89683-20-9)
Course module : 6	
<u>1.</u>	Pre- Primary teacher education syllabus , BAOU, Ahmadabad
<u>2.</u>	Tapovan Training Module , Children’s University, Gandhinagar
<u>3.</u>	Aviskar Training Module , Children’s University,Gandhinagar

<u>4.</u>	Reading- Comprehension Training Module, Children's University, Gandhinagar
<u>5.</u>	DPSE 2 nd year Course -3 module- GCERT
<u>6.</u>	D. El. Ed. Sanskrit subject– GCERT
<u>Book Review</u>	
<u>1.</u>	‘ Shishuvatika shikshak pothi ’, Pa.Pu. Mandal, Gujarat State
<u>2.</u>	Gujarati standatd- 4 (First Language)Pa.Pu. Mandal, Gujarat State